



**Karolinska  
Institutet**

Course syllabus for

# **Scientific Theory, Research and Evaluation Methods in Psychotherapy 2, 5 credits**

Vetenskapsteori, forsknings- och utvärderingsmetoder i psykoterapi 2, 5 hp

This course has been cancelled, for further information see Transitional provisions in the last version of the syllabus.

Please note that the course syllabus is available in the following versions:

Spring2012 , Spring2013 , Spring2014 , Spring2015 , Autumn2015

Course code	2PT082
Course name	Scientific Theory, Research and Evaluation Methods in Psychotherapy 2
Credits	5 credits
Form of Education	Higher Education, study regulation 2007
Main field of study	Psychotherapy
Level	AV - Second cycle
Grading scale	Pass, Fail
Department	Department of Clinical Neuroscience
Decided by	Programnämnd 8
Decision date	2011-12-08
Revised by	Programme Committee 8
Last revision	2014-11-07
Course syllabus valid from	Spring 2015

## **Specific entry requirements**

Passing the previous term's "Vetenskapsteori, forsknings- och utvärderingsmetoder i psykoterapi 1" ("Scientific Theory, Research and Evaluation Methods in Psychotherapy 1") course is a prerequisite for participation in this course.

## **Objectives**

Knowledge and understanding

- describe different designs for psychotherapy research
- describe quantitative and qualitative methods for psychotherapy research
- describe the research process, from idea to report

Skills and abilities

- account for and reflect on findings from national and international psychotherapy research
- be able to problematise whether an issue within the field can be investigated in a scientific manner

### Evaluations and attitudes

- account for ethical guidelines for research within the field of psychotherapy

## Content

- the various stages of the research process, from idea to completed report
- the choices faced by the researcher at various stages of the research process, and the different consequences of these choices
- methods for establishing certainty in measurements and opportunities for generalisation
- ethical guidelines for research and development work

## Teaching methods

Teaching takes place in the form of seminars, lectures and group exercises.

## Examination

The course is examined in the form of written answers to tasks presented at seminars in addition to active participation in examining seminars.

All teaching is mandatory. In the event of absence of no more than 20%, students will be given substitute tasks for those instances of teaching that they have missed. In the event of more than 20% absence, the course cannot be passed. Students who have not achieved a pass grade due to levels of absence can take the module again the next time the course is given.

## Transitional provisions

An examination will be made available for a period of one year in the event of the course being discontinued or a new course syllabus being introduced.

## Other directives

Course evaluation will be carried out in accordance with the guidelines established by the Board of Higher Education.

## Literature and other teaching aids

### **Research methods in clinical psychology : an introduction for students and practitioners**

*Barker, Chris; Pistrang, Nancy; Elliott, Robert; Barker, Chris*

2nd ed. : New York : J. Wiley, 2002 - 284 s.

ISBN:0-471-49087-3 (hbk) LIBRIS-ID:8648141

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### **Utvärdering av metoder i hälso- och sjukvården : en handbok**

Stockholm : Statens beredning för medicinsk utvärdering (SBU), 2013 - 164 s.

ISBN:9789185413553 (tryck) LIBRIS-ID:14171787

URL: [Länk](#)

[Library search](#)

**Evidence-based practices in mental health : debate and dialogue on the fundamental questions**

*Norcross, John C.; Beutler, Larry E.; Levant, Ronald F.*

Washington, D.C. : American Psychological Association, 2006 - 435 s.

ISBN:1-59147-310-1 LIBRIS-ID:10196823

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