



**Karolinska  
Institutet**

Course syllabus for

## **Specialization Course 2 - Cognitive Behavioural Therapy, 2.5 credits**

Inriktningsspecifik fördjupningskurs 2 - kognitiv beteendeterapi, 2.5 hp

This course syllabus is valid from autumn 2022.

Please note that the course syllabus is available in the following versions:

[Autumn2018](#) , [Autumn2022](#) , [Autumn2023](#) , [Autumn2024](#)

|                            |   |
|----------------------------|---|
| Course code                | 2PT137  |
| Course name                | Specialization Course 2 - Cognitive Behavioural Therapy |
| Credits                    | 2.5 credits   |
| Form of Education          | Higher Education, study regulation 2007                 |
| Main field of study        | Psychotherapy   |
| Level                      | AV - Second cycle                                       |
| Grading scale              | Fail (U) or pass (G)                                    |
| Department                 | Department of Clinical Neuroscience                     |
| Decided by                 | Education committee CNS                                 |
| Decision date              | 2018-03-28  |
| Revised by                 | Education committee CNS                                 |
| Last revision              | 2022-03-11  |
| Course syllabus valid from | Autumn 2022   |

This course syllabus is not available in English.