



**Karolinska  
Institutet**

Course syllabus for

# **Autonomic and Emotional Regulation in Stress Related Disorders - Theory and Practice, 7.5 credits**

Autonom och emotionell reglering vid stressrelaterade tillstånd - teori och praktisk tillämpning, 7.5 hp  
This course syllabus is valid from spring 2025.

Please note that the course syllabus is available in the following versions:  
[Autumn2017](#) , [Autumn2021](#) , [Autumn2022](#) , [Autumn2023](#) , [Spring2025](#)

Course code	2QA269
Course name	Autonomic and Emotional Regulation in Stress Related Disorders - Theory and Practice
Credits	7.5 credits
Form of Education	Higher Education, study regulation 2007
Main field of study	Not applicable
Level	Second cycle, in-depth level of the course cannot be classified
Grading scale	Pass, Fail
Department	Department of Neurobiology, Care Sciences and Society
Decided by	Utbildningsnämnden NVS
Decision date	2016-12-22
Revised by	Education committee NVS
Last revision	2024-09-20
Course syllabus valid from	Spring 2025

This course syllabus is not available in English.