



**Karolinska
Institutet**

Course syllabus for

Community- and Home Based Rehabilitation - Cultural Perspectives, 7.5 credits

Samhälls- och hembaserad rehabilitering ur ett kulturellt perspektiv, 7.5 hp

This course syllabus is valid from spring 2016.

Please note that the course syllabus is available in the following versions:

Spring2008 , Spring2009 , Spring2016 , Spring2021

Course code	1XX011
Course name	Community- and Home Based Rehabilitation - Cultural Perspectives
Credits	7.5 credits
Form of Education	Higher Education, study regulation 2007
Main field of study	Not applicable
Level	GX - First cycle
Grading scale	Pass with distinction, Pass, Fail
Department	Department of Neurobiology, Care Sciences and Society
Decided by	Styrelsen för utbildning
Decision date	2008-05-15
Revised by	Programme Committee 3
Last revision	2015-11-02
Course syllabus valid from	Spring 2016

Specific entry requirements

120 higher education credits in health or care sciences.

Objectives

Introduction

Community- and Home Based Rehabilitation strives to achieve access for individuals with disabilities to have the same access to rehabilitation, healthcare, education and employment as other citizens in society.

The overall aim of this inter-professional course in community and home-based rehabilitation is that students acquire knowledge of the theory and practice of how to design, solve and evaluate the effects of rehabilitative measures in the home and in the community.

The student should, on completion of the course have knowledge about, and be able to:

- define and present central concepts in the field of community and home-based rehabilitation

- integrate and describe these concepts in a global context, focusing on assessments and interventions in the home, neighbourhood and community
- identify and describe population demographics, service in the health care system and how rehabilitation in the home and in society is delivered
- recognize and describe the care and rehabilitation from in a Swedish context and in comparison with the population in a global context
- identify and describe cross-professional and national perspectives on living and health of different ages
- describe the different assessments, actions and evaluations that are relevant in community and home-based rehabilitation
- identify, present and discuss ethical dilemmas in relation to community and home-based rehabilitation

Content

- Definitions of community- and home-based rehabilitation
- Identification and description of how the health care system functions and how rehabilitation in home and society meets the needs of the population
- Home adaptation assessments of the environment and the society
- National and global perspective on formal and informal care and rehabilitation
- Interdisciplinary and subject-specific perspectives on housing and health in different age groups
- Assessments, measures and evaluations within community and home rehabilitation
- Measures the daily activity, work and recreational activities
- Ethical dilemmas within rehabilitation in relation to housing and the society

Teaching methods

Learning activities are designed to provide opportunities for student involvement. Teaching methods vary between lectures, seminars, individual work, group work, literature review, pilot studies and case studies.

Examination

The course will be examined through an individual examination. The student should through a client case describe the different parts in the rehabilitation process based on a specific global context considering the current health care system. The examination will be both oral and written. Grading scale: Pass with distinction/Pass/Fail. Five possibilities to redo the examination will be offered in the event that a Pass result is not achieved at the first attempt.

Other directives

Evaluation of the course will be carried out according to the guidelines established from the Board of Higher Education. The report of the course-evaluation and an analysis of the result will be published on the course-web after the evaluation is finished.

Literature and other teaching aids

A Strategy for Rehabilitation, Equalization of Opportunities : CBR Joint Position Paper

2004

ISBN:92-4-159238-9

[Library search](#)

Community-based rehabilitation (CBR) monitoring and evaluation methods and tools: a literature review.

Lukersmith, S; Hartley, S; Kuipers, P; Madden, R; Llewellyn, G; Dune, T

2013

URL: [Länk](#)

Ingår i:

Disability and rehabilitation.

London : Taylor & Francis, 1999-

ISSN:1464-5165 LIBRIS-ID:9382282

35 (2013) :23, s. 1941-53

Community-based Rehabilitation: CBR Guidelines

WHO, UNESCO, ILO, 2010

Finkelflügel, H

Empowered to Differ. : Stakeholders' influences in Community-Based Rehabilitation

Dissertation : Rotterdam : 2004 - 1-201

ISBN:90-77595-11-2

[Library search](#)

Hartley, S

CBR as a part of Community development. A poverty reduction strategy.

University College London. Centre for International Child Health, 2006

URL: [Länk](#)

Helander, Einar

Prejudice and dignity : an introduction to community-based rehabilitation

1993 :

ISBN:ISBN:92-1-126032-9

[Library search](#)

The relevance of the International Classification of Functioning, Disability and Health (ICF) in monitoring and evaluating Community-based Rehabilitation (CBR).

Madden, RH; Dune, T; Lukersmith, S; Hartley, S; Kuipers, P; Gargett, A; Llewellyn, G

2014

URL: [Länk](#)

Ingår i:

Disability and rehabilitation.

London : Taylor & Francis, 1999-

ISSN:1464-5165 LIBRIS-ID:9382282

36 (2014) :10, s. 826-37

Thorsén AM, Widén Holmqvist L, von Koch L

Early supported discharge and continued rehabilitation at home after stroke: 5-year follow-up of resource use

J Stroke Cerebrovasc Dis. 2006 Jul-Aug;15(4):139-43.,

Werner D.

Disabled Village Children

ISBN:ISBN 0942364066

[Library search](#)

Wohlin Wottrich A, Stenström CH, Engardt M, Tham K

Characteristics of physiotherapy sessions from the patient's and therapist's perspective.

Disabil Rehabil. 2004 Oct 21; 26(20):1198-205.,

Wottrich AW, von Koch L, Tham K.

The meaning of rehabilitation in the home environment after acute stroke from the perspective of a multiprofessional team

Phys Ther. 2007 Jun; 87(6):778-88. Epub 2007 Apr 18.,