



**Karolinska
Institutet**

Course syllabus for

Community health nursing care across the life-span, 22.5 credits

Omvårdnad inom distriktsvård i ett livscykelperspektiv, 22.5 hp

This course has been cancelled, for further information see Transitional provisions in the last version of the syllabus.

Please note that the course syllabus is available in the following versions:

Spring2008 , Autumn2008 , Autumn2009 , Spring2010 , Autumn2010 , Spring2011 , Autumn2011 , Spring2012

Course code	2DS003
Course name	Community health nursing care across the life-span
Credits	22.5 credits
Form of Education	Higher Education, study regulation 2007
Main field of study	Nursing
Level	AV - Second cycle
Grading scale	Pass with distinction, Pass, Fail
Department	Department of Neurobiology, Care Sciences and Society
Decided by	Programnämnden för sjuksköterskeutbildning och specialistutbildningar för sjuksköterskor
Decision date	2007-12-03
Revised by	Programnämnden för sjuksköterskeutbildning och specialistutbildningar för sjuksköterskor
Last revision	2008-08-14
Course syllabus valid from	Autumn 2008

Specific entry requirements

Qualification as a nurse, certified by the Swedish National Board of Health and Welfare, and the course Health, living conditions and environment, 7.5 HE credits, 2DS000

Objectives

The aim of the course is that the student, on completion of the course, should have achieved skills to independently and professionally be able to take responsibility for, carry out and develop health and nursing work within community health service. The student should in this work be able to evaluate and apply nursing research and evidence-based methods critically. Community health service is understood to include also child health care and school health service. The course consists of two parts: 1. Health for children and adolescents, 10.5 HE credits Health for children and adolescents 2. Health for adults

and elderly/home health care, 12 HE credits Health for adults and elderly/home health care Part 1: Health for children and adolescents, 10.5 HE credits Health for children and adolescents On completion of this part, the student should be able to: - understand and reflect on parenthood, the interaction and relations between children and parents, and to be able to evaluate different methods for parental support, both individually and in groups - explain and assess growth and physical, motor, cognitive and the socio-emotional development of children and adolescents based on different development theories - assess breast feeding, diet and eating habits among children and adolescents based on nutritional contents and health aspects - teach and communicate with children and adolescents and their family on the basis of pedagogical theories and independently be able to carry out health promotion and preventive work - explain and assess injuries, diseases and health problems that are commonly occurring among children and adolescents considering gender and culture - independently assess nursing needs, and plan, carry out and evaluate nursing and evaluate actions and support to children, adolescents and families on the basis of the responsibility of the society, resources, and the intentions of the child convention and an ethical approach - independently carry out medical assessment and prescription of drugs for vaccinations within established vaccination programmes Part 2: Health for adults and elderly/home health care, 12 HE credits Health for adults and elderly/home health care On completion of this part, the student should be able to: - respond to and communicate with patients and family, and in consultation analyse and assess nursing needs and plan, carry out and evaluate nursing, and reflect on the meaning of a professional approach in community health service - problematise and reflect on the importance of the home for health and care and as a working environment, and be responsible for coordinating and carrying out nursing on the basis of an ethical attitude - explain and assess different medical conditions considering gender and culture, and reflect on the district nurse's nursing responsibility in connection with rehabilitation - independently assess and evaluate needs of, and be able to prescribe, consumables and assistive devices, considering the patient's integrity and safety, and prescribe according to current regulations - reflect on and be responsible for medical engineering equipment in the clinic and in home care service and that it is an aid to the patient's quality of life and safety - independently teach and supervise patients and family both individually and in groups and in different nursing situations and initiate, plan and carry out health promotion activities

