



**Karolinska
Institutet**

Course syllabus for

Natural Remedies, 7.5 credits

Naturläkemedel, 7.5 hp

This course has been cancelled, for further information see Transitional provisions in the last version of the syllabus.

Please note that the course syllabus is available in the following versions:

[Autumn2010](#) , [Autumn2014](#) , [Spring2016](#) , [Spring2019](#)

Course code	1QA053
Course name	Natural Remedies
Credits	7.5 credits
Form of Education	Higher Education, study regulation 2007
Main field of study	Not applicable
Level	First cycle, in-depth level of the course cannot be classified
Grading scale	Pass, Fail
Department	Department of Physiology and Pharmacology
Decided by	Styrelsen för utbildning
Decision date	2010-03-22
Revised by	Board of Higher Education
Last revision	2015-12-22
Course syllabus valid from	Spring 2016

Specific entry requirements

90 credits within health care or pharmacy. And proficiency in Swedish and English equivalent to Swedish B/Swedish 3 and English A/English 6.

Objectives

On completion of the course, the students should be able to: Account for herbal remedies from a basic pharmacological perspective. Assess how research results about herbal remedies (including quality, safety, effectiveness and, patterns of use) can be applied in clinical situations. Describe and problematise the use of herbal remedies from a national, international and cultural perspective.

Content

The course will treat the following: The legal situation for herbal remedies and definitions nationally and internationally. Herbal remedies from a user perspective. The effect, quality and safety of the most commonly used herbal remedies in Sweden. Basic pharmacology in relation to the most commonly

used herbal remedies. Use of herbal remedies in different cultures. Use of herbal remedies within the scope of Swedish health care.

Teaching methods

Lectures on campus (first day), web-based lectures, web-based discussions (PingPong) and, individual assignments.

Examination

Examination takes place through an written individual assignment. A student who has failed in the regular examination is entitled to participate in five more examinations. If the student has failed six examinations/tests, no more examinations are offered.

Transitional provisions

Examination will be provided during a period of two years after a possible shut-down of the course. Examination can be carried out according to an earlier literature list during a period of one year after the date of a renewal of the literature list.

Other directives

Access to internet and basic computer experience are required, then a large part of the course is given via the web-based learning management system PingPong. The course participants will obtain introduction to PingPong the technology in connection with the start of the course. The course evaluation is carried out according to the guidelines that are established by the Board of Higher Education. Language of instruction: Swedish

Literature and other teaching aids

Bohlin, Lars; Bruhn, Jan G.; Burman, Robert

Läkemedel från naturen : en integrerad del av medicinen

Stockholm : Apotekarsocieteten, 2013 - 252 s.

ISBN:9789198094206 (inb.) LIBRIS-ID:13989192

[Library search](#)