



**Karolinska
Institutet**

Course syllabus for

Occupation and Health, 15 credits

Aktivitet och hälsa, 15 hp

This course has been cancelled, for further information see Transitional provisions in the last version of the syllabus.

Please note that the course syllabus is available in the following versions:

Autumn2007 , Spring2009 , Spring2010 , Autumn2010 , Spring2011 , Autumn2011 , Autumn2012

Course code	1AR003
Course name	Occupation and Health
Credits	15 credits
Form of Education	Higher Education, study regulation 2007
Main field of study	Occupational Therapy
Level	G1 - First cycle 1
Grading scale	Pass with distinction, Pass, Fail
Department	Department of Neurobiology, Care Sciences and Society
Decided by	Programnämnden för arbetsterapeutprogrammet
Decision date	2007-05-28
Revised by	Programnämnden för arbetsterapeutprogrammet
Last revision	2008-11-04
Course syllabus valid from	Spring 2009

Specific entry requirements

Ma B, ShA and Nk B (or Fy A, Ke A and Bi A). Students who have failed the placement (VFU) or the equivalent as a consequence of demonstrating deficiencies in knowledge, skills or attitude so serious that the patient's safety or confidence in healthcare have been at risk is qualified for new placement only when the individual action plan has been completed.

Objectives

On completion of the course, the students should have acquired knowledge about occupational therapy as a subject and profession, and have laid the groundwork for a critical and reflecting attitude to knowledge. Also during the placement, the students should demonstrate an ethical attitude vis-à-vis clients and colleagues. Learning outcomes On completion of the course, the student should: independently be able to account for and reflect on occupational therapy as a profession and subject (part 1), independently and in groups be able to account for basic health concepts and reflect on their relation to activity (Part 2), independently be able to compile information about, and in writing account for and argue for the history, development and philosophy of occupational therapy (part 3) Independently and in a group be able to search literature, collect and interpret data on the basis of

fundamental scientific theories and methods (Part 4) Independently be able to reflect on and apply concepts and models that underlie the understanding of the human in activity (Part 5)

Content

The course is divided in two periods during the semester and consists of 5 parts. The teaching of parts 1-3 is provided during the six first weeks of the semester, while parts 4 and 5 take place during the four last weeks of the semester . Part 1: Clinical education - Occupational therapy as a profession, 3 HE credits (Clinical education - Occupational therapy as a profession) In part 1, the students carry out placement (VFU) in their base clinic and are given an orientation in their future profession. As a component of the achievement of the learning outcomes of the part, the students should reflect on occupational therapy as a profession and a subject. The students' learning includes practical, clinical observation and interview technique in placement. As regards knowledge of ethical attitudes vis-à-vis clients and colleagues, lectures and practical laboratory sessions in treatment, and supervision of this, are given to the students during the placement. Part 2: Concepts of health in relation to an occupation, 3 HE credits (Concepts of health in relation to an occupation) Part 2 is devoted to studies of the health concept and its relation to activity. Conditions in the society that affect the health of individuals and groups are studied. The students should reflect on health and unhealth concepts and their relation to activity lectures. The students should work in groups on various health concepts brought up in the reading list. Part 3: Occupational therapy history, development and philosophy , 3 HE credits (Occupational therapy history, development and philosophy) In part 3, the students are introduced to occupational therapy history, development and philosophy . The students should compile information about, in writing and orally account for and argue for the history, development and philosophy of occupational therapy. Part 4: Scientific theory and method, 3 HE credits (Scientific theory and method) In part 4, various scientific traditions and views of knowledge, and various scientific methods for data collection and processing, are studied. The students should apply descriptive statistics by making a statistical study. The students should acquire knowledge of clinical observation techniques and clinical interview techniques, respectively. Part 5: Human Occupation - Theories and concepts, 3 HE credits (Human Occupation - theories and concepts) In part 5, theories and concepts underlying the understanding of human occupation are studied and discussed . The students should also discuss its clinical usability. The part also includes practical training to argue for and market occupational therapy.

Clinical education - Occupational therapy as a profession, 3.0 hp

Grading scale: VU

Concepts of health in relation to occupation, 3.0 hp

Grading scale: VU

Occupational therapy history, development and philosophy, 3.0 hp

Grading scale: VU

Scientific theory and method, 3.0 hp

Grading scale: VU

Human Occupation - theories and concepts, 3.0 hp

Grading scale: VU

Teaching methods

The working methods of the course are designed to give prerequisites for student commitment. The

tuition forms vary between lectures, seminars, group assignments, cross-group work, placement, supervision, IT-teaching, and laboratory sessions. See also the educational platform of the Study Programme in Occupational Therapy on the programme web page.

