



**Karolinska
Institutet**

Course syllabus for

Clinical methods in psychology, 6 credits

Klinisk metod inom psykologiområdet, 6 hp

This course syllabus is valid from spring 2020.

Please note that the course syllabus is available in the following versions:

[Spring2011](#) , [Spring2012](#) , [Spring2013](#) , [Spring2014](#) , [Spring2015](#) , [Spring2020](#) , [Spring2021](#) , [Spring2022](#) , [Spring2025](#)

Course code	2PS021
Course name	Clinical methods in psychology
Credits	6 credits
Form of Education	Higher Education, study regulation 2007
Main field of study	Psychology
Level	AV - Second cycle
Grading scale	Pass, Fail
Department	Department of Clinical Neuroscience
Decided by	Programnämnd 8
Decision date	2010-11-25
Revised by	Education committee CNS
Last revision	2019-10-23
Course syllabus valid from	Spring 2020

Specific entry requirements

For admission to this course, students must have no more than 15 credits remaining from the previous term, and no credits remaining from any terms preceding this.

Objectives

Part 1 The student is expected after completed part to

- be able to prepare and communicate a psykoeducational message that is communicated to laymen
- be able to account for and use basic concepts within teaching and learning and rhetoric

Part 2 The student is expected after completed part to

- in a professional way be able to carry out an assessment before psychological treatment which includes to be able to take medical history, make a functional analysis and make psychiatric diagnostic assessment
- be able to account for and apply legal regulations relevant to psychological treatment

- be able to account for and apply ethical principles central for psychological treatment, including consideration of the human rights and men's violence against women
- be able to account for what is included in and write medical record
- be able to account for the set-up of client work under supervision at the Study Programme in Psychology and account for the function of the supervision and which responsibility supervisor or student has under the supervision

Content

The course contains the following two (2) parts:

Pedagogy - education and supervision, 1.5 hp

Grading scale: GU

In part 1, the student may take part of theory of teaching and learning and rhetoric. The student shall prepare a psychoeducational effort that should be given individually in the form of oral presentation. The psychoeducational effort is presented in full on an examining seminar, where the students are given detailed feedback on the effort. Further, the student shall write a PM discussing applications of pedagogical concepts.

Psychological treatment: treatment planning, 4.5 hp

Grading scale: GU

In part 2, earlier acquired knowledge in clinical psychology that is relevant is summarised and integrated to start individual client work. This part of the course provides the student knowledge of the assessment procedures that are required for the course in psychological treatment for example through information about/repetition about forms, screening instrument, psychiatric assessment and functional analysis. Focus is on implementation of medical history taking, functional analysis and psychiatric assessment, and ability to build a good alliance with the patient during the first part of the client work. During this part of the course, the student also obtains knowledge of central generic parts in psychological treatment, which includes to be able to apply laws and rules ethical guidelines at to for example medical records keeping. The students obtain knowledge of aim of supervision at psychological treatment and which responsibility supervisor and student has. This part of the course also include knowledge about men's violence against women.

Teaching methods

The teaching consists of teacher-supervised lectures, films and discussion and practice seminars, with role plays and reflections. Further, the teaching of meeting in a supervisory group with a licensed psychologist is constituted, and auscultation on the treatment unit where the client work can be carried out. On both part 1 and 2, all seminars and lectures are compulsory to participate on.

Examination

Part 1

The part of the course is examined through

1. oral presentation of a psychoeducational message on examining seminar that can be given the grade Pass or failed. The oral presentation is assessed vis-à-vis in advance set criteria for passed level.
2. writing minor essay around basic concepts within pedagogy.

For Passed on the part is required passed on examining seminar and Accepted minor essay and active participation in all other compulsory activities according to instructions given in course schedule.

Part 2

The part of the course is examined through

1. two clinical roleplays in which the student's ability to conduct diagnostic assessment and functional analysis are tested. These abilities are tested vis-à-vis in advance set criteria for passed level. The grade Pass or Fail can be received.
2. take-home examination regarding different aspects of ethics and law of relevance for psychological treatment. The grade Pass or Fail can be received.
3. writing medical records based on a video-recorded clinical case. The grade Pass or Fail can be received.

For Passed on the part is required passed on all the examinations, and active participation in all other compulsory activities according to instructions given in timetable. Certain compulsory elements can include study visit.

Course grade To pass the entire course is required passed on part 1 and 2, including active participation in all compulsory activities.

Absence from compulsory course elements

The examiner decides whether, and if so how, absence from compulsory course elements can be made up for. Study results cannot be reported until the student has participated in compulsory course elements or compensated for any absence in accordance with instructions from the examiner. Absence from a compulsory course element could mean that the student can not retake the element until the next time the course is offered.

Limitation in the number of examinations

Students who do not pass a regular examination are entitled to re-sit the examination on five more occasions. If the student has carried out six failed tests, additional examination opportunity will not be granted. Each occasion the student participates in the same test counts as an examination. Submission of a blank exam paper is regarded as an examination. Examination session to which the student registered but did not participate does not count as an examination session.

Possibility of exception from the course syllabus' regulations on the examination

If there are special grounds, or a need for adaptation for a student with a disability, the examiner may decide to deviate from the syllabus' regulations on the examination form, the number of examination opportunities, the possibility of supplementation or exemptions from the compulsory section/s of the course etc. Content and learning outcomes as well as the level of expected skills, knowledge and attitudes may not be changed, removed or reduced.

Transitional provisions

The transition rules follow KI's local guidelines.

Other directives

Course evaluation takes place in accordance with KI's local guidelines. Results and possible actions are communicated to the students in the course web page.

Literature and other teaching aids

Farmer, Richard F.; Chapman, Alexander L.q (Alexander Lawrence)

Behavioral interventions in cognitive behavior therapy : practical guidance for putting theory into action

Washington, DC : American Psychological Association, 2008 - 341 s.

ISBN:1--43380241-4 LIBRIS-ID:10664333

[Library search](#)

KBT inom psykiatrin

Öst, Lars-Göran

2. rev. & utökade utgåvan : Stockholm : Natur & Kultur, 2013 - 424 s.

ISBN:9789127135604 (inb.) LIBRIS-ID:14291372

[Library search](#)

Lindqvist Grinde, Janne

Klassisk retorik för vår tid

1. uppl. : Lund : Studentlitteratur, 2008 - 373 s.

ISBN:9789144047881 (inb.) LIBRIS-ID:10953093

[Library search](#)

Anholt, Robert Rene Henri

Dazzle 'em with style : the art of oral scientific presentation

2. ed. : Burlington : Elsevier, 2006 - 171 s.

ISBN:0-12-369452-3 LIBRIS-ID:10035541

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