

Course syllabus for

Critical Care Nursing, 16.5 credits

Vårdande vid akut ohälsa, 16.5 hp

This course syllabus is valid from autumn 2019.

Please note that the course syllabus is available in the following versions:

Autumn2019, Spring2020, Spring2021, Autumn2022, Spring2024, Autumn2024

Course code 1SJ026

Course name Critical Care Nursing

Credits 16.5 credits

Form of Education Higher Education, study regulation 2007

Main field of study Nursing

Level G2 - First cycle 2

Grading scale Pass, Fail

Department Department of Neurobiology, Care Sciences and Society

Participating institutions

• Department of Laboratory Medicine

• Department of Clinical Science and Education, Södersjukhuset

Decided by Education committee NVS

Decision date 2019-04-10 Course syllabus valid from Autumn 2019

Specific entry requirements

Admission to semester 5:

All courses from semesters 1-3

Semester 4: Passed assessment from placement 7.5 credits + 7.5 credits (1SJ023 and 1SJ024).

Students who have failed the clinical placement due to deficiencies in knowledge, skills or attitudes serious enough to jeopardise patient security or patients' trust in healthcare can qualify for a new clinical placement only when an individual action plan has been completed.

Objectives

The general aim of the course is that: students acquire and can implement knowledge of human experiences of and reactions to acute illness, based on person-centered care, as well as be able to independently plan, carry out and evaluate the nursing needs of patients and families in acute care situations. - that students acquire clinical reasoning skills and readiness to handle acute care situations and obtain an understanding of the vulnerability of patients and their families in these situations. Students will understand the importance of patient safety within the context of the technology and

people involved in acute care. - that students are able to assure patients' right to healthcare on an equal footing, to ensure patient learning, to work as a part of a team, and to work according to ethical guidelines in the acute care context. - that students can implement pharmacological knowledge in acute care, understand healthcare organisation in the case of disasters, and understand the function of nurses in the event of disaster.

Learning outcomes

Part 1: Emergency nursing

Knowledge and understanding

On completion of the course, students should be able to:

- describe and explain failure in vital functions of acutely ill patients as well as motivate prioritised nursing and pharmacological measures
- describe and explain statutes relevant to acute care, medical technology, patient safety, and ethical principles
- explain the nursing process as a basis for nursing care in acute care contexts

Values and perspectives

On completion of the course, students should be able to:

• reflect on health and suffering patients and families in emergency care

Part 2: Clinically integrated learning: Clinical skills

Skills and abilities

On completion of the course, students should be able to:

• properly use medical technology in a way that is safe for patients, staff and the environment.

Values and perspectives

On completion of the course, students should be able to:

• analyse the interplay between technology and people as well as explain how technology can influence patients' vulnerability, health and person-centered nursing care.

Part 3: Clinically integrated learning: Clinical placement

Skills and abilities

On completion of the course, students should be able to:

- plan, carry out and evaluate nursing care based on a person-centered attitude and in collaboration with patient and families
- identify and assess behaviours, signs and symptoms as well as prioritise and show readiness in nursing of patient with acute illness.
- communicate information, both orally and in writing, in a way that is clear, structured and correct and that ensures patient safety
- demonstrate the ability to use technological equipment in a way that ensures safety for patients, staff and the environment
- be able to calculate, correctly prepare, administer and evaluate the effects of medications and to follow relevant laws and statutes
- plan and lead patient care as well as work together with other nurses and with other professions
- work to prevent infection by applying hospital hygienic principles

Values and perspectives

On completion of the course, students should be able to:

 evaluate the quality of nursing care related to evidence-based knowledge and suggest improvements

- understand and apply ethical and humanitarian values
- work to assure the rights of all people to healthcare on an equal footing
- relate to patients, families and staff according to the ethics of the profession, including in connection with intimate partner violence and violence against children

Module 4: Pharmacology and medication dosage

Knowledge and understanding

On completion of the course, students should be able to:

• describe medications that are used in acute healthcare

Skills and abilities

On completion of the course, students should be able to:

• Calculate correct medication dosages for acute illnesses

Part 5: Disaster medicine

Knowledge and understanding

On completion of the course, students should be able to:

 explain the nurse's role as well as society's organisation and preparedness in the case of serious events.

