



**Karolinska  
Institutet**

Course syllabus for

# **Community- and Home Based Rehabilitation - Cultural Perspectives, 7.5 credits**

Samhälls- och hembaserad rehabilitering ur ett kulturellt perspektiv, 7.5 hp

This course syllabus is valid from spring 2021.

Please note that the course syllabus is available in the following versions:

Spring2008 , Spring2009 , Spring2016 , Spring2021

|                            |                                                                  |
|----------------------------|------------------------------------------------------------------|
| Course code                | 1EE021                                                           |
| Course name                | Community- and Home Based Rehabilitation - Cultural Perspectives |
| Credits                    | 7.5 credits                                                      |
| Form of Education          | Higher Education, study regulation 2007                          |
| Main field of study        | Not applicable                                                   |
| Level                      | GX - First cycle                                                 |
| Grading scale              | Pass with distinction, Pass, Fail                                |
| Department                 | Department of Neurobiology, Care Sciences and Society            |
| Decided by                 | Programnämnden för arbetsterapeutprogrammet                      |
| Decision date              | 2007-10-09                                                       |
| Revised by                 | Education committee NVS                                          |
| Last revision              | 2020-10-07                                                       |
| Course syllabus valid from | Spring 2021                                                      |

## **Specific entry requirements**

30 ECTS in occupational therapy or other topic (for ex. nursing, physiotherapy) from a foreign institution.

## **Objectives**

The overall goals is that the student should, on completion of the course be able to:

- define and present central concepts in the field of community rehabilitation (CBR) and home-based rehabilitation (HBR)
- integrate and describe these concepts from a global context, focusing on assessments and interventions in the home, neighbourhood and community
- identify and describe population demographics, service in the health care system and how rehabilitation in the home and in society is delivered
- recognize and describe the care and rehabilitation from the context of different countries and and compare and reflect in relation to the population in a global context.

- identify and describe cross-professional and international perspectives on living and health of different ages
- describe the different assessments, actions and evaluations that are relevant in community and home-based rehabilitation
- identify, present and discuss ethical dilemmas in relation to community and home-based rehabilitation
- knowledge and understand World Health Organisation's (WHO's) Sustainable Development Goals (SDG's)

## Content

- Definitions of community- and home-based rehabilitation (CBR and HBR)
- Identification and description of how the health care system functions and how rehabilitation in home and society meets the needs of the population
- The need of adaptation of environment and the society
- National and global perspective on formal and informal care and rehabilitation
- Interdisciplinary and subject-specific perspectives on housing and health in different age groups
- Assessments, measures and evaluations within community and home rehabilitation
- Interventions that supports the possibility today's activity, work and recreational activities
- Ethical dilemmas within rehabilitation in relation to housing and the society

### Interprofessional and international perspectives on health and rehabilitation, 1.5 hp

Grading scale: VU

The application of CBR or other rehabilitation in different countries is discussed. Also, the organization and access to healthcare and rehabilitation in societies, at home and in institutions are addressed. This also includes ethical and socioeconomic perspectives related to the Sustainable Development Goals. (SDGs)

### Presentation of a CBR-or HBRproject from literature, 2.0 hp

Grading scale: VU

A groupwork with the aim to present a CBR- or HBR-project in a optional theme from a optional country and review according to theory and SDGs

### A individual development of a CBR- or HBR-programe, 4.0 hp

Grading scale: VU

In the individual written examination the student independently develops a CBR- och HBR-program and describes from a clientcase/familycase. The student shall identify, evaluate and connect to theory and research regarding different assessments, interventions and evaluations. The connection to ethical dilemmas is also presented in the paper and contains a interprofessional perspective.

## Teaching methods

The teaching is based on a problem-oriented and collaborative approach to learning in which the tasks provide opportunities for the student to take active responsibility for their learning. The used teaching methods are lectures, seminars, individual work, group work, literature reviews. The examiner decides whether, and if so how, absence from compulsory course elements can be made up. Study results cannot be reported until the student has participated in compulsory course elements or compensated for any absence in accordance with instructions from the examiner.

## Examination

The course has three modules

**Modul 1: Interprofessional and international perspective on health and rehabilitation 1.5 ECTS**

Posterpresentation in groups

**Modul 2: Presentation of a CBR or HBR project from literature 2 ECTS**

Presentation in group

**Modul 3: A individual development of a CBR or HBR program 4 ECTS.**

Through a individual written client case describe the different part in the rehabilitation process and participation in a seminar.

