



**Karolinska  
Institutet**

Course syllabus for

# **Child Health, with Focus on Paediatric and Family-centred Care, 7.5 credits**

Barnhälsovård med inriktning mot pediatrik och familjecentrerad omvårdnad, 7.5 hp

This course syllabus is valid from autumn 2015.

Please note that the course syllabus is available in the following versions:

[Spring2013](#) , [Autumn2013](#) , [Spring2015](#) , [Autumn2015](#) , [Spring2016](#) , [Autumn2016](#) , [Spring2017](#) , [Autumn2017](#) , [Spring2018](#) , [Spring2019](#) , [Autumn2019](#)

Course code	2SP033
Course name	Child Health, with Focus on Paediatric and Family-centred Care
Credits	7.5 credits
Form of Education	Higher Education, study regulation 2007
Main field of study	Nursing
Level	AV - Second cycle
Grading scale	Pass, Fail
Department	Department of Women's and Children's Health
Decided by	Programnämnd 9
Decision date	2012-09-27
Revised by	Programme Committee 9
Last revision	2015-04-09
Course syllabus valid from	Autumn 2015

## **Specific entry requirements**

Professional qualification as a nurse certified by the National Board of Health and Welfare.  
Alternatively, current enrollment at the Specialist Nursing Program at Karolinska Institutet.

## **Objectives**

The general aims of the course are that the student should be able to apply and integrate knowledge in preventive and health promotion work within child health on completion of the course.

**On completion of the course, the student should be able to:**

*Knowledge and understanding*

- analyse and explain symptom and treatment at children within the child health,
- identify and analyse nursing needs at work from the child health BAS program,
- show knowledge and understanding about improvement -, development - and current research within the child health.

*Skills and abilities*

- show ability to notice and meet needs of learning among children family/close, and representatives for other occupational groups and activities,
- show ability to integrate the nursing process and family-oriented care in child health work by analysing assess argue too and handle complex phenomena, issues and situations also with restricted information,
- show ability to prioritise initiate, carry out investigation and follow up considering developmental stage, family situation, cultural background and gender,
- demonstrate scientific precision in analysis and written text.

*Judgement and approach*

- analyse and reflect around relevant scholarship and best practice, see its relationship and importance for the nurse practitioner within the child health,
- show ability, within the UN Child Convention and societal- and ethical aspects inherence of a holistic approach in child health care,
- demonstrate the ability to personal inventory relevant to professional practice, and stand up for the basic values child health services,
- show deeper understanding about laws, ordinances and national and local regulations that apply within the child health.

## Content

In the course, preventive concepts based on family-focused nursing within the family and child healthcare are studied. The course deals with the rights, resources and need in different developmental stages of children and living environments with the perspectives of the child as starting point, related to scholarship and research within the child health.

Also the prevention importance in the area be studied. Theories and models for communication and teaching be processed. The course also deals with cross-professional and cross-sectoral cooperation, current laws, ordinances and safety precautions and its application. In the course is observed both a diversity perspective and ethical issues. Further, leadership within the child health is treated.

## Teaching methods

The course is carried out as distance education with learning management system (PingPong) as basis. The course is based on a problem-oriented and student-activating view on the learning. Different working methods such as individual study assignments, discussions and seminars and lectures occur.

In-service training days with lectures/seminar is compulsory parts that occur in the course these are stated on the timetable or in the study guide. Compulsory study assignments and discussions are included, these should be carried out before the implementation of the final examination. The course coordinator decides whether, and if so how, absence from compulsory course elements can be made up. Study results cannot be reported until the student has participated in compulsory course elements or compensated for any absence in accordance with instructions from the course coordinator. Absence from a compulsory course element could mean that the student can not retake the element until the next time the course is offered.

## Examination

The course contains a final examination. It is carried out as an individual written submission based on patient cases.

Student who has not passed after regular examination session has the right to participate at further five examination sessions. If the student has carried out six failed examinations/tests no more examination session will be given.

As examination session, the times are counted the student participated in an and the same tests.

Examination session to which the student has registered but not participated in will not be counted as an examination session.

## Transitional provisions

Examination will be provided during a time of two years after a possible close-down of the course. Examination can be according to an earlier literature list during a time of one year after the date when a renewal of the literature list been made.

## Other directives

The course evaluation takes place according to guidelines established by the Board of education.

Language of instruction: Swedish.

## Literature and other teaching aids

*Ahlborg, Tone*

**Lust och samliv : att må bra i sin parrelation som nybliven förälder**

2. uppl. : Stockholm : Gothia, 2008 - 32 s.

ISBN:978-91-7205-598-8 LIBRIS-ID:10736257

[Library search](#)

*Albinsson, Eva*

**Pediatrik Ped.**

*Moëll, Christian; Gustafsson, Jan*

1. uppl. : Stockholm : Liber, 2011 - 598 s.

ISBN:978-91-47-09375-5 (inb.) LIBRIS-ID:12300521

[Library search](#)

**Anknytningsteori. Betydelsen av nära känslomässiga relationer.**

*Broberg, Anders; Granqvist, P; Ivarsson, T; Risholm-Motander, P*

Stockholm : Natur&Kultur, 2006

**Barnhälsovård : Att främja barns hälsa**

*Magnusson, Margaretha; Blenow, Margareta; Hagelin, Elisabet; Sundelin, Claes*

5 : Liber, 2009 - 285 s

**Barnmedicin**

*Hanséus, Katarina; Lagercrantz, Hugo; Lindberg, Tor*

4., [rev. och uppdaterade] uppl. : Lund : Studentlitteratur, 2012 - 674 s.