Content

Part 1. Health for children and adolescents The contents of this part are focused on health care, nursing and treatment of health problems among children and adolescents. - Parenthood/parental support - Development theories - Diet and breast feeding - Health promotion and preventive work among children, adolescents and families, - Vaccinations within established programs - Paediatrics - Nursing/documentation - Organisational Theory and Management in child and school health services - Laws, constitutions, children's convention Part 2. Health for adults and elderly/home health care The contents are focused on nursing, prevention and treatment in various health problems and medical conditions among adults and elderly in community health service. - Nursing at home including care at the end of life - The role of family - Food and nutrition - Hygiene and disease control - Prescription right of consumables and technical aids - Ethical and professional attitude - Patient education and communication - Organisation, cooperation and managements - Nursing documentation, laws, constitutions

Health for children and adolescents, 10.5 hp

Grading scale: VU

Health for adults and elderly/ home health care, 12.0 hp

Grading scale: VU

Teaching methods

The course is conducted both as campus-based education (full-time) and distance education (half-speed) and the working methods are based on a problem-oriented and student-activating approach to learning. The campus education includes pedagogical working methods such as lectures, seminars, group assignment and individual work. The course also includes placement, paediatrics 3 HE credits, school health services 3 HE credits and community health service 7.5 HE credits. During the placement, supervision and reflection are included individually and/or in a group. The distance education is IT based and is based on individual and collaborative learning. Different working methods such as individual study assignments, work in groups, virtual discussions and seminars and lectures are used. The number of physical hits is limited to at most 2 days/7.5 HE credits.

Examination

Part 1 Health for children and adolescents Written individual examination Part 2 Health for adults and elderly Written individual examination Clinical examination in community health service Final examination of parts 1 and 2 takes place in an individual form at the end of the course. Study assignments and previous examinations should be completed before participation in the final examination. A Pass grade in the course, requires approved results of both the parts and the final examination of the course. A Pass with distinction requires a Pass with distinction in at least one part and in the final examination. A student without an approved result after three examinations can be offered to take the course once more. However, there are at most six examination opportunities for each course. Examination times are announced at the beginning of the course. The placement included in the course is compulsory, and during the placement, a continuous assessment of the students' learning takes place. The student has the right to placement at most two times.

Other directives

Other Course evaluation will be carried out in accordance with the guidelines established by the Board of Education.

Literature and other teaching aids

Amning idag

Folcker-Sundell, Birgitta

3. uppl. : Stockholm : Gothia, 2003 - 185 s.

ISBN:91-7205-386-0 LIBRIS-ID:9197559

[Library search](#)

Barnhälsovård : Att främja barns hälsa

Magnusson, Margaretha; Blenow, Margareta; Hagelin, Elisabet; Sundelin, Claes

5 : Liber, 2009 - 285 s

Barnmedicin

Lindberg, Tor; Lagercrantz, Hugo

3. [rev. och uppdaterade] uppl. : Lund : Studentlitteratur, 2006 - 672 s.

ISBN:91-44-04469-0 LIBRIS-ID:10275612

[Library search](#)

Bremberg, Sven

Elevhälsa : teori och praktik

2., [helt omarb.] uppl. : Lund : Studentlitteratur, 2004 - 269 s.

ISBN:91-44-04253-1 LIBRIS-ID:9553234

[Library search](#)

Evenshaug, Oddbjørn; Hallen, Dag

Barn- och ungdomspsykologi

Nilsson, Björn

2. uppl. : Lund : Studentlitteratur, 2001 - 512 s.

ISBN:91-44-01595-X LIBRIS-ID:7275481

[Library search](#)

Jakobsson, Ulf

Långvarig smärta

Lund : Studentlitteratur, 2007 - 221 s.

ISBN:978-91-44-01974-1

[Library search](#)

Klinisk barnpsykologi : utveckling på avvägar

Broberg, Anders; Almqvist, Kjerstin; Tjus, Tomas; Ilste, Airi

Nilsson, Björn

Stockholm : Natur och kultur, 2003 - 367, [1] s.

ISBN:91-27-09438-3 (inb.) : 512:00 LIBRIS-ID:9121592

[Library search](#)

Nilsson, Agneta

Omvårdnadskompetens inom hemsjukvård : en deskriptiv studie

Göteborg : Acta Universitatis Gothoburgensis, 2001 - [6], v, [1], 225, [9] s.