Grading scale: Pass with distinction/Pass/Fail

Students who do not pass a regular examination are entitled to re-sit the examination on five occasions more. If the student has failed a total of six examinations/tests, no additional examination is given. Each occasion the student participates in the same test counts as an examination. Submission of a blank exam paper is regarded as an examination. In case a student is registered for an examination but does not attend, this is not regarded as an examination. Late submissions of examinations are not accepted. Students who have not submitted on time are referred to re-examination.

If special needs exists, or need of adaptation för students with disabilities the examiner can make the desicion to deviate from the syllabus rules regarding form of examination, number of examinations, the possibility to complementary or exceptions from mandatory moments etc. Content and goals for the course and anticipation of skills, knowledge and abilities can't be changed, removed or lowered.

## Other directives

The course is in english.

The course will not be credited in a degree together with another course the student has completed and passed which completely or partly corresponds to the contents of this course. The following courses are partly overlapping: 1EE104 Professional Identity within Healthcare from a Global Perspective, 7.5 ECTS and 1XX011, Community- and homebased rehabilitation - Cultural Perspectives (swedish students), 7.5 ECTS.

Evaluation of the course will be carried out according to the guidelines established from the Board of Higher Education. The report of the course-evaluation and an analysis of the result will be published on the course-web after the evaluation is finished.

## Literature and other teaching aids

### Global health tools

Institutionen för neurobiologi, vårdvetenskap och samhälle,

URL: [Gobal health tools](#)

*Grandisson, M; Hébert, M; Thibeault, R*

### **A systematic review on how to conduct evaluations in community-based rehabilitation**

2014

URL: [Länk](#)

Ingår i:

### **Disability and rehabilitation.**

London : Taylor & Francis, 1999-

ISSN:1464-5165 LIBRIS-ID:9382282

36 (2014) :4, s. 265-275

### **Community-based rehabilitation (CBR) monitoring and evaluation methods and tools: a literature**

**review.**

*Lukersmith, S; Hartley, S; Kuipers, P; Madden, R; Llewellyn, G; Dune, T*

2013

URL: [Länk](#)

Ingår i:

**Disability and rehabilitation.**

London : Taylor & Francis, 1999-

ISSN:1464-5165 LIBRIS-ID:9382282

35 (2013) :23, s. 1941-53

**The relevance of the International Classification of Functioning, Disability and Health (ICF) in monitoring and evaluating Community-based Rehabilitation (CBR).**

*Madden, RH; Dune, T; Lukersmith, S; Hartley, S; Kuipers, P; Gargett, A; Llewellyn, G*

2014

URL: [Länk](#)

Ingår i:

**Disability and rehabilitation.**

London : Taylor & Francis, 1999-

ISSN:1464-5165 LIBRIS-ID:9382282

36 (2014) :10, s. 826-37

*Shumba, TW; Haufiku, D; Mitonga, KH*

**The evolution of community-based rehabilitation (CBR) programmes : a call for mixed evaluation methodologies**

2020 Ingår i:

**Journal of Health Research**

2018-

ISSN:2586-940X LIBRIS-ID:v65lv9v6sm00frwh

Ahead of print (2020)

*Thorsén AM, Widén Holmqvist L, von Koch L*

**Early supported discharge and continued rehabilitation at home after stroke: 5-year follow-up of resource use**

J Stroke Cerebrovasc Dis. 2006 Jul-Aug;15(4):139-43.,

**Sustainable development goals**

WHO,

URL: [Sustainable developmet goals](#)

WHO

**Community based rehabilitation**

WHO,

URL: [Community based rehabilitation](#)

*Wottrich AW, von Koch L, Tham K.*

**The meaning of rehabilitation in the home environment after acute stroke from the perspective of a multiprofessional team**

Phys Ther. 2007 Jun; 87(6):778-88. Epub 2007 Apr 18.,

**Community-based rehabilitation for people with disabilities in low- and middle-income countries**

*Iemmi, V; Gibson, L; Blanchet, K; Kumar, KS; Rath, S; Hartley, S; Murthy, GV; Patel, V; Weber, J; Kuper, H*

Campbell Systematic Review, 2015

URL: [Community based rehabilitation for people with disabilities in low- and middle-income countries: A systematic review](#)

*Cleaver, S; Nixon, SA*

**A scoping review of 10 years of published literature on community-based rehabilitation**

2014

URL: [A scoping review of 10 years of published literature on community-based rehabilitation](#)

Ingår i:

**Disability and rehabilitation.**

London : Taylor & Francis, 1999-

ISSN:1464-5165 LIBRIS-ID:9382282

36 (2014) :17, s. 1385-1394