



**Karolinska
Institutet**

Course syllabus for

Scientific Theory, Research and Evaluation Methods in Psychotherapy 1, 1 credits

Vetenskapsteori, forsknings- och utvärderingsmetoder i psykoterapi 1, 1 hp

This course has been cancelled, for further information see Transitional provisions in the last version of the syllabus.

Please note that the course syllabus is available in the following versions:

Autumn2011 , [Autumn2012](#) , [Autumn2015](#)

Course code	2PT079
Course name	Scientific Theory, Research and Evaluation Methods in Psychotherapy 1
Credits	1 credits
Form of Education	Higher Education, study regulation 2007
Main field of study	Psychotherapy
Level	AV - Second cycle
Grading scale	Pass, Fail
Department	Department of Clinical Neuroscience
Decided by	Programnämnd 8
Decision date	2011-05-13
Course syllabus valid from	Autumn 2011

Specific entry requirements

- Passed a Master of Science in Psychology (in accordance with the 1982 curriculum or later provisions), or - a University Medical Degree specialising in psychiatry or child and adolescent psychiatry, or - a Bachelor of Science in Social Work, or - another equivalent degree (bachelors degree/vocational degree) worth at least 180 higher education credits For the last two groups, basic psychotherapy education or equivalent is also required. The applicant must have been employed for at least two years following the undergraduate psychotherapy training, and during these two years must have worked in psychotherapy under the supervision of a qualified psychotherapist. The applicant must have, with in the basic psychotherapeutic education or otherwise, participated in at least 20 hours of own psychotherapy or self directed experience with a qualified psychotherapist. The applicant must have employer certification to demonstrate that, while studying, the applicant will work part-time dealing with psychotherapeutic duties within psychiatric care or equivalent duties. In addition, knowledge in Swedish and English equivalent to courses Swedish B and English A (with at least grade Passed) is compulsory.

Objectives

Knowledge and understanding On completion of the course, students will be able to: - account for the concept scientist-practitioner - account for different epistemological perspectives influencing the debate in psychotherapy research on evidences Skills and abilities On completion of the course, students will be able to: - reflect on consequences of the concept scientist-practitioner on own practice as a treatment provider Evaluations and attitudes On completion of the course, students will be able to: - reflect on the value of scientific methods and scientific knowledge acquisition

Content

The theory of science theory and current research debate

Teaching methods

The teaching is given as seminars, lectures and group exercises.

Examination

Written examination. For a failed grade, 5 more examination opportunities are given. All the teaching is compulsory. In case of absence of no more than 20%, the student should be given a complementary assignment for the lecture that the student has been absent from. At an absence of more than 20% during the course, it can not be approved. Students who have not achieved a Pass grade due to too high absence will have an opportunity to make up for this part in the next course.

Transitional provisions

Regulation of Course Changes Examination will be provided during one year after a close-down of the course or a new syllabus.

Other directives

Course evaluation will be carried out in accordance with the guidelines established by the Board of Education.

Literature and other teaching aids

Kazdin, Alan E. (ed)

Methodological issues & strategies in clinical research

3rd ed. : Washington, DC : American Psychological Association, c2003. - xix, 913 p.

ISBN:1-55798-958-3 LIBRIS-ID:9326851

[Library search](#)

Evidence-based practices in mental health : debate and dialogue on the fundamental questions

Norcross, John C.; Beutler, Larry E.; Levant, Ronald F.

Washington, D.C. : American Psychological Association, 2006 - 435 s.

ISBN:1-59147-310-1 LIBRIS-ID:10196823

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