



Course syllabus for

# **Psychology From a Lifespan Perspective, 4.5 credits**

Psykologi ur ett livsloppsperspektiv, 4.5 hp

This course syllabus is valid from autumn 2024.

Please note that the course syllabus is available in the following versions:

[Autumn2016](#) , [Autumn2017](#) , [Autumn2024](#)

Course code	2LG027
Course name	Psychology From a Lifespan Perspective
Credits	4.5 credits
Form of Education	Higher Education, study regulation 2007
Main field of study	Not applicable
Level	GX - First cycle
Grading scale	Pass, Fail
Department	Department of Clinical Science, Intervention and Technology
Decided by	Education committee Clintec
Decision date	2016-05-04
Revised by	Education committee CLINTEC
Last revision	2024-03-13
Course syllabus valid from	Autumn 2024

## **Specific entry requirements**

Mathematics 2a or 2b or 2c, Natural Sciences 2, Social Sciences 1b or 1a1+1a2.

## **Objectives**

On completion of the course, the student is expected to be able to:

- describe development mainly from a cognitive and socio-emotional perspective from birth to adult age, as well as changes with regard to these aspects in human aging
- account for basic developmental theories regarding childhood and adolescence, adulthood and aging
- describe and compare different theories concerning cognitive and socio-emotional development from birth to aging
- review descriptions of development critically, based on both traditional as well as modern theories and based on a diversity perspective

# Content

The course gives knowledge of psychological development during the life span from fertilisation to adult age as well as psychological changes during aging. The developmental process is seen as an interaction between biological as well as psychological and psychosocial and social factors. The course intends to provide knowledge in modern developmental psychology where psychodynamic, cognitive, neuropsychological and socio-psychological factors are treated with an ambition to give an overall view of development as a composite and during the whole life ongoing process. The developmental process is mainly described from a so-called normality perspective, but some problem perspectives are also treated.

## Teaching methods

The teaching is given as lectures and/or seminars. Any compulsory learning activities are stated on the schedule.

In case of absence from a compulsory teaching activity, the student is responsible for contacting the course coordinator for complementary assignment. The course coordinator decides whether, and if so how, absence from compulsory course elements can be made up. Study results cannot be reported until the student has participated in compulsory course elements or compensated for any absence in accordance with instructions from the course coordinator. Absence from a compulsory course element could mean that the student can not retake the element until the next time the course is offered.

## Examination

The course examination is a written examination. The written examination is graded anonymously (using a identification code number for each student).

Students who do not pass the written examination are entitled to five more examination occasions, the first within fourteen days of the notification of the exam result. The third examination is the following regular examination in the course. Each occasion the student participates in the same test counts as an examination. Submission of a blank exam paper is regarded as an examination. In case a student is registered for an examination but does not attend, this is not regarded as an examination.

## Transitional provisions

Examination can be carried out according to an earlier literature list during a period of one year after the date of a renewal of the literature list. Examination will be provided during a period of two years after a possible closing of the course.

## Other directives

Course evaluation will be carried out according to the guidelines that are established by the Board of Education.

## Literature and other teaching aids

### Mandatory literature

*Sanrock, John W.*

### Life-span development

Eighteenth edition. International student edition : New York, NY : McGraw Hill, [2021] - xlviii, 628

sidor

ISBN:9781260571455 LIBRIS-ID:bqrw4tqv82g97p11

[Library search](#)

*Hwang, Car Philip; Lundberg, Ingvar; Smedler, Ann-Charlotte*

**Grunderna i vår tids psykologi**

*Thornéus, Per*

1. utg. : Stockholm : Natur & kultur, 2012 - 348 s.

ISBN:978-91-27-13167-5 LIBRIS-ID:13415641

[Library search](#)