ISBN:91-7346-391-4 LIBRIS-ID:8374051

[Library search](#)

Norlén Lars och Hans Siltberg (red)

Hålla tätt : En bok om urininkontinens och överaktiv blåsa

Arvika : Pharmacia, 2002 - 195 s

ISBN:91-85794-08-02

[Library search](#)

Omvårdnad vid diabetes

Wikblad, Karin

Lund : Studentlitteratur ; Stockholm : Vårdförbundet, 2006 - 360 s.

ISBN:91-44-03539-X (Studentlitteratur) LIBRIS-ID:10071659

[Library search](#)

Silfverberg, Gunilla (red)

Hemmets vårdetik : Om vård av äldre i livets slutskede

1 : Lund : Studentlitteratur, 2007 - 275 s

ISBN:9789144022918

[Library search](#)

Blomquist, Kerstin; Edberg, Anna-Karin

Att vara äldre : man har ju sina krämpor

Lund : Studentlitteratur, 2004 - 250 sid

ISBN:91-44-03043-6

[Library search](#)

Ericson, Elsy och Thomas

Medicinska sjukdomar. : Specifik omvårdnad Medicinsk behandling Patofysiologi

2 : Lund : Studentlitteratur, 2002 - 503 s

ISBN:9789144018942

[Library search](#)*Gustafsson, Barbro***Bekräftande omvårdnad : SAUK-modellen för vård och omsorg***Wiik, Wendela*

2., [rev. och utök.] uppl. : Lund : Studentlitteratur, 2004 - 508 s.

ISBN:91-44-03163-7 LIBRIS-ID:9599437

[Library search](#)*Johansson, Katarina; Wirbing, Peter***Riskbruk och missbruk : alkohol, läkemedel, narkotika : uppmärksamma, motivera och behandla inom primärvård, socialtjänst och psykiatri**

2., [utök.] utg. : Stockholm : Natur och Kultur, 2005 - 340, [1] s.

ISBN:91-27-09865-6 (inb.) LIBRIS-ID:9628618

[Library search](#)*Larsson, M; Rundgren, Å***Geriatriska sjukdomar**

2:a uppl. : Lund : Studentlitteratur, 2003 - 322 s.

ISBN:91-44-01829-0

[Library search](#)*Lindström, Ann Charlotte***Något som inte längre är : Distriktssköterskors yrkesutövning på vårdcentral ur ett genusperspektiv**

(avhandling för doktorsexamen) : Göteborg : Göteborgs universitet, 2007

*Lundgren, Mikael; Lökholt, Kent***Motivationshöjande samtal i skolan : att motivera och arbeta med elevers förändring**

Lund : Studentlitteratur, 2006 - 149 s.

ISBN:91-44-03880-1 LIBRIS-ID:10113771

[Library search](#)*Möller, Anders; Nyman, Erling***Barn, familj och funktionshinder : utveckling och habilitering**

1. uppl. : Stockholm : Liber, 2003 - 223 s.

ISBN:91-47-05129-9 (korr.) LIBRIS-ID:9196385

[Library search](#)**Patientundervisning och patienters lärande***Svensk sjuksköterskeförening*

1 : Stockholm : Gothia, 2007 - 110 s.

ISBN:978-91-7205-516-2

[Library search](#)*Persson, Eva; Berndtsson, Ina; Carlsson, Eva***Stomi- och tarmopererad : ett helhetsperspektiv**

1 uppl. : Lund : Studentlitteratur, 2008 - 220 s.

ISBN:9978-91-44-04747-8

[Library search](#)

Wahlberg, Anna Carin

Sjuksköterskans telefonrådgivning

1 : Stockholm : Liber, 2007 - 117 s.

ISBN:97 89 1470 52974

[Library search](#)

Willman, Ania; Stoltz, Peter; Bahtsevani, Christel

Evidensbaserad omvårdnad : en bro mellan forskning och klinisk verksamhet

2., [rev.] uppl. : Lund : Studentlitteratur, 2006 - 172 s.

ISBN:91-44-04578-6

[Library search](#)