



**Karolinska
Institutet**

Course syllabus for

Grief Counseling, 7.5 credits

Att möta och arbeta med sorg, 7.5 hp

This course has been cancelled, for further information see Transitional provisions in the last version of the syllabus.

Please note that the course syllabus is available in the following versions:

Autumn2011 , Autumn2012 , Autumn2014 , Autumn2015

Course code	2QA206
Course name	Grief Counseling
Credits	7.5 credits
Form of Education	Higher Education, study regulation 2007
Main field of study	Not applicable
Level	Second cycle, in-depth level of the course cannot be classified
Grading scale	Pass, Fail
Department	Department of Clinical Neuroscience
Decided by	Styrelsen för utbildning
Decision date	2011-03-04
Revised by	Education committee CNS
Last revision	2024-09-25
Course syllabus valid from	Autumn 2015

Specific entry requirements

A Bachelor's degree or a professional degree of at least 120 credits is required in healthcare or medicine or a Bachelor of Science in Social Work. Alternatively a completed education to clergyman. In addition the applicant needs to work in fields where he/she meets persons in grief. And proficiency in Swedish and English equivalent to Swedish B/Swedish 3 and English A/English 6.

Objectives

The student should on completion of the course

- be able to reflect over and apply theories of mourning processes at his treatment of grieving persons
- be able to assess when professional treatment can be necessary
- be able to reflect over and evaluate how gender and cross-cultural perspectives influence mourning processes

Content

The course deals with the following aspects on the field of bereavement work

- Theorising and current research on process of mourning
- Understanding boundaries between normal and pathological grief
- Different treatment models for grief counseling
- Grief from a cross-cultural perspective
- Grief and life philosophy
- Adults and Grief
- Children and Grief

Teaching methods

The course is based on a problem-oriented and collaborative view on learning. Lectures and seminars are included. Literature studies and clinical cases are starting point for seminar discussions.

Examination

The written examination is a home assignment. The oral study assignments are in the form of examining seminars where preparation is required in the form of literature studies and discussion questions. If a student fails, or is absent from, the oral examination, a written assignment will be made.

Transitional provisions

The course has been cancelled and was offered for the last time in the fall semester of 2015.

Other directives

The course is partly based on 1QA066 and can therefore not be used in the same higher education qualification.

Language of instruction: Swedish.

Literature and other teaching aids

Björklund, Lars; Gyllenswärd, Göran

Vägar i sorgen

1. uppl. : Stockholm : Natur och Kultur, 2009 - 123 s.
ISBN:978-91-27-11667-2 (inb.) LIBRIS-ID:10919496

[Library search](#)

Dyregrov, Atle

Sorg hos barn : en handledning för vuxna

Nilsson, Björn

2., [rev.] uppl. : Lund : Studentlitteratur, 2007 - 155 s.
ISBN:978-91-44-02993-1 LIBRIS-ID:10470590

[Library search](#)

Lennéer-Axelsson, Barbro

Förluster : om sorg och livsomställning

1. uppl. : Stockholm : Natur & Kultur, 2010 - 336 s.
ISBN:978-91-27-11889-8 LIBRIS-ID:11269065

[Library search](#)

Worden, J. William (James William)

Grief counseling and grief therapy : a handbook for the mental health practitioner

4th ed. : New York : Springer Publishing Co., c2009. - xiv, 314 p.

ISBN:978-0-8261-0120-4 LIBRIS-ID:11727822

[Library search](#)