Examination

Under each part, the requirements for examination are described. Furthermore, it describes in parentheses the qualification goals that are examined according to the European Network of Occupational Therapy in Higher Education (ENOTHE). Examination in Part 1: Clinical education - Occupational therapy as a profession, 3 HE credits Observation task For the Pass grade, the student should carry out an observation of an occupational therapy intervention and in writing describe and identify the measure based on the ethical code for occupational therapists. For a Pass with distinction, the student should also be able to argue for how the occupational therapy intervention may be related to the ethical code. Interview assignment For the grade Pass/Pass with distinction the student should carry out a placement interview with a client. The student's capacity for treatment and communication are assessed based on established assessment criteria. The grade Pass with distinction in both the observation and interview assignment gives a Pass with distinction in the whole part. Grading scale: Pass with distinction/Pass/Fail (The part includes the ENOTHE competence: 15, 23, 31) Examination in Part 2: Concepts of health in relation to occupation, 3 HE credits The students are examined individually at a seminar where they should account for basic health concepts and their relation to activity. Grading scale: Pass/Fail (The Part includes ENOTHE competence no 2) Examination in Part 3: Occupational therapy history, development and philosophy, 3 HE credits The students are examined through an individual take-home exam. Grading scale: Pass/Fail (The part includes ENOTHE competence no 1 and 5) Examination in Part 4: Scientific theory and method, 3 HE credits The students are examined through a written examination. Grading scale: Pass with distinction/Pass/Fail (The part includes ENOTHE competence no 26) Examination in Part 5: Human Occupation, 3 HE credits The student is examined through an individual written examination. Grading scale: Pass with distinction/Pass/Fail (The part includes ENOTHE - competence no 5) For a Pass with distinction in the entire course, the grade Pass with distinction in parts 1, 4 and 5 is required. For a Pass in the entire course (15 HE credits), a Pass grade in all its subparts is required. All examinations, seminars and laboratory sessions are compulsory. In case of absence, an agreement is made between the student and the responsible teacher concerning compensation of the absence. The examinations included in the course are conducted according to established assessment criteria. Re-examination takes place on 5 occasions at most. These are scheduled for the week before the beginning of the autumn semester, the week before beginning of the spring semester and the week after the end of the spring semester. Any changes are posted on the course web page. For students who do not achieve a Pass grade in the placement, an additional placement (VFU) may be provided, at most once more, in connection with the following semester's regular placement. The examiner may with immediate effect interrupt a student's placement or the equivalent if the student demonstrates such serious deficiencies in knowledge, skills or attitudes that patient safety or patient confidence in healthcare is at risk. When a placement is interrupted like this, it implies that the student fails in the current part, and that a placement opportunity is used. In such cases, an individual action plan should be set up showing which activities and examinations are required, before the student is given the possibility of a new placement in this course.

Transitional provisions

Examination will be provided during a period of 2 years after a close-down of the course or a new syllabus.

Other directives

Course evaluation Course evaluation is carried out after each period in accordance with the guidelines established by the Board of Education at KI. A course report with an analysis of the results of the course evaluation will be posted on the course web page after the completion of the course evaluation.

Literature and other teaching aids

American Occupational Therapy Association (AOTA)

Occupational Therapy practice Framework: Domain and Process.

The American Journal of Occupational Therapy,,

Backman, Jarl

Rapporter och uppsatser

Lund : Studentlitteratur, 1998 - 213 s.

ISBN:91-44-00417-6 LIBRIS-ID:8352606

[Library search](#)

Ejlertsson, G

Statistik för hälsovetenskaperna

Lund : Studentlitteratur, 2003

ISBN:9144031238

[Library search](#)

Kielhofner, Gary

A model of human occupation : theory and application

3. ed. : Baltimore, MD : Lippincott Williams & Wilkins, cop. 2002 - 576 s.

ISBN:0-7817-2800-2 LIBRIS-ID:8307522

[Library search](#)

Hemmingsson, H

Student-environment fit of students with physical disabilities : Doktorsavhandling

Stockholm : Karolinska Institutet.,

Meyer, Adolf

The philosophy of occupational therapy

The American Journal of Occupational Therapy,

Neistadt, Maureen

Occupational Therapy : Introduction to occupational therapy

Crepeau, Elisabeth

2 : Lippincott Williams & Wilkins,

Patel, Runa; Davidson, Bo

Forskningsmetodikens grunder : att planera, genomföra och rapportera en undersökning

3., [uppdaterade] uppl. : Lund : Studentlitteratur, 2003 - 149 s.

ISBN:9789144022888 LIBRIS-ID:8868468

[Library search](#)

Etisk kod för arbetsterapeuter : antagen av Förbundet Sveriges arbetsterapeuters fullmäktige 1992 och reviderad 2004

2. uppl. : Nacka : Förbundet Sveriges arbetsterapeuter (FSA), 2005 - 34 s.

ISBN:91-86210-32-7 LIBRIS-ID:11639275

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Reilly, Mary

Occupational therapy can be one of the great ideas of 20th century medicine

The American Journal of Occupational Therapy, 1962

Rogers, Joan

Order and disorder in medicine and occupational therapy

The American Journal of Occupational Therapy, 1982

Björklund, Anita

On the structure and contents of occupational therapist paradigms : empirical studies of occupational therapy students' and occupational therapists' views on occupational therapy

Stockholm, c 2000 ; e (Stockholm : 2000 - 105 s.

ISBN:91-628-3986-1 LIBRIS-ID:8363804

URL: <http://diss.kib.ki.se/2000/91-628-3986-1/z/Abstract>

[Library search](#)

Törnquist, Anita

Att fastställa och möta förmåga till dagliga livets aktiviteter (ADL) : Akademisk avhandling

Göteborg: Göteborgs universitet, institutionen för socialt arbete, 1995

Socialstyrelsen

Klassifikation av funktionstillstånd och funktionshinder 2002 : Svensk version av International Classification of Functioning, Disability and Health (ICF)

2002

Introduction to occupation : the art and science of living

Christiansen, Charles; Townsend, Elizabeth A.

Upper Saddle River, N.J. : Prentice Hall, cop. 2004 - xxxiii, 286 s.b ill.

ISBN:0-13-013303-5 LIBRIS-ID:8647643

[Library search](#)

Antonovsky, Aaron

Hälsans mysterium

2. utg. /b förord av Lennart Levi : Stockholm : Natur och kultur, 2005 - 271 s.

ISBN:91-27-11027-3 LIBRIS-ID:9828174

[Library search](#)

Asplund, Johan

Om hälsningsceremonier, mikromakt och asocial pratsamhet

Göteborg : Daidalos, 1987

Boorse, C

Health as a Theoretical Concept

Philosophy of Science, 1977

Frankl, Viktor E.

Livet måste ha mening

Edgardh, Margareta; Nyman, G. Eberhard

[Ny, kompletterad utg.] /b [ny utg.] : Stockholm : Natur och kultur, 1996 - 170, [1] s.

ISBN:91-27-06415-8 LIBRIS-ID:7229787

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Frykman, Jonas; Löfgren, Orvar

Den kultiverade människan

1. uppl. : Lund : LiberLäromedel, 1979 - 240 s.

ISBN:91-40-30234-2 LIBRIS-ID:8352239

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Ingvar, David

Att vilja : åtta aspekter

Stockholm : Bonniers, 1976

Kielhofner, Gary

Conceptual foundations of occupational therapy

3. ed. : Philadelphia, Pa. : F. A. Davis, 2004 - xv, 284 s.

ISBN:0-8036-1137-4 (hardcover : alk. paper) LIBRIS-ID:9107501

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Nordenfelt, Lennart

Samtal om hälsan : en dialog om hälsans natur

Stockholm : Liber/Almqvist & Wiksell medicin, 1996 - 223 s.

ISBN:91-634-1734-0 LIBRIS-ID:7456436

[Library search](#)

Sachs, Lisbeth

Vårdens etnografi : om hälsa, sjukdom och vård i sitt kulturella sammanhang

1. uppl. /b 2. [tr.] : Stockholm : Liber, 1996 - 111, [1] s.

ISBN:91-47-04821-2 LIBRIS-ID:7284522

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Sontag, Susan

Sjukdom som metafor ;b AIDS och dess metaforer

Arenander, Britt; Skogsberg, Berit

Stockholm : Natur och kultur, 2001 - 173, [1] s.

ISBN:91-27-08271-7 LIBRIS-ID:8348486

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Thomas, Annica

Vardagsvanor och ritualer : om några gamla människors möte med hemservice

Stockholm : Stockholms socialförvaltning, 1986 - 80 s.

LIBRIS-ID:8210058

Wilcock, Ann Allart 0 101968

An occupational perspective of health

2. ed. : Thorofare, N.J. : Slack, cop. 2006 - xix, 360 s.

ISBN:1-55642-754-9 LIBRIS-ID:10184669

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