



**Karolinska  
Institutet**

Course syllabus for

# **Psychotherapeutic Theories and Methods 1, 8 credits**

Psykoterapeutiska teorier och metoder 1, 8 hp

This course syllabus is valid from autumn 2023.

Please note that the course syllabus is available in the following versions:

[Autumn2016](#) , [Autumn2017](#) , [Autumn2018](#) , [Autumn2019](#) , [Autumn2020](#) , [Autumn2021](#) , [Autumn2022](#) , [Autumn2023](#) , [Autumn2024](#)

Course code	2PT115
Course name	Psychotherapeutic Theories and Methods 1
Credits	8 credits
Form of Education	Higher Education, study regulation 2007
Main field of study	Psychotherapy
Level	AV - Second cycle
Grading scale	Pass, Fail
Department	Department of Clinical Neuroscience
Decided by	Utbildningsnämnden CNS
Decision date	2016-05-04
Revised by	Education committee CNS
Last revision	2023-02-28
Course syllabus valid from	Autumn 2023

This course syllabus is not available in English.