



**Karolinska
Institutet**

Course syllabus for

Theme Intervention - Psychology, 7.5 credits

Tema intervention - Psykologi, 7.5 hp

This course syllabus is valid from autumn 2023.

Please note that the course syllabus is available in the following versions:

[Spring2016](#) , [Autumn2016](#) , [Autumn2017](#) , [Spring2018](#) , [Autumn2018](#) , [Autumn2022](#) , [Spring2023](#) ,
[Autumn2023](#)

Course code	1FY024
Course name	Theme Intervention - Psychology
Credits	7.5 credits
Form of Education	Higher Education, study regulation 2007
Main field of study	Psychology
Level	G1 - First cycle 1
Grading scale	Fail (U) or pass (G)
Department	Department of Clinical Neuroscience
Decided by	Programnämnd 3
Decision date	2015-11-02
Revised by	Education committee NVS
Last revision	2023-03-21
Course syllabus valid from	Autumn 2023

Specific entry requirements

Physical Education 1, Mathematics 2a or 2b or 2c, Natural Sciences 2, Social Sciences 1b or 1a1+1a2.

Objectives

The aim of the course is for the students to acquire basic theoretical knowledge in psychology relevant for, and applicable to physiotherapeutic practice. The course is also intended to provide the students with practical communication skills.

After completing the course, the student should be able to:

- give an account of key concepts in memory, perception, emotion and health psychology
- use behavioural science models and concepts to identify difficulties in the context of a physiotherapeutic intervention
- plan and implement a personal behaviour change project in relation to lifestyle habits, sustainable development and health and motivate using theories on learning and behavioural change
- recognise common psychiatric disorders and understand when to refer patients for further

- psychiatric assessment
- discuss adaptation of treatment in relation to factors as age sex, ethnicity and functional variation within physiotherapy
- describe and apply basic communication techniques through role play

Content

- central concepts in the main fields of psychology, such as learning; memory; emotion; perception; neuropsychology, health psychology and psychopathology
- theories and models concerning behaviour change
- personal behaviour change project
- basic techniques of professional communication and interaction

Teaching methods

Teaching and learning activities are based on a problem-oriented and collaborative approach to learning to provide opportunities for the students to be actively responsible for their own learning. The course includes lectures with interactive exercises, role plays, group seminars, home assignments, literature studies and feedback on other students' assignments. Part of the teaching will be conducted interactively via the course website.

Examination

The course is examined according to the following:

- written report
- written examination

Compulsory course elements are:

- lectures with role play and discussion

The course coordinator decides if, and how, absence from compulsory parts can be compensated. Study results cannot be reported until the student has participated in compulsory course elements or compensated for any absence in accordance with instructions from the course coordinator. Absence from a compulsory educational component may mean that the student cannot take the opportunity until the next time the course is given.

Late submissions of examination tasks are not accepted. Students who have not submitted their examination on time are referred to the occasion for retake examination. The examiner decides if a student has special reasons for the delay. The examiner is given the possibility to make decisions about supplementary examination documentation to achieve passed result.

In case of failure of the regular examination, the student is given the opportunity to re-take one examination during the same semester. Thereafter, the student is given the possibility to take an examination at two occasions each semester in connection with the regular and retake opportunity, in the next coming semesters.

Students who do not pass a regular examination are entitled to re-sit the examination on five more occasions. If the student has failed six examinations/tests, no additional examination is given. Each occasion the student participates in the same test counts as an examination. Submission of a blank exam paper is regarded as an examination. In case a student is registered for an examination but does not attend, this is not regarded as an examination. Late submissions of examination tasks are not accepted. Students who have not submitted their examination on time are referred to the occasion for re-take.

In case of the existence of special reasons, or need for adaptation for a student with a disability, the

examiner may decide to depart from the syllabus's regulations on examination form, number of examination opportunities, possibility of completion or exemption from compulsory educational elements, etc. Content and intended learning outcomes as well as the level of expected skills, knowledge and abilities must not be altered, removed or lowered.

Transitional provisions

An exam will be provided for a period of one year in the event of the course being discontinued or a new course syllabus being devised.

Other directives

Course evaluation is carried out according to the guidelines established by the Board of Education and based on established evaluation routines in the programme.

The course will not be credited in a degree together with another course the student has completed and passed which completely or partly corresponds to the contents of this course.

Literature and other teaching aids

Recommended literature

Rautalinko, Erik

Samtalsfärdigheter : stöd, vägledning och ledarskap

2. uppl. : Stockholm : Liber, 2013 - 170 s.

ISBN:9789147111312 LIBRIS-ID:14010176

[Library search](#)

Rydén, Olof; Stenström, Ulf

Hälsopsykologi : psykologiska aspekter på hälsa och sjukdom

4. uppl. : Stockholm : Sanoma utbildning, 2015 - 235 s.

ISBN:9789152331132 LIBRIS-ID:17399325

[Library search](#)

Petrovic, Predrag

Känslostormar : emotionell instabilitet och hjärnan

1. utg. : Stockholm : Natur & Kultur, 2015 - 209 s.

ISBN:9789127137363 LIBRIS-ID:16211258

[Library search](#)