



**Karolinska  
Institutet**

Course syllabus for

## **Occupational Rehabilitation, 7.5 credits**

Arbetslivsinriktad rehabilitering, 7.5 hp

This course syllabus is valid from autumn 2014.

Please note that the course syllabus is available in the following versions:

Autumn2014 , [Autumn2016](#) , [Autumn2018](#) , [Autumn2020](#) , [Autumn2022](#) , [Autumn2024](#)

Course code	3AH002
Course name	Occupational Rehabilitation
Credits	7.5 credits
Form of Education	Higher Education, study regulation 2007
Main field of study	Work and Health
Level	AV - Second cycle
Grading scale	Fail (U), pass (G) or pass with distinction (VG)
Department	Institute of Environmental Medicine
Decided by	Programme Committee 5
Decision date	2014-03-19
Course syllabus valid from	Autumn 2014

### **Specific entry requirements**

Profession - or Bachelor's degree of at least 180 credits of which at least the 120 credits within behavioural science subjects; or Occupational therapist - or physiotherapy degree of 180 credits or Bachelor's degree in occupational therapy or physiotherapy; or Nurse degree of 180 credits or Bachelor's degree in nursing.

English and Swedish language skills equivalent to English A/English 6 and Swedish B/Swedish 3 at Swedish upper secondary school are also required.

### **Objectives**

The student should after completed course be able to:

- account for and discuss relevant theories, models and the current research within the fields illness absence and vocational rehabilitation
- account for and discuss the concept occupational capacity and explain choice of appropriate method to assess employees' occupational capacity.
- reflect on work place related measures to prevent illness absence and promote return in work in relation to scientific literature and relevant legislation.
- analyse and reflect on working methods and methods within vocational rehabilitation and the own occupational group's role in this work.

- identify which actors that are participating in sick leave and vocational rehabilitation how these are organised and how they interact in these processes.

## Content

The course covers:

- theories, models and current research within the fields illness absence, occupational capacity and vocational rehabilitation
- methods to assess occupational capacity
- working methods and methods within vocational rehabilitation with special focus on a cross-professional teamwork within the occupational health services, and on the different professional groups'roles in this work
- the cooperation between different actors within vocational rehabilitation and the different actors' roles.
- importance of measures on the workplace for occupational capacity and return in work.

## Teaching methods

The teaching consists of a combination of distance education and scheduled campus time. The distance education includes literature studies, group assignments, report writing, interview surveys etc The tuition forms at the campus teaching include lectures, seminars and group assignments.

At the campus teaching, compulsory attendance can occur at certain teaching parts.

## Examination

Examination takes place through individual, written take-home examination and written written assignments, both individual as in groups, with oral presentation and seminars. The examination of the written assignments is assessed from both written contents and oral presentation.

The grading system is Failed/Passed/Passed with distinction.

A Pass grade requires attendance at compulsory lectures (the campus teaching) and active participation in seminars. The course leader decides if and how absence from training should be compensated. Before student has participated in compulsory lectures or compensated absence in accordance with the instructions of Course Coordinator be reported not the student's course result in LADOK.

Limited number of examinations The student has the right to participate in six examination sessions. If the student is not passed after four examination sessions, he or she is urged to visit the study adviser.

Participation in an examination is defined as an occasion on which a student attends an examination. The submission of a blank examination paper is counted as an examination. An examination for which the student registered but not participated in, will not be regarded as an examination.

## Transitional provisions

Examination will be provided during a time of two years after a possible close-down of the course. Examination can take place according to an earlier literature list during a time of one year after the date when a renewal of the literature list has been made.

## Other directives

Course evaluation will be carried out according to the guidelines that are established by the Board for education and based on evaluation routines within the Master's programme (one-year) in work and health.

## Literature and other teaching aids

Further literature in the form of eg scientific articles, regulations, and reports will be applicable.

### **Rehabiliteringsvetenskap : rehabilitering till arbetslivet i ett flerdisciplinärt perspektiv**

*Vahlne Westerhäll, Lotta; Bergroth, Alf; Ekholm, Jan*

2., [omarb.] uppl. : Lund : Studentlitteratur, 2009 - 248 s.

ISBN:978-91-44-05264-9 LIBRIS-ID:11611951

[Library search](#)

### **Arbets(o)förmåga : ur ett mångdisciplinärt perspektiv**

*Vahlne Westerhäll, Lotta*

2. uppl. : Stockholm : Santérus, 2010 - 402 s.

ISBN:978-91-7359-039-6 LIBRIS-ID:11859287

[Library search](#)

*Arbetarskyddsstyrelsen*

### **Arbetsanpassning och rehabilitering**

Stockholm : Arbetarskyddsstyrelsen, 1994 - 15 s.

LIBRIS-ID:1921763

URL: [http://www.av.se/dokument/afs/AFS1994\\_01.pdf](http://www.av.se/dokument/afs/AFS1994_01.pdf)

### **Framgångsrik företagshälsovård : möjligheter och metoder : studiehandbok**

Stockholm : Fritze, 2011 - 174 s.

ISBN:978-91-38-23626-0 LIBRIS-ID:12326449

URL: [Fritt tillgänglig via www.regeringen.se](http://www.regeringen.se)

[Library search](#)

*Johansson, Per*

### **Arbetslivsinriktad rehabilitering**

Stockholm : Parlamentariska socialförsäkringsutredningen, 2011 - 113 s.

LIBRIS-ID:12533950

URL: [Fulltext](#)

### **Handbook of work disability : prevention and management**

*Loisel, Patrick; Anema, Johannes R.*

New York : Springer, cop. 2013 - xxiii, 513 s.

ISBN:9781461462132 LIBRIS-ID:15085458

URL: [Länk](#)

[Library search](#)

*Günzel, Mats; Zanderin, Lars*

### **Arbetsmiljörätt och rehabilitering**

3. uppl. : Malmö : Liber, 2012 - 173 s.

ISBN:978-91-47-09763-0 LIBRIS-ID:12488337

[Library search](#)

### **Den komplexa sjukfrånvaron**

*Upmark, Marianne; Edlund, Curt*

Lund : Studentlitteratur, 