



**Karolinska  
Institutet**

Course syllabus for

# **A year in life - Cultural and interprofessional aspects on health, function and ability, 7.5 credits**

Ett år i livet - Kulturella och interprofessionella perspektiv på hälsa, funktion och förmåga, 7.5 hp

This course has been cancelled, for further information see Transitional provisions in the last version of the syllabus.

Course code	2XX000
Course name	A year in life - Cultural and interprofessional aspects on health, function and ability
Credits	7.5 credits
Form of Education	Higher Education, study regulation 2007
Main field of study	Clinical Medical Science
Level	AV - Second cycle
Grading scale	Pass, Fail
Department	Department of Clinical Sciences, Danderyd Hospital
Decided by	Styrelsen för utbildning
Decision date	2007-11-23
Revised by	Board of Higher Education
Last revision	2017-02-22
Course syllabus valid from	Autumn 2007

## **Specific entry requirements**

90 credits in care or medicine.

## **Objectives**

On completion of the course, the student should be able to: reflect and contrast different perspectives on man's health, function, and ability. discuss a long-term health process in its cultural and everyday context orally and in writing. describe the skills and roles of different professions, the organisation and cooperation of care based on concrete patient cases. cooperate and communicate with students from different professions. identify and handle ethical/moral dilemmas related to patient cases during the course. meet and talk to patients in their everyday environments in a professional manner and formulate and analyse their observations and thoughts. formulate a question, and to integrate clinical know-how, own observations with available theories and evidence in order to explain and answer the question.

The student should develop a professional attitude and assessment skills in reasoning about the patient's perspective on the information, care and rehabilitation that are offered. in reflection on their own and others' long-term development and learning, in valuation of ethical and moral aspects in reasoning about man's health, function, and ability.

## Content

The course is given as a cross-programme course over two semesters to facilitate a long-term perspective on the health processes of an individual or a family and on individual professional development.

Individuals/families are recruited from the primary care and interprofessional student groups consisting of 2-3 students follow an individual/family through visits in their everyday environments and by participation in different contacts with the care system.

The course starts with an introductory seminar on patient perspectives on health and illness and studies outside the care environment. Groups are formed and patients/families are distributed. The students plan recurrent visits at an individual patient/family. The students keep a log book on information, care contacts with the patient/the family and own reflections during his field studies. These un-scheduled activities are interleaved with scheduled compulsory seminars. Five seminars discussing central themes for the individual's long-term health processes in his/her living environment are held during the year. There, the unique skills of the different professions are illustrated and integrated from a cohesive individual perspective . The seminars are carried out as case seminars, dealing with different problems (e. g. ethical dilemmas, transcultural aspects and differences between experienced health/disease/ability and the care perspective on disease/function/treatment).

The course is completed with an examination seminar and a short written report based on the log book, seminars and relevant literature. The studies are expected to provide a basis for reflection on aspects of prevention, treatment and rehabilitation. The course is given in Swedish.

The interprofessional teacher team, led by a course director from the department giving the course, follows the students via a log book, seminars and PingPong assignments.

## Teaching methods

Teaching is given in seminars, field studies, the log book, and with support of the learning platform PingPong.

## Examination

To pass the course, active participation in all seminars of the course is required. Absence may by way of exception be compensated with a written report in consultation with the course administration. Written assignments in the form of individual reflective questions based on the themes of the seminars are compulsory. An approved examination requires active participation in the writing of a group report and an oral presentation of the same report. The student should also independently formulate questions and comments to another group report in connection with the examination seminar. One re-examination per course is organised either as an additional seminar or through a supplementary written report. The remaining four examinations can be carried out in connection with the following courses.

## Transitional provisions

The course has been **cancelled**.

## Literature and other teaching aids

**Den andra verkligheten : en antologi : [sjukdom - plötsligt dyker man ner i en annan verklighet]**

*Böttiger, Lars Erik; Nordenström, Jörgen*

Stockholm : Karolinska Univ. Press, 2004 - 228 s.

ISBN:91-7349-854-8 LIBRIS-ID:9467669

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**Å herregud, mitt i semestern : en antologi : [möten med sjukdom, lidande och vård]**

*Allende, Isabel; Böttiger, Lars Erik; Nordenström, Jörgen*

Stockholm : Karolinska Univ. Press, cop. 1999 - 292 s.

ISBN:91-89428-00-5 LIBRIS-ID:8382843

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