



**Karolinska  
Institutet**

Course syllabus for

# **Sexual and Reproductive Health in a Global Perspective, 7.5 credits**

Sexuell och reproduktiv hälsa i ett globalt perspektiv, 7.5 hp

This course has been cancelled, for further information see Transitional provisions in the last version of the syllabus.

Please note that the course syllabus is available in the following versions:

Autumn2010 , Autumn2011

Course code	2QA129
Course name	Sexual and Reproductive Health in a Global Perspective
Credits	7.5 credits
Form of Education	Higher Education, study regulation 2007
Main field of study	Sexual, Reproductive and Perinatal Health
Level	Second cycle, has only first-cycle course/s as entry requirements
Grading scale	Pass with distinction, Pass, Fail
Department	Department of Women's and Children's Health
Participating institutions	<ul style="list-style-type: none"><li>• Department of Global Public Health</li></ul>
Decided by	Styrelsen för utbildning
Decision date	2010-03-22
Revised by	Board of Higher Education
Last revision	2017-05-02
Course syllabus valid from	Autumn 2011

## **Specific entry requirements**

A Bachelor's degree or a professional degree equivalent to a Swedish Bachelor's degree of at least 180 credits in healthcare, medicine, public health science or other relevant social sciences subject area. Alternatively 210 credits from the Study Programme in Medicine or a degree in midwifery equivalent to a Swedish degree in midwifery.

Proficiency in the English language should be documented by an internationally recognized test such as TOEFL: internet based (iBT) with a total score of at least 90 and minimum score of 20 on written test; paper based (PBT) with a total score of at least 575, and minimum score 4.5 on written test; or IELTS (academic) with an overall mark of at least 6.5 and no band less than 6.0; or other documentation that according to regulations certifies the equivalence of English B at Swedish upper secondary school.

## **Objectives**

### Knowledge and understanding

The objective of the course is that the student will

- \* gain knowledge about reproductive health in an international perspective and be familiar with the Millenium goals developed by the United Nations (UN), focusing on maternal and infant health within a gender perspective
- \* be able to understand the strategies that UN has identified as important to reaching the Millenium goals and declarations that were accepted in combination with the term Safe Motherhood and the demographic conference in Cairo and the Women Conference in Peking.
- \* understand how political and economic decisions and conditions in health care services influence young children as well as adult potential for good health
- \* have knowledge about sexual development during adolescence as well as legal and illegal abortion from a global perspective
- \* have knowledge about birth control and its consequences for reproductive health
- \* have knowledge about reproductive rights; differences and similarities between low and high income countries; sexually transmitted infections (STI) including HIV and their consequences from an international perspective
- \* understand how mental illness relates to reproduction and sexuality
- \* understand how sexualized violence affects women's lives and life situations

### Skills and abilities

The objective of the course is that the student will

- \* collaborate in a team working with adolescent sexuality and reproductive health
- \* develop guidelines to advise about birth control
- \* develop guidelines for having discussion with women about abortion and follow-up
- \* acknowledge and respond to questions that arise in relation to mental illness and reproduction and sexuality
- \* collaborate in treatment to women who have been the victims of sexualized violence, and work to prevent the spread of sexually transmitted infections

### Judgement and approach

The objective of the course is that the student will

- \* evaluate programs and methods that decrease maternal- and child mortality in a global perspective as well as work to decrease gender inequalities that influence decision-making and deny certain parts of the population access to health care
- \* develop a professional and ethical demeanor regarding questions of sexuality and reproduction and reflect over inequality in regard to health care and medical treatment across the world

## Content

\* Millennium goals focusing on the goals 3-5 from the Kairo and Peking conferences on Women's Health:

3.To promote gender equality and empower women

4.Reduce child mortality

5.Improve maternal heath

\*The Cairo an Peking conferenses and Reproductive rights

\* "Safe motherhood"

\* Adolescence, sexuality and reproductive health

\* Fertility control in a global perspective: birth control methods, legal and illegal induced abortions

\* Fertility through the life course

\* Childlessness

\* Sexualized violence

\* Mental illness related to reproduction and sexuality

\* Differences and similarities between low and high income countries

- \* Gender aspects of reproductive health
- \* Sexually transmitted infections(STI)including HIV
- \* Ethical and legal aspects

## Teaching methods

Lectures and problem based seminars comprise the major pedagogy, which will incorporate strong student interaction. Students are expected to attend lectures and participate in seminars actively.

## Examination

A final exam will be comprised of an individual paper with a relevant topic based on a literature review and presented in a final seminar for course colleagues and faculty.

Compulsory attendance: A minimum of 80 % of attendance is required for pass.

## Transitional provisions

The course has been **cancelled** and was offered for the last time in the spring semester of 2012. Examination will be provided until the spring of 2018 for students who have not completed the course.

## Literature and other teaching aids

### **Handbook of family planning and reproductive healthcare**

*Glasier, Anna; Gebbie, Ailsa*

4. ed. : London : Churchill Livingstone, 2000 - xii, 441 s.

ISBN:0-443-06450-4 (hft.) LIBRIS-ID:4944051

[Library search](#)

### **Inducerad abort**

2006

### **Global Health : an introductory textbook**

*Lindstrand, Ann*

Lund : Studentlitteratur, 2006 - 327 s.

ISBN:91-44-02198-4 LIBRIS-ID:9987549

[Library search](#)

### **Reproductive Health Indicators : Guidelines for their generation, interpretation and analysis for global monitoring**

Geneva : WHO Press, WHO Library Cataloguing-in-Publication Data, 2006 - 63

ISBN:92 4 156315 X

[Library search](#)

### **Sveriges internationella politik för sexuell och reproduktiv hälsa och rättigheter**

Stockholm : Regeringskansliet, 2006 - 30 s.

ISBN:91-7496-370-8 LIBRIS-ID:10187899

[Library search](#)

### **Unsafe abortion: the preventable pandemic**

*Grimes, David; Benson, Janie; Singh, Susheela; Romero, Mariana; Ganatra, Bela; Okonofua, Friday; Shah, Iqbal*

The Lancet, Sexual and Reproductive Health Series, 2006 okt - 13

URL: <http://www.thelancet.com/collections/series/srh>