ISBN:978-91-44-07609-6 (inb.) LIBRIS-ID:12531935

[Library search](#)

*Bischofberger, Erwin*

**Barnet i vården**

1. uppl. : Stockholm : Liber, 2004 - 160 s.

ISBN:91-47-05200-7 LIBRIS-ID:9717973

[Library search](#)

**Familjen i ett omvårdnadsperspektiv**

*Kirkevold, Marit; Ekern, Karen Strømsnes; Ganuza Jonsson, Lillemor*

1. uppl. : Stockholm : Liber, 2003 - 304 s.  
ISBN:91-47-05137-X LIBRIS-ID:8847946

[Library search](#)

*Hallström, Inger; Lindberg, Tor*

### **Pediatrik omvårdnad**

Stockholm : Liber, 2009 - 356 s.  
ISBN:978-91-47-09327-4 (hft.) LIBRIS-ID:11445058

[Library search](#)

*Hindberg, Barbro*

### **Sårbara barn : att vara liten, misshandlad och försummad**

1. uppl. : Stockholm : Gothia, 2006 - 228 s.  
ISBN:91-7205-490-5 LIBRIS-ID:10150525

[Library search](#)

*Hwang, Philip; Nilsson, Björn*

### **Utvecklingspsykologi**

3., rev. utg. : Stockholm : Natur och kultur, 2011 - 376 s.  
ISBN:978-91-27-13074-6 (inb.) LIBRIS-ID:12148989

[Library search](#)

### **Hälsofrämjande arbete för barn och ungdomar**

*Bramhagen, Ann-Cathrine; Carlsson, Anna*

1. uppl. : Lund : Studentlitteratur, 2013 - 261 s.  
ISBN:9789144077628 LIBRIS-ID:14793676

[Library search](#)

### **Kommunikation : samtal och bemötande i vården**

*Fossum, Björn*

2. uppl. : Lund : Studentlitteratur, 2013 - 472 s.  
ISBN:978-91-44-07007-0 LIBRIS-ID:13615449

[Library search](#)

*Kylberg, Elisabeth; Westlund, Anna Maria; Zwedberg, Sofia*

### **Amning i dag**

2. uppl. : Stockholm : Gothia fortbildning, 2014 - 185 s.  
ISBN:9789172059603 LIBRIS-ID:15177736

[Library search](#)

*Magnusson, Margaretha*

### **Barnhälsovård : att främja barns hälsa**

5., [helt omarb.] uppl. : Stockholm : Liber, 2009 - 285 s.  
ISBN:978-91-47-01563-4 LIBRIS-ID:11566187

[Library search](#)

*Nilstun, Tore; Lundqvist, Anita; Löfmark, Rurik*

### **Etik och ansvar i sjukvården : från sinnelag till situation**

Lund : Studentlitteratur, 2006 - 135 s.  
ISBN:91-44-01161-X LIBRIS-ID:10154607

URL: [Omslagsbild](#)

[Library search](#)*Nordström Torpenberg, Inger***Strategi för sjuksköterskans hälsofrämjande arbete**

Stockholm : Svensk sjuksköterskeförening, 2008 - 31 s.

ISBN:978-91-85060-13-9 LIBRIS-ID:10920014

URL: [Fulltext](#)[Library search](#)**Patientundervisning***Klang Söderkvist, Birgitta*

3., uppdaterade uppl. : Lund : Studentlitteratur, 2013 - 276 s.

ISBN:9789144082561 LIBRIS-ID:14504148

[Library search](#)*Scriven, Angela***Ewles & Simnett Hälsoarbete Hälsoarbete***Schærström, Anders*

3., rev. uppl. : Lund : Studentlitteratur, 2013 - 439 s.

ISBN:9789144073088 LIBRIS-ID:13917481

[Library search](#)*Söderbäck, Maja***Kommunikation med barn och unga i vården**

1. uppl. : Stockholm : Liber, 2014 - 216 s.

ISBN:9789147114061 LIBRIS-ID:14813662

[Library search](#)**Tillämpad kvalitativ forskning inom hälso- och sjukvård***Granskär, Monica; Höglund-Nielsen, Birgitta*

2., [rev.] uppl. : Lund : Studentlitteratur, 2012 - 249 s.

ISBN:978-91-44-07699-7 LIBRIS-ID:13548872

[Library search](#)*Tveiten, Sidsel; Wennick, Anne; Steen, Hanna Friis***Sykepleie til barn : familiesentrert sykepleie**

Oslo : Gyldendal akademisk, 2012 - 216 s.

ISBN:978-82-05-40689-6 LIBRIS-ID:13515467

[Library search](#)*Willman, Ania; Stoltz, Peter; Bahtsevani, Christel***Evidensbaserad omvårdnad : en bro mellan forskning och klinisk verksamhet**

2., [rev.] uppl. : Lund : Studentlitteratur, 2006 - 172 s.

ISBN:91-44-04578-6

[Library search](#)