Skills and abilities

On completion of the course, students should be able to:

• demonstrate the ability to triage and initiate treatment on patients in the case of a serious event

Values and perspectives

On completion of the course, students should be able to:

 identify and analyse their own role and readiness in the context of a hospital's disaster preparedness plan and activities

Content

Knowledge of acute illness and the function of the nurse in emergency care Identification of symptoms and signs and prioritisation of nursing measures to treat life-threatening conditions in the acutely ill patient A clinical placement over a consecutive period in an emergency care setting, where the student practices independent clinical reasoning as well as planning, carrying out and evaluating nursing care measures, under supervision and based on person-centered care. Cooperation, teamwork, and an ethical approach to nursing care Familiarity with medical technology through training and carrying out common tests and treatments, as well as reflection and analysis regarding medical technology's effects on patient vulnerability in emergency care Pharmacology and medication dosage related to acute illness, and with respect to patient safety Disaster preparedness, organisation and the nurse's role

The course includes five components

Nursing in acute ill health, 4.0 hp

Grading scale: GU

Component 1 includes theoretical knowledge:

- concepts in nursing care of relevance to patients and families in acute care situations
- Person-centered nursing
- clinical reasoning and readiness
- structured communication (including SBAR)
- threatened failure in vital functions and organs circulation, respiration and cognition
- assessment instruments (including NEWS)
- principles of prioritisation and acute treatment according to the A-E principle
- Perioperative nursing
- ethical principles and equal treatment
- evidence-based nursing in emergency care
- patient safety and safe nursing care
- relevant statutes

Clinical skills, 1.0 hp

Grading scale: GU

Component 2 includes theoretical and practical knowledge about:

- the risks and possibilities in the interplay between humans and technology in emergency care
- the vulnerability of patients and families in technology-intensive nursing environments
- the use of technology in nursing
- medical technology in emergency care (including enteral tube as well as aspirator and oxygen)
- simulation
- compatibility testing and blood transfusions
- patient safety
- basic hygiene and aseptic guidelines relevant to the use of medical technology

Clinical placement, 9.0 hp

Grading scale: GU

Component 3 includes application of knowledge about:

- the nursing process
- nursing documentation
- assessment and prioritisation in the face of threatened failure of a patient's vital functions
- clinical reasoning and readiness
- assessment instruments (including NEWS)
- acute treatment and prioritisation (including A-E)
- oral communication concerning patient care (including SBAR)
- person-centered nursing and teamwork
- Perioperative nursing
- calculation, preparation, administration, handling and effects of drugs in emergency care
- blood transfusions
- medical technology including enteral tube, aspirator and oxygen
- ethics and equality in emergency care
- communication and relating to patients during brief nursing care encounters and patient education
- relevant laws, statutes and safety precautions
- patient safety
- basic guidelines for hygiene and asepsis

Pharmacology and pharmaceutical calculation, 1.5 hp

Grading scale: GU

Component 4 includes theoretical and practical knowledge about: Page 4 of 10

- medications for acute illnesses
- preparation and administration of medications
- effectiveness over time and storage of drugs
- environment and sustainability
- laws and regulations including those of relevance to patient safety

Emergency Nursing and Disaster Medicine, 1.0 hp

Grading scale: GU

Component 5 includes the following theoretical and practical aspects

- local, regional, national and international disaster medical preparedness
- aims of and definitions related to disaster medical preparedness
- healthcare management systems and cooperation at the regional and local level (disaster area and hospital)
- Decision-making and triage in the disaster area and referra to the correct level of care

Teaching methods

Teaching is based on a problem-oriented and collaborative approach to learning in which the tasks provide opportunities for the student to take active responsibility for their learning. The working methods that are used are lectures, seminars, peer-learning, group assignments, literature studies, proficiency training, simulation and clinical placement.

Distance learning is based on IT and on independent and collaborative learning. The course relies on a variety of working methods including individual study assignments, group work, virtual discussions, seminars and lectures Teacher support is provided via an IT-based learning management system.

the 6-week equivalent clinical placement is located in an emergency care setting and includes 40 hours/week of which 32 hours/week are located in activities with individual or group supervision and reflection The clinical placement period can include days, evenings, nights and weekends, as well as bank holidays if necessary. Student are not allowed to shorten the length of the clinical placement.

The examiner may, with immediate effect, interrupt a student's clinical placement (or equivalent) if the student demonstrates such serious deficiencies in knowledge, skills or attitude that patient safety or patient confidence in healthcare is at risk. If a clinical placement is interrupted in this way the student is deemed to have failed that element and to have used up one clinical placement opportunity. In such cases, an individual action plan should be set up stating which activities and tests are required before the student is qualified for a new clinical placement on the course.

Examination

Component 1 is assessed individually by a digital examination as well as a written examination.

Component 2 is assessed by clinical examination as well as by individual written take-home examination.

Component 3 is assessed by an assessment of the placement. During the placement, continuous assessment of the student's achievements are taken place. Half-time- and final assessment is carried out. Professional supervisor and/or co-opted clinical lecturer give bases of assessment according to established evaluation form for clinical placement. If a student is at risk for failure the responsible university teacher should establish a written action plan for the rest of the placement, in consultation with the placement supervisor and the student, no later than at the half-time assessment.

Component 4 is assessed by an individual written examination.

