



**Karolinska
Institutet**

Course syllabus for

Diet and exercise as medicine, 7.5 credits

Kost och fysisk aktivitet som medicin, 7.5 hp

This course syllabus is valid from spring 2011.

Please note that the course syllabus is available in the following versions:

Spring2011 , [Autumn2018](#) , [Autumn2019](#)

Course code	1QA081
Course name	Diet and exercise as medicine
Credits	7.5 credits
Form of Education	Higher Education, study regulation 2007
Main field of study	Not applicable
Level	First cycle, in-depth level of the course cannot be classified
Grading scale	Pass, Fail
Department	Department of Laboratory Medicine
Decided by	Styrelsen för utbildning
Decision date	2010-09-24
Course syllabus valid from	Spring 2011

This course syllabus is not available in English.