



**Karolinska  
Institutet**

Course syllabus for

# **Autonomic and Emotional Regulation in Stress Related Disorders - Theory and Practice, 7.5 credits**

Autonom och emotionell reglering vid stressrelaterade tillstånd - teori och praktisk tillämpning, 7.5 hp  
This course syllabus is valid from autumn 2021.

Please note that the course syllabus is available in the following versions:

Autumn2017 , Autumn2021 , Autumn2022 , Autumn2023 , Spring2025

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|----------------------------|--|
| Course code                | 2QA269   |
| Course name                | Autonomic and Emotional Regulation in Stress Related Disorders - Theory and Practice |
| Credits                    | 7.5 credits  |
| Form of Education          | Higher Education, study regulation 2007  |
| Main field of study        | Not applicable   |
| Level                      | Second cycle, in-depth level of the course cannot be classified                      |
| Grading scale              | Pass, Fail   |
| Department                 | Department of Neurobiology, Care Sciences and Society                                |
| Decided by                 | Utbildningsnämnden NVS   |
| Decision date              | 2016-12-22   |
| Revised by                 | Education committee NVS  |
| Last revision              | 2021-03-10   |
| Course syllabus valid from | Autumn 2021  |

This course syllabus is not available in English.