Component 5 is assessed by a self-test and a written journal of reflections Page 5 of 10

For all components a two-grade scale applies Pass/fail

To pass the course a student must demonstrate completion of all the course learning outcomes which entails a passing grade in course components 1-5 as well as active participation in compulsory course activities. Grades are assigned by the examiner.

Participation in seminars, group assignments, laboratory sessions, proficiency training and the clinical placement is compulsory. In case of absence from compulsory parts, compensation in consultation with examiner takes place.

Students who do not pass a regular examination are entitled to re-sit the examination on five more occasions.

If a student has not passed the course after taking the examination six times no further chances to take the exam will be given.

Each occasion the student participates in the same test counts as an examination. Submission of a blank exam paper is regarded as an examination. In case a student is registered for an examination but does not attend, this is not regarded as an examination.

If there are special grounds, or a need for adaptation for a student with a disability, the examiner may decide to deviate from the syllabus's regulations on the examination form, the number of examination opportunities, the possibility of supplementation or exemptions from the compulsory section/s of the course etc. Content and learning outcomes as well as the level of expected skills, knowledge and abilities may not be changed, removed or reduced.

The examiner may, with immediate effect, interrupt a student's clinical placement (or equivalent) if the student demonstrates such serious deficiencies in knowledge, skills or attitude that patient safety or patient confidence in healthcare is at risk. If a clinical placement is interrupted in this way the student is deemed to have failed that element and to have used up one clinical placement opportunity. In such cases, an individual action plan should be set up stating which activities and tests are required before the student is qualified for a new clinical placement on the course.

Students who fail a clinical placement (or equivalent) as a result of demonstrating such a serious lack of knowledge, skills or attitude that patient safety or the patients' confidence in medical care is at risk, will only be qualified for a new clinical placement once the individual action plan has been carried out.

The examiner assesses if, and how, absence from compulsory parts can be compensated. A final assessment cannot be given until the student successfully completes all of the compulsory course requirements (or has made arrangements with instructors to make up for absences during the course). Absence from a compulsory course element could mean that the student can not retake the element until the next time the course is offered.

Transitional provisions

If the course has ceased, changed considerably in content, or substantially changed its reading list, the student may take three additional tests (excluding regular test) on the earlier contents or the previous literature for up to one year after the course changes have been made.

Other directives

The course evaluation will be conducted according to the guidelines that are established by the Board of Higher Education.

Some teaching may be in English.

The course will not be credited in a degree together with another course the student has completed and passed which completely or partly corresponds to the contents of this course.

Literature and other teaching aids

Birkler, Jacob

Filosofi och omvårdnad: etik och människosyn

1. uppl. : Stockholm : Liber, 2007 - 239 s.

Omvårdnadens grunder: hälsa och ohälsa

Edberg, Anna-Karin; Wijk, Helle

2. uppl. : Lund : Studentlitteratur, 2014 - 812 s. ISBN:9789144083551 LIBRIS-ID:16610836

Library search

Ehnfors, Margareta; Ehrenberg, Anna; Thorell-Ekstrand, Ingrid

Nya VIPS-boken: välbefinnande, integritet, prevention, säkerhet

2. uppl. : Lund : Studentlitteratur, 2013 - 235 s. ISBN:9789144089287 LIBRIS-ID:14706368

Library search

Omvårdnadens grunder: ansvar och utveckling

Ehrenberg, Anna; Wallin, Lars; Edberg, Anna-Karin

2. uppl. : Lund : Studentlitteratur, 2014 - 539 s. ISBN:9789144083544 LIBRIS-ID:16610857

Library search

Omvårdnadens grunder: perspektiv och förhållningssätt

Friberg, Febe; Öhlén, Joakim

2. uppl. : Lund : Studentlitteratur, 2014 - 631 s. ISBN:9789144083537 LIBRIS-ID:16610835

Library search

Lindh, Marion; Sahlqvist, Lena

Säker vård: att förebygga skador och felbehandlingar inom vård och omsorg

1. utg.: Stockholm: Natur & Kultur, 2012 - 334, [2] ISBN:91-27-13093-2 (inb.) LIBRIS-ID:11926826

Library search

Lena Nordgren och Sofia Almrud Österberg, Red.

Akutvård ur ett patientperspektiv

Studentlitteratur, 2012

Omvårdnadsdiagnoser: definitioner och klassifikation 2015-2017

Herdman, T. Heather; Kamitsuru, Shigemi

3., [utök. och rev.] uppl. : Lund : Studentlitteratur, 2015 - 559 s.

ISBN:9789144108407 LIBRIS-ID:18119631

Library search

Praktiska grunder för omvårdnad

Kristoffersen, Nina Jahren

1. uppl. : Stockholm : Liber, 2016 - 590 s.

