



**Karolinska  
Institutet**

Course syllabus for

# **Nursing care and treatment of patients with ulcers, 7.5 credits**

Sår och sårbehandling, 7.5 hp

This course has been cancelled, for further information see Transitional provisions in the last version of the syllabus.

Please note that the course syllabus is available in the following versions:

Autumn2011 , Autumn2012

Course code	2SP026
Course name	Nursing care and treatment of patients with ulcers
Credits	7.5 credits
Form of Education	Higher Education, study regulation 2007
Main field of study	Nursing
Level	AV - Second cycle
Grading scale	Pass with distinction, Pass, Fail
Department	Department of Neurobiology, Care Sciences and Society
Decided by	Programnämnd 9
Decision date	2011-03-31
Revised by	Programnämnd 9
Last revision	2011-09-13
Course syllabus valid from	Autumn 2011

## **Specific entry requirements**

Professional qualification as a nurse certified by the National Board of Health and Welfare.

Alternatively, current enrollment at the Specialist Nursing Program for community health services at Karolinska Institutet.

## **Objectives**

The general aim of the course is for the student to deepen his/her knowledge and skills in the area of wound healing/wound treatment in acute and intractable wounds. On completion of the course, the student should be able to: - Understand and distinguish the phases of normal wound healing, and draw conclusions about the factors that affect these - Identify and reflect on healing inhibitory factors that affect wound healing - Explain risk factors and formation mechanisms of acute and intractable wounds - Reflect on and assess the effect of life quality and psychosocial aspects on healing progress in patients

with acute and intractable wounds - Identify and suggest preventive measures - Apply theoretical knowledge of formation mechanisms and wound status to be able to choose, analyse and document nursing therapy based on a holistic perspective of the patient.

## Content

The course covers: - Normal wound healing - Risk factors and origin - Formation mechanisms in acute and intractable wounds - Nursing measures in wound treatment - Hygienic principles in wound healing - Quality of life - psychosocial aspects on wounds and wound treatment - Documentation - Patient education and current research and development - Practical exercises with Doppler diagnostics and compression treatment

## Teaching methods

The course is conducted both as campus-based education and as distance education and the working methods are based on a problem-oriented and student-activating approach to learning. The working methods aim at an active knowledge acquisition, problem-solving, critical analysis and reflection. The working methods are lectures, group discussions, proficiency training and individual studies. The distance education is IT based and is based on individual and collaborative learning. Different working methods such as individual study assignments, work in groups and seminars, and lectures occur.

## Examination

The examination is based on learning outcomes and is carried out by an individual written presentation of a study assignment. All scheduled teaching is compulsory and requires the student's active participation for passing the course. In case of absence, it is student's duty to decide on supplementation together with the course director. A student without an approved result after three examinations can be offered to take the course once more. However, there are at most six examination opportunities for each course. Examination times are announced at the beginning of the course.

## Other directives

Course evaluation will be carried out in accordance with the guidelines established by the Board of Education.

## Literature and other teaching aids

*Ebbeskog, Britt*

### **Elderly patients with slow-healing leg ulcers : an embodied suffering**

Stockholm, c 2003 e (Stockholm : 2003 - 73 s.

ISBN:91-7349-492-5 LIBRIS-ID:8888888

URL: <http://diss.kib.ki.se/2003/91-7349-492-5/z/Abstract>

[Library search](#)

*Lindholm, Christina*

### **Sår**

*Lyons, Lena*

2., [helt omarb.] uppl. /b [illustrationer: Lena Lyons] : Lund : Studentlitteratur, 2003 - 278 s.

ISBN:91-44-04052-0 LIBRIS-ID:8740467

[Library search](#)

*Sjöberg, Folke; Östrup, Leif*

**Brännskador**

1. uppl. : Stockholm : Liber, 2002 - 233 s.

ISBN:91-47-05107-8 (korr.) (inb.) LIBRIS-ID:8406799

[Library search](#)

**Vensjukdomar**

*Norgren, Lars*

Lund : Studentlitteratur, 2004 - 303 s.

ISBN:91-44-02489-4 (inb.) LIBRIS-ID:9463828

[Library search](#)

**Sårbehandling 2011/2012 : katalog över sårprodukter**

*Grauers, Margareta; Lindholm, Christina*

5. uppl. : Stockholm : Gothia, 2011 - 285 s.

ISBN:978-91-7205-744-9 LIBRIS-ID:12086808

[Library search](#)

**Kvalitetsindikatorer inom omvårdnad**

*Idvall, Ewa*

5., [utök.] uppl. : Stockholm : Gothia :b Svensk sjuksköterskeförening, 2009 - 176 s.

ISBN:978-91-7205-644-2 LIBRIS-ID:11303017

[Library search](#)

*Baranoski, S; Ayello, E*

**Wound Care Essentials: practice principles**

London : Lippincott Williams&Wilkins, 2008 - 466 sid. Kan beställas från [www.foyles.co.uk](http://www.foyles.co.uk)