



**Karolinska  
Institutet**

Course syllabus for

## **Crises and Catastrophes, 15 credits**

Kris- och katastrofkunskap, 15 hp

This course has been cancelled, for further information see Transitional provisions in the last version of the syllabus.

Please note that the course syllabus is available in the following versions:

Spring2008 , Spring2012

Course code	2XX008
Course name	Crises and Catastrophes
Credits	15 credits
Form of Education	Higher Education, study regulation 2007
Main field of study	Not applicable
Level	AV - Second cycle
Grading scale	Pass with distinction, Pass, Fail
Department	Department of Neurobiology, Care Sciences and Society
Decided by	Styrelsen för utbildning
Decision date	2008-03-20
Course syllabus valid from	Spring 2008

### **Specific entry requirements**

A total of at least 120 credits which include a professional qualification or a Bachelor of Science in health care, Bachelor of Science in Social Work or a sports teacher degree. Or 180 credits from the Study Programme in Medicine. Furthermore, knowledge is required in Swedish and English equivalent to Swedish B and English A (with at least the Pass grade).

### **Objectives**

The aim of the course is to increase the knowledge about and understanding of crises and disasters and their consequences and increase the knowledge of evidence-based interventions through advanced studies. On completion of the course, the student should have - knowledge of the framework for society's work in both everyday crises and disasters. - advanced knowledge of theoretical bases of how crises and disasters affect individuals, groups and society - deeper understanding of reactions and consequences of crises - advanced knowledge of evidence-based methods to prevent and mitigate negative consequences - knowledge of conditions for professional crisis work and of how such conditions affect professionals - ability to assess needs of crisis support and crisis intervention in the clinical work and - an independent approach to ideas, theories and interventions within the area of crisis and disaster

# Content

The course is divided in two parts. Part 1 Theory 9 HE credits, theoretical and empirical knowledge about how crises and disasters of various kinds affect the individual, the group and society and reactions in a short and long term perspective, diagnosis criteria for Acute Stress Disorder (ASD), Post-Traumatic Stress Syndrome (PTSD) and other types of strain in connection with crises and disasters, lifecycle, gender and ethnic perspective, staff perspective, governing laws and regulations Part 2 Psychosocial Interventions (Psychosocial Interventions) 6 HE credits, interventions as crisis support, crisis intervention, debriefing on how these interventions should be directed and adapted to different crises and different target groups for best possible effect support, unburdening talks and debriefing in order to avoid professionals being affected by the trauma, the emergency preparedness and preventive actions of society/organisations

## Theory, 9.0 hp

Grading scale: VU

## Psykosocial intervention, 6.0 hp

Grading scale: VU

## Teaching methods

The teaching takes place in the form of lectures, seminars, group assignments and individual learning. Special emphasis is placed on student-activating teaching and working methods.

## Examination

The course is examined according to the following: Part 1 Individually written report. Part 2 A group assignment that is presented and discussed at a compulsory seminar. Students who have not passed the regular examination are entitled to participate in five more examinations. The number of times that the student has participated in one and the same examination is regarded as an examination session.

## Other directives

Course evaluation takes place according to the guidelines established by the Board of education.

## Literature and other teaching aids

*Andersson, Birgitta; Tedfeldt, Eva-Lena; Larsson, Gerry*

**Avlastningssamtal och debriefing : handbok för samtalsledare**

Lund : Studentlitteratur, 2000 - 94 s.

ISBN:91-44-01237-3 LIBRIS-ID:8352862

[Library search](#)

*Dyregrov, Atle*

**Katastrofpsykologi**

*Wentz, Karin Larsson*

2., [uppdaterade och utök.] uppl. : Lund : Studentlitteratur, 2002 - 380 s.

ISBN:91-44-02244-1 LIBRIS-ID:8741897

[Library search](#)

*Enander, Ann; Hede, Susanne; Lajksjö, Örjan*

**Att stå : delrapport 3 från projektet Beredskap och krishantering i svenska kommuner**

Stockholm : Krisberedskapsmyndigheten, 2004 - 50 s.

ISBN:91-85053-51-1 LIBRIS-ID:9632359

URL:

[http://www.krisberedskapsmyndigheten.se/upload/1618/i\\_stormens\\_oga\\_delrapp-3\\_forsk-ser-6.pdf](http://www.krisberedskapsmyndigheten.se/upload/1618/i_stormens_oga_delrapp-3_forsk-ser-6.pdf)

[Library search](#)

*Herman, Judith Lewis*

**Trauma och tillfrisknande**

*Emond, Vibeke*

[Ny utg.] : Göteborg : Göteborgs Psykoterapi Institut, 2007 - 399 s.

ISBN:9789197263139 LIBRIS-ID:10565482

[Library search](#)

*Martin, Terry; Doka, Kenneth J.*

**Men don't cry-- women do : transcending gender stereotypes of grief**

Philadelphia, Pa. ; a London : Brunner/Mazel, c2000 - xiv, 188 p

ISBN:0-87630-994-5 LIBRIS-ID:6215908

[Library search](#)

*Rönmark, Lars*

**Att möta det man möter. Erfarenheter från stödcentrum efter brandkatastrofen i Göteborg.**

1. uppl. : Göteborg : FoU i Väst, 2001 - 360 s

ISBN:91-89558-03-0 LIBRIS-ID:8393122

URL:

[http://www.fouivast.com/download/18.55340448112b9e59b8980006845/att\\_mota\\_det\\_man\\_moter\\_blank](http://www.fouivast.com/download/18.55340448112b9e59b8980006845/att_mota_det_man_moter_blank)

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