



**Karolinska  
Institutet**

Course syllabus for

## **Psychology in practice, 19.5 credits**

Psykologpraktik, 19.5 hp

This course syllabus is valid from spring 2013.

Please note that the course syllabus is available in the following versions:

[Spring2011](#) , [Spring2012](#) , [Spring2013](#) , [Spring2014](#) , [Spring2016](#) , [Spring2019](#) , [Spring2020](#) , [Spring2024](#) , [Spring2025](#)

Course code	2PS019
Course name	Psychology in practice
Credits	19.5 credits
Form of Education	Higher Education, study regulation 2007
Main field of study	Psychology
Level	AV - Second cycle
Grading scale	Pass, Fail
Department	Department of Clinical Neuroscience
Decided by	Programnämnd 8
Decision date	2010-10-25
Revised by	Programnämnd 8
Last revision	2012-11-06
Course syllabus valid from	Spring 2013

## **Specific entry requirements**

Passed results of the Study Programme in Psychology semester 1-6 comprising 180 credits and at least 15 credits from semester 7. Student that has failed placement (VFU) as a consequence of that the student has shown so serious deficiencies in knowledge, skills or attitudes that the client - or the patient security or the clients/the patients/the employers' trust for the activities/the healthcare have been jeopardised, are qualified to a new placement only when the individual action plan has been completed.

## **Objectives**

The student should deepen his knowledge of methods and attitudes relevant to the psychologist profession compatible with Higher Education Ordinance (1993:100).

Part 1:

On completion of this part, the student should

- in consultation with supervisors be able to plan, carry out, document and return the information in a psychological investigation within the field that is current for the workplace

- in consultation with the supervisor based on investigation materials be able to analyse and draw conclusions about application of evidence-based psychological treatment or the other evidence-based measures
- show ability independently to be able to select and use methods actively in communication methodology (for example motivational interviewing (MI))
- in consultation with supervisors plan, carry out and evaluate teaching and/or supervision relevant to the patients of the workplace/clients/relatives/staff
- show ability to receive supervision and cooperate with the supervisor and other staff to develop a professional attitude
- in consultation with the supervisor apply so far experienced and learnt knowledge in a practical individually/professional context
- independently be able to integrate knowledge and skills to solve/handle complex problems and situations
- show ability to identify possible needs of additional knowledge of relevance for the field

#### Part 2:

On completion of this part, the student should

- in consultation with the supervisor be able to describe other occupational groups'fields relevant to the assignments of the workplace and be able to emphasize the specific for the psychologist's skills
- in consultation with the supervisor be able to reflect on ethical and legal issues current for the workplace and independently be able to connect these to current govern - and legal documents
- in consultation with the supervisor be able to account for the organisational goals of a workplace and social place, its organisation and regulations as well as the psychologist's role in this organisation
- in consultation with the supervisor be able to reflect on the sound academic basis of the field and demonstrate an understanding of current research and development in the area and knowledge of the relationship between scholarship thereby and best practice and the relationship importance for evidence-based psychological placement

## Content

The course consists of two (2) parts.

**Workplace learning, 16.5 hp** The psychologist internship includes both theoretical and practical elements of general importance at applied psychological activities. Under the placement, the aim is, that the student integrates the gathered contents of the psychologist education and uses the gathered knowledge within the framework of the work that is carried out on the workplace. The client contact can consist of individual, group and/or organisation depending on the specialisation of the workplace. Where it is possible the student should may train to carry out treatment - and measure aimed work, adapted to the student's experience and knowledge.

Within the framework of the psychologist internship, questions about ethics, confidentiality and professional attitude also should relevant to the exercise of the psychologist profession be handled.

**In-depth theoretical studies, 3 hp** On the basis of literature that is chosen in consultation with the supervisor, the student should light up and analyse questions around the theme ethics and law or evidence and best practice.

## Teaching methods

The psychologist internship is given as a coherent period that corresponds to 13 weeks of full-time studies. The teaching is given as supervised psychologist work, where the supervisor is authorised psychologist with appropriate professional or vocational experience. At the start of the placement

period, an individual study plan that is accepted is established by responsible. Supervisor's assignment is to give student relevant and varying assignments from expected learning outcomes and workplace's assignments. This in aim to give a good understanding of the psychologist profession. Likewise, the tasks and the supervision to development of professional attitudes aim relevant to the professional role. Supervision is given to the student 1-2 hours/week.

Under the psychologist internship, a continuous assessment of the students' achievements takes place. Half-time - and final assessment is carry out by means of assessment items.

Apart from assignments that are prescribed by the supervisor on the workplace has the student to assignment to based on instructions from responsible participate actively in two seminar sessions. At the one the seminar session should the student, well prepared, present his placement for the other seminar participants orally. At the other the student should comment another student's achievement orally.

The psychologist internship is prescribed the students from agreement that Karolinska Institutet includes state, county council, municipality and private activities.

The psychologist internship, seminar sessions and written written assignment is compulsory. Assessing responsible about and if so how absence from compulsory education elements can be taken again. Until the student has participated in the compulsory parts (or compensated any absence with assigned tasks in accordance with instructions from the course director) the final study results can not be reported. Absence from a mandatory education element could mean that the student can not do the part until the next time the course is offered.

## Examination

### Part 1

The student's achievements under the psychologist internship are assessed continuously of the supervisor from an established assessment item that is used at middle and final assessment. At the final assessment, the student should have been assessed to pass achieve at least level 2 (the knowledge/the skills/the ability is good) on the assessment issues that are current for the workplace where the student has made his placement. The psychologist internship is compulsory. To pass, it is required that the absence from the placement does not exceed a week (five working days) working hours.

On the part, one of the grades failed or Passed is given.

### Part 2

The student should have participated in and become passed at two seminar sessions both as a written written assignment. The student chooses one of two appointed subjects for the written written assignment (theme ethics/law alternative theme evidence/reliable skills).

On the part, one of the grades failed or Passed is given.

To pass all course, the grade passed in both parts is required.

## Transitional provisions

The interim regulations follow KI's local guidelines.

## Other directives

### Limitation of the number of examinations

Regarding the Psychologist internship that is placement (VFU) be limited the number times a student have the right to go through the course psychologist internship (and thereby be examined) to two (2) times. For more detailed information, see Guidelines at examination compiled by Karolinska Institutet.

### Guidelines at failure

Course Coordinator can with immediate impact interrupt a student's psychologist internship if the student shows such serious deficiencies in knowledge, skills or attitudes that client - or the patient

security or the patients/the clients/the employers' trust for the activities/the healthcare be jeopardised. When the psychologist internship is interrupted such as this, it implies that the student fails on current part and that a course date is consumed.

In such cases, an individual action plan should be established, where it appears which activities and examinations that are required before the student is given possibility to new course date.

Course evaluation takes place according to KI's local guidelines. Results and possible measures are returned to the students on course web.

## **Literature and other teaching aids**