



**Karolinska  
Institutet**

Course syllabus for

# **Introduction Course 1 - Orientation Cognitive Behavioural Therapy, 4 credits**

Inriktningsspecifik introduktionskurs 1 - kognitiv beteendeterapi, 4 hp

This course syllabus is valid from autumn 2023.

Please note that the course syllabus is available in the following versions:

[Autumn2017](#) , [Autumn2020](#) , [Autumn2022](#) , [Autumn2023](#) , [Autumn2024](#)

Course code	2PT117
Course name	Introduction Course 1 - Orientation Cognitive Behavioural Therapy
Credits	4 credits
Form of Education	Higher Education, study regulation 2007
Main field of study	Psychotherapy
Level	AV - Second cycle
Grading scale	Pass, Fail
Department	Department of Clinical Neuroscience
Decided by	Utbildningsnämnden CNS
Decision date	2017-05-10
Revised by	Education committee CNS
Last revision	2023-03-16
Course syllabus valid from	Autumn 2023

This course syllabus is not available in English.