



**Karolinska
Institutet**

Course syllabus for

Self directed Experience/Therapeutic Skills 1- Cognitive Behavioural Therapy, 1 credits

Egen psykoterapi/utbildningsterapi 1-kognitiv beteendeterapi, 1 hp

This course has been cancelled, for further information see Transitional provisions in the last version of the syllabus.

Please note that the course syllabus is available in the following versions:

[Autumn2012](#) , [Autumn2014](#) , Autumn2015

Course code	2PT096
Course name	Self directed Experience/Therapeutic Skills 1- Cognitive Behavioural Therapy
Credits	1 credits
Form of Education	Higher Education, study regulation 2007
Main field of study	Psychotherapy
Level	AV - Second cycle
Grading scale	Pass, Fail
Department	Department of Clinical Neuroscience
Decided by	Programnämnd 8
Decision date	2012-05-08
Revised by	Education committee CNS
Last revision	2021-05-04
Course syllabus valid from	Autumn 2015

This course syllabus is not available in English.