ISBN:978-91-47-11412-2 LIBRIS-ID:19451518

Library search

Medical-surgical nursing: assessment and management of clinical problems

Lewis, Sharon Mantik; Bucher, Linda; Heitkemper, Margaret M.; Harding, Mariann

10th edition. : St. Louis, Missouri : Elsevier, Inc, [2017] - 2 volumes

ISBN:9780323328524 LIBRIS-ID:19795457

Library search

Sandman, Lars; Kjellström, Sofia Etikboken : etik för vårdande yrken

Andra upplagan: Lund: Studentlitteratur, [2018] - 485 sidor ISBN:9789144120539 LIBRIS-ID:9j6pz75q7d56bxcw

Library search

Psykosociala behov vid akut och kritisk sjukdom

Stubberud, Dag-Gunnar

1. utg. : Stockholm : Natur & Kultur, 2015 - 308 s. ISBN:9789127142398 LIBRIS-ID:17421168

Library search

Toverud, Kari C

Klinisk omvårdnad.

Almås, Hallbjørg; Stubberud, Dag-Gunnar; Grønseth, Randi

Bolinder-Palmér, Inger; Olsson, Kristina

2., [uppdaterade] uppl. : Stockholm : Liber, 2011 - 534 s. ISBN:978-91-47-09920-7 (inb.) LIBRIS-ID:12239794

Library search

Toverud, Kari C

Klinisk omvårdnad.

Almås, Hallbjørg; Stubberud, Dag-Gunnar; Grønseth, Randi

Bolinder-Palmér, Inger

2., [uppdaterade] uppl. : Stockholm : Liber, 2011 - 572 s. ISBN:978-91-47-09419-6 (inb.) LIBRIS-ID:12087275

Library search

Vårdvetenskapliga begrepp i teori och praktik

Wiklund Gustin, Lena; Bergbom, Ingegerd

Andra upplagan: Lund: Studentlitteratur AB, 2017 - 468 sidor

ISBN:978-91-44-11243-5 LIBRIS-ID:20900395

Library search

Wikström, Jonas

Akutsjukvård: omvårdnad och behandling vid akut sjukdom eller skada

Tredje upplagan: Lund: Studentlitteratur, [2018] - 327 sidor

ISBN:9789144115771 LIBRIS-ID:22515792

Library search

Vårdhandboken

Inera AB,

URL: Länk

Björkman, Anna-Maria

Läkemedelsberäkning och läkemedelshantering

3., [rev.] uppl.: Lund: Studentlitteratur, 2016 - 271 s.

ISBN:9789144109534 LIBRIS-ID:19523669

Library search

FASS

senaste uppl.: Läkemedelsinformation AB,

URL: www.fass.se

Läkemedelsboken.

Stockholm: Läkemedelsverket, 2011 - PDF-fil (1269 s.)

LIBRIS-ID:12199366

URL: Online via Läkemedelsverket

Arman, Maria; Rehnsfeldt, Arne

DEF - det existentiella förbandet : existentiellt omhändertagande efter katastrof

1. uppl. : Stockholm : Liber, 2012 - 146 s.

ISBN:978-91-47-10567-0 LIBRIS-ID:13519955

Library search

Dyregrov, Atle

Katastrofpsykologi

Wentz, Karin Larsson

2., [uppdaterade och utök.] uppl.: Lund: Studentlitteratur, 2002 - 380 s.

ISBN:91-44-02244-1 LIBRIS-ID:8741897

Library search

Katastrofmedicin

Lennquist, Sten

3., [omarb. och utvidgade] uppl. : Stockholm : Liber, 2009 - 448 s.

ISBN:978-91-47-08481-4 LIBRIS-ID:11289941

URL: Omslagsbild Library search

MIMMS - på svenska : major incident medical management and support : praktisk ledning av sjukvård vid en större skadehändelse

Mackway-Jones, Kevin

2., [omarb. och utök.] uppl. : Lund : Studentlitteratur, 2014 - 189 s.

ISBN:9789144088174 LIBRIS-ID:16631927

Library search

Rüter, Anders; Nilsson, Heléne; Vikström, Tore

Sjukvårdsledning vid olycka och katastrof : från skadeplats till vårdplats

Lund: Studentlitteratur, 2006 - 102 s.

ISBN:91-44-03905-0z 91-44-03905-5 LIBRIS-ID:10083029

URL: http://www.studentlitteratur.se/omslagsbild/artnr/32011-01/height/320/width/320/bild.jpg

Library search

Stockholms läns landsting (SLL)

Regional katastrofmedicinsk plan

URL: www-dokument

Skydd mot internationella hot mot människors hälsa.

Stockholm : Regeringen, [2006] - 234 s.

LIBRIS-ID:11225230

URL: <u>Länk</u>