



**Karolinska  
Institutet**

Course syllabus for

## **Clinical methods in psychology, 6 credits**

Klinisk metod inom psykologiområdet, 6 hp

This course syllabus is valid from spring 2015.

Please note that the course syllabus is available in the following versions:

[Spring2011](#) , [Spring2012](#) , [Spring2013](#) , [Spring2014](#) , [Spring2015](#) , [Spring2020](#) , [Spring2021](#) , [Spring2022](#) , [Spring2025](#)

|                            |   |
|----------------------------|---|
| Course code                | 2PS021                                  |
| Course name                | Clinical methods in psychology          |
| Credits                    | 6 credits                               |
| Form of Education          | Higher Education, study regulation 2007 |
| Main field of study        | Psychology                              |
| Level                      | AV - Second cycle                       |
| Grading scale              | Pass, Fail                              |
| Department                 | Department of Clinical Neuroscience     |
| Decided by                 | Programnämnd 8                          |
| Decision date              | 2010-11-25                              |
| Revised by                 | Programme Committee 8                   |
| Last revision              | 2014-11-07                              |
| Course syllabus valid from | Spring 2015                             |

## **Specific entry requirements**

For admission to this course, students must have no more than 15 credits remaining from the previous term, and no credits remaining from any terms preceding this.

## **Objectives**

*Part 1* The student is expected after completed part to:

- be able to prepare and communicate a psykoeducational message that is communicated to laymen
- be able to account for basic concepts within teaching and learning and rhetoric

*Part 2* The student is expected after completed part to:

- be able to prepare the first session of psychological treatment under supervision
- in a professional way be able to carry out an assessment before psychological treatment which includes to be able to take medical history, make a functional analysis and make psychiatric

diagnostic assessment

- be able to account for and apply legal regulations relevant to psychological treatment
- be able to account for ethical principles central for psychological treatment, including consideration of the human rights and how these can be applied in treatment
- be able to account for what is included in and write medical records.
- be able to account for the set-up of client work under supervision at The Study Programme in Psychology and account for the function of the supervision and which responsibility supervisor or student has under the supervision

## Content

The course contains two (2) parts

**Pedagogy - education and supervision, 1.5 hp** On this part, the student may take part of theory of teaching and learning and rhetoric. The student should prepare a psychoeducational effort that should be given individually in the form of oral presentation. The psychoeducational effort is presented in full on an examining seminar, the students are where given detailed feedback on the effort. **Psychological treatment: treatment planning, 4.5 hp** In this part, earlier acquired knowledge in clinical psychology that is relevant is summarised and integrated to start individual client work. The course provides the student knowledge of the assessment procedures that are required for the course in psychological treatment for example through information about/repetition about forms, screening instrument, psychiatric assessment and functional analysis. Focus is on implementation of medical history taking, functional analysis and psychiatric assessment and ability to build a good alliance with the patient during the first part of the client work. During the course, the student also obtains knowledge of central generic parts in psychological treatment, which includes to be able to apply laws and rules ethical guidelines at to for example medical records keeping. The students obtain knowledge of aim of supervision at psychological treatment and which responsibility supervisor and student has.

## Teaching methods

The teaching consists of teacher-supervised lectures, films and discussion and practice seminars, with role plays and reflections. Further, the teaching of meeting in a supervisory group with a licensed psychologist/reg psychotherapist is constituted and auscultation on the treatment unit where the client work can be carried out.

On both part 1 and 2 all seminars and lectures are compulsory to participate on. In case of absence from compulsory parts applies the following: The course coordinator decides whether, and if so how, absence from compulsory course elements can be made up. Study results cannot be reported until the student has participated in compulsory course elements or compensated for any absence in accordance with instructions from the course coordinator. Absence from a compulsory course element could mean that the student can not retake the element until the next time the course is offered.

## Examination

*Part 1* The part of the course is examined through

1. oral presentation of a psychoeducational message on examining seminar that can be given the grade Pass or failed. The oral presentation is assessed vis-à-vis in advance set criteria for passed level
2. writing minor essay around basic concepts within pedagogy.

For Passed on the part is required passed on examining preparing seminar and Accepted minor essay and active participation in all other compulsory activities according to instructions given in course schedule.

*Part 2* The part of the course is examined through

1. analysis, presentation, critical review of a clinical case regarding diagnostics and assessment, assessment instrument and treatment. Presentation and critical review are conducted orally in groups. The grade Pass or Fail can be received
2. clinical role plays in which the student's ability to take medical history conduct diagnostic assessment and functional analysis be tested. These abilities are tested vis-à-vis in advance set criteria for passed level. The grade Pass or Fail can be received
3. take-home examination regarding ethics and law of relevance for psychological treatment. The grade Pass or Fail can be received
4. take-home examination regarding the function of supervision in psychological treatment. The grade Pass or Fail can be received
5. writing medical records based on a video-recorded clinical case. The grade Pass or Fail can be received

For Passed on the part is required passed on the examinations 1-5 above and active participation in all other compulsory activities according to instructions given in timetable. Certain compulsory elements can include study visit.

*Course grade* To pass the entire course is required passed on part 1 and 2 and active participation in all, other compulsory activities.

Students who do not pass a regular examination are entitled to re-sit the examination on five more occasions. If the student has carried out six failed tests, additional examination opportunity will not be granted. Each occasion the student participates in the same test counts as an examination. Submission of a blank exam paper is regarded as an examination. Examination session to which the student registered but did not participate does not count as a examination session.

## Transitional provisions

The transition rules follow KI's local guidelines for examination.

## Other directives

Course evaluation based on the expected learning outcomes of the syllabus takes place in accordance with KI's local guidelines. Results and possible actions are communicated to the students in the course web page.

## Literature and other teaching aids

*Farmer, Richard F.; Chapman, Alexander L.q (Alexander Lawrence)*

**Behavioral interventions in cognitive behavior therapy : practical guidance for putting theory into action**

Washington, DC : American Psychological Association, 2008 - 341 s.

ISBN:1--43380241-4 LIBRIS-ID:10664333

[Library search](#)

**KBT inom psykiatri**

*Öst, Lars-Göran*

2. rev. & utökade utgåvan : Stockholm : Natur & Kultur, 2013 - 424 s.

ISBN:9789127135604 (inb.) LIBRIS-ID:14291372

[Library search](#)

*Lindqvist Grinde, Janne*

**Klassisk retorik för vår tid**

1. uppl. : Lund : Studentlitteratur, 2008 - 373 s.

ISBN:9789144047881 (inb.) LIBRIS-ID:10953093

[Library search](#)

*Anholt, Robert Rene Henri*

**Dazzle 'em with style : the art of oral scientific presentation**

2. ed. : Burlington : Elsevier, 2006 - 171 s.

ISBN:0-12-369452-3 LIBRIS-ID:10035541

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