



**Karolinska  
Institutet**

Course syllabus for

## **Psychology, 9 credits**

Psykologi, 9 hp

This course syllabus is valid from autumn 2018.

Please note that the course syllabus is available in the following versions:

Autumn2018 , [Autumn2019](#) , [Autumn2020](#) , [Autumn2021](#) , [Autumn2022](#) , [Autumn2023](#)

Course code	1AU065
Course name	Psychology
Credits	9 credits
Form of Education	Higher Education, study regulation 2007
Main field of study	Not applicable
Level	GX - First cycle
Grading scale	Pass, Fail
Department	Department of Clinical Science, Intervention and Technology
Decided by	Education committee CLINTEC
Decision date	2018-04-10
Course syllabus valid from	Autumn 2018

## **Specific entry requirements**

Mathematics 2a / 2b / 2c, Natural Sciences 2, Social Sciences 1b / 1a1+1a2 (field specific entry requirements A14). Or: Mathematics B, Natural Sciences B, Social Sciences A (field specific entry requirements 16).

## **Objectives**

The general aim of the course is to give the student basic knowledge in psychology preparing for coming courses in the program

The expected learning outcomes of the course

On completion of the course, the student should be able to:

- describe and compare various current psychological theories
- describe the psychological development of humans
- reflect on how the personality is shaped and interaction between genetic and socio-cultural factors
- reflect on which social and personal factors facilitate in crisis management
- describe medical, psychological and social aspects of the natural aging
- reflect on how psychological interventions can be applied in clinical situations
- account for common physical disabilities in elderly
- account for aging from an audiological perspective

# Content

The course consists of two modules:

## **The scientific method of psychology and the developmental psychology of childhood and adolescent years, 4.0 hp**

Grading scale: GU

The module begins with defining the scientific method of psychology. Some of the psychology's foreground figures will be presented and we analyze how their thoughts have given rise to the psychological theories practiced in our time.

In lectures on biological psychology and learning psychology it is described how human psychological development is a interaction between heritage and environment. Current theories of psychological development during childhood and adolescent years are reviewed and examples are given of common development abnormalities that the audiologist should know about.

## **General psychology and developmental psychology of adulthood and aging, 5.0 hp**

Grading scale: GU

In lectures on emotional psychology, personality psychology, social psychology and health psychology the opportunity is given to reflect on how a person's self-image and behavior can be affected by external and internal factors. Examples of common life crises during different ages of adulthood are reviewed

and analysis is made of factors that can facilitate or complicate good crisis management. Some common mental disorders are reviewed and examples are given on current treatment methods.

Natural aging is described in a psychological, social and medical perspective where particular attention is paid to how an hearing loss can affect the general psychological well-being of the elderly.

# Teaching methods

Lectures, seminars and self-studies.

Seminars are compulsory. In case of absence from a compulsory part, the student is responsible for contacting the course coordinator for complementary assignment.

The course coordinator decides how absence from compulsory course elements can be made up. Study results cannot be reported until the student has participated in compulsory course elements or compensated for any absence in accordance with instructions from the course coordinator. Absence from a compulsory course element could mean that the student can not retake the element until the next time the course is offered.

# Examination

Module 1:

Individual take-home examination

Seminar

Module 2:

Individual take-home examination

Seminar

For a Pass grade in the course, attendance and active participation in compulsory parts are also required.

Students who do not pass a regular examination are entitled to re-sit the examination on five more occasions. Each time the course is offered, one regular examination and two additional examinations are given. Each occasion the student participates in the same test counts as an examination. Supplementary addition to a written assignment is counted as one examination. Submission of a blank exam paper is regarded as an In case a student is registered for an examination but does not attend, this is not regarded as an examination.

## Transitional provisions

Examination may take place under the previous reading list during a period of one year after the renewal of the reading list. Examination will be provided during a period of two years after a close-down of the course.

## Other directives

The course evaluation will be carried out according to the guidelines that are established by the Board of education. The course evaluation will be carried out both through a written course evaluation at the end of the course, and through an oral course forum at least once in connection with the course, during which the students can state their opinions.

## Literature and other teaching aids

### Mandatory literature

*Zimbardo, Philip G.; Johnson, Robert L.; McCann, Vivian.*

#### **Psychology : core concepts**

7th ed. : Boston : Pearson, c2012. - xxv, 647, [68] p.

ISBN:978-0-205-18346-3 LIBRIS-ID:13037119

[Library search](#)

Scientific papers and other relevant materials will be added.