



**Karolinska  
Institutet**

Course syllabus for

## **Diet and exercise as medicine, 7.5 credits**

Kost och fysisk aktivitet som medicin, 7.5 hp

This course syllabus is valid from autumn 2019.

Please note that the course syllabus is available in the following versions:

[Spring2011](#) , [Autumn2018](#) , Autumn2019

Course code	1QA081
Course name	Diet and exercise as medicine
Credits	7.5 credits
Form of Education	Higher Education, study regulation 2007
Main field of study	Not applicable
Level	First cycle, in-depth level of the course cannot be classified
Grading scale	Pass, Fail
Department	Department of Laboratory Medicine
Decided by	Styrelsen för utbildning
Decision date	2010-09-24
Revised by	Education committee LABMED
Last revision	2019-04-04
Course syllabus valid from	Autumn 2019

This course syllabus is not available in English.