



**Karolinska
Institutet**

Course syllabus for

Diet and exercise as medicine, 7.5 credits

Kost och fysisk aktivitet som medicin, 7.5 hp

This course syllabus is valid from spring 2011.

Please note that the course syllabus is available in the following versions:

Spring2011 , [Autumn2018](#) , [Autumn2019](#)

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| Course code | 1QA081 |
| Course name | Diet and exercise as medicine |
| Credits | 7.5 credits |
| Form of Education | Higher Education, study regulation 2007 |
| Main field of study | Not applicable |
| Level | First cycle, in-depth level of the course cannot be classified |
| Grading scale | Pass, Fail |
| Department | Department of Laboratory Medicine |
| Decided by | Styrelsen för utbildning |
| Decision date | 2010-09-24 |
| Course syllabus valid from | Spring 2011 |

This course syllabus is not available in English.