



**Karolinska
Institutet**

Course syllabus for

Psychiatric diagnostics and theory specific assessment 2 - cognitive behavioural therapy, 2 credits

Psykiatrisk diagnostik och inriktningsspecifik bedömning 2 - kognitiv beteendeterapi, 2 hp

This course has been cancelled, for further information see Transitional provisions in the last version of the syllabus.

Course code	2PT034
Course name	Psychiatric diagnostics and theory specific assessment 2 - cognitive behavioural therapy
Credits	2 credits
Form of Education	Higher Education, study regulation 2007
Main field of study	Psychotherapy
Level	AV - Second cycle
Grading scale	Pass, Fail
Department	Department of Clinical Neuroscience
Decided by	Programnämnden för Psykoterapeutprogrammet
Decision date	2008-10-28
Revised by	Education committee CNS
Last revision	2018-02-21
Course syllabus valid from	Spring 2009

Specific entry requirements

For admission to the course, at least the Pass grade is required in the course Psychiatric diagnostics and specialised assessment 1.

Objectives

Knowledge and understanding

- account for psychiatric diagnostic methods such as DSM IV, and how they are structured
- account for current knowledge of phenomenology, aetiology, processes and epidemiology of certain psychiatric syndromes
- account for some findings within the evolutionary psychology at a general level
- account for some findings within neuropsychology/neuroscience at a general level

Skills and abilities

- use different diagnostic instruments for diagnosis of mental disorders in some patient groups

- use the most common diagnosis system within psychiatry in communication with other professional groups
 - be able to establish functional behavioural analyses based on learning psychological principles
- Values and attitudes
- relate knowledge of developmental psychology to a certain psychopathology.
 - explain, and take a position to the usability of a development psychopathological perspective in relation to the current cognitive behaviour therapy in some disease groups
 - discuss and assess different conceptualisation models of psychological problems

Content

- diagnostic aids/manuals
- psychopathology: phenomenology, aetiology, processes and epidemiology, and its relation to psychotherapy
- neuropsychology and its relation to psychotherapy
- evolutionary psychology
- developmental psychology and developmental psychopathology
- conceptualisation of psychological problems of learning psychology

Teaching methods

The teaching is given as lectures, clinical demonstrations of different diagnostic aids and group exercises with elements of practical proficiency training.

Examination

Examination may take place individually or in groups in the form of oral and written examinations and practical proficiency tests, e.g. video recordings of diagnostic interviews.

For a failed grade, 5 more examination opportunities are given.

All the teaching is compulsory. In case of absence of no more than 20%, the student should be given a complementary assignment for the lecture that the student has been absent from. At an absence of more than 20% during the course, it can not be approved. Students who have not achieved a Pass grade due to too high absence will have an opportunity to make up for this part in the next course.

Transitional provisions

The course has been cancelled

Other directives

Course evaluation will be carried out in accordance with the guidelines established by the Board of Education.

The student should submit a certificate from the employer to certify that he/she has, in the current semester, been working part-time in psychiatric care, or the equivalent.

Literature and other teaching aids

Case formulation in cognitive behaviour therapy : The treatment of challenging and complex cases

Tarrier, Nicholas

New York, N.Y. : Routledge, 2006 - 382 s.

ISBN:978-1-58391-840-1 (inb.) LIBRIS-ID:10163007

[Library search](#)

Eikeseth, Svein ed; Svardal, Frode ed; Torhell, Sven-Erik

Tillämpad beteendeanalys

Lund : Studentlitteratur, 2007 - 536 s.

ISBN:978-91-44-04310-4 LIBRIS-ID:10113263

[Library search](#)

Haynes, Stephen N. ed; Heiby, Elaine M.ed; Hersen, Michel ed in chief

Comprehensive handbook of psychological assessmentn Vol. 3 Behavioral assessment

Hoboken, N.J. : John Wiley & Sons, cop. 2004 - xii, 531 s.

ISBN:0-471-41610-X (hela verket) LIBRIS-ID:9959323

[Library search](#)

Handbok : SCID-I och SCID-II för DSM-IV

First, Michael B.

Danderyd : Pilgrim press, 1999 - [8], 240, [4] s.

ISBN:91-973050-7-3 (inb.) ; 340:00 LIBRIS-ID:7798902

[Library search](#)

Diagnostic and statistical manual of mental disorders : DSM-IV-TR

4. ed. /b text revision : Washington, DC : American Psychiatric Association, Association,c 2000 - xxxvii, 943 s.

ISBN:0-89042-024-6 (inb.) LIBRIS-ID:8323087

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