



**Karolinska
Institutet**

Course syllabus for

Anatomy and physiology 1 - Communication and movement, 8 credits

Anatomi och fysiologi 1 - Kommunikation och rörelse, 8 hp

This course syllabus is valid from autumn 2021.

Please note that the course syllabus is available in the following versions:

[Autumn2010](#) , [Autumn2011](#) , [Autumn2012](#) , [Autumn2014](#) , [Autumn2015](#) , [Autumn2016](#) , [Autumn2018](#) , [Autumn2021](#)

Course code	1RS024
Course name	Anatomy and physiology 1 - Communication and movement
Credits	8 credits
Form of Education	Higher Education, study regulation 2007
Main field of study	Not applicable
Level	GX - First cycle
Grading scale	Fail (U), pass (G) or pass with distinction (VG)
Department	Department of Clinical Science, Intervention and Technology
Decided by	Programnämnd 6
Decision date	2010-05-12
Revised by	Education committee CLINTEC
Last revision	2021-03-15
Course syllabus valid from	Autumn 2021

Specific entry requirements

Mathematics 2a / 2b / 2c, Natural Sciences 2, Social Sciences 1b / 1a1+1a2 (field specific entry requirements A14). Or: Mathematics B, Natural Sciences B, Social Sciences A (field specific entry requirements 16).

Objectives

On completion of the course, the student should be able to:

- explain cell - and the structure and function of tissue types
- identify and describe the structure and function of the musculoskeletal system
- describe the structure and function of the nervous system and the sensory system
- account for endocrine system's structure that is linked to the functions of the musculoskeletal and nervous system
- describe the position of bodies in relation to one another and the body as a whole.

Content

The course starts with an overview of basic biochemical concepts in order to facilitate the further understanding of the function of the body based on scientific grounds.

The student is trained to understand and apply basic anatomic concepts and terminology. The course also treats adequate medical terminology used in anatomic position and motion descriptions.

The course takes its starting point in the structure and basic functions of the cell. Under the theme the musculoskeletal system is studied the different parts, the structure and function, and the subdivision and motion of joints of the skeleton. Here, the structure of the skeletal musculature and the structure and function of the muscle cells are also studied.

Under the theme the nervous system, an overview of the central and peripheral nervous system and how these interact with one another is made. Within sensory system, pain, smell, taste, hearing, balance and the approach are studied.

The endocrine system deals with glands and hormones that are linked to the musculoskeletal system and nervous system.

Teaching methods

The course includes lectures and workshops.

The examiner decides whether, and if so, how absence from compulsory educational elements can be taken again. Study results cannot be reported until the student has participated in compulsory course elements or compensated for any absence in accordance with instructions from the examiner. Absence from a compulsory course element could mean that the student can not retake the element until the next time the course is offered.

Examination

To pass the course, approved participation in compulsory parts and a passed written examination. Are there assignments, they must be examined and provided in due time.

If the course is examined by an external exam, or other assignments with deadlines, a latest submission date is given at the introduction of the course. In cases where a completion is required a new date for latest submission is set. If the requirements for submission are not fulfilled the student is given the opportunity to submit the exam or the assignment at the next time course is given. Reasons for not meeting deadlines may be taken under consideration by examiner.

In consultation with the examiner of the course, the student may get a complementary assignment in case of absence from a compulsory part.

In connection to the course three occasions will be given. One within the course, two occasions at the following re-examinations. Three more opportunities will be provided as described above when the course is run next time.

If there are special grounds, or a need for adaptation for a student with a disability, the examiner may decide to deviate from the syllabus's regulations on the examination form, the number of examination opportunities, the possibility of supplementation or exemptions from the compulsory section/s of the course etc. Content and learning outcomes as well as the level of expected skills, knowledge and abilities may not be changed, removed or reduced.

Transitional provisions

The student may be examined under a previous syllabus within a year after the date when a close-down or major changes of the course was decided.

Other directives

Course evaluation will be carried out in accordance with the guidelines established by the Committee for Higher Education.

Literature and other teaching aids

Sand, Olav

Människokroppen : fysiologi och anatomi

2. uppl. : Stockholm : Liber, 2007 - 544 s.

ISBN:9147084359 (inb.) LIBRIS-ID:10455726

[Library search](#)

Feneis, Heinz; Dauber, Wolfgang

Anatomisk bildordbok

Spitzer, Gerhard; Brinkman, Ingrid

5., utökade uppl. /b [fackgranskning: Håkan Aldskogius] : Stockholm : Liber, 2006 - [4], 520 s.

ISBN:91-47-05301-1 LIBRIS-ID:10162715

URL: <http://www2.liber.se/bilder/omslag/100/4705301o.jpg>

[Library search](#)

Fysiologi

Lännergren, Jan; Westerblad, Håkan; Ulfendahl, Mats; Lundeberg, Thomas

Sjätte upplagan : Lund : Studentlitteratur, [2017] - 397 sidor

ISBN:9789144114859 LIBRIS-ID:19922136

[Library search](#)

Atlas över människokroppen

Vigué, Jordi; Martín Orte, Emilio; Ferrón, Miquel; Ferrón, Myriam

Dunder, Kristina

2. uppl. : Stockholm : Liber, 2012 - 164 s.

ISBN:9789147105878 (inb.) LIBRIS-ID:12744910

[Library search](#)

Anatomi och fysiologi

Nicolaysen, Gunnar; Holck, Per

1. uppl. : Lund : Studentlitteratur, 2014 - 336 s.

ISBN:9789144097398 LIBRIS-ID:16016423

[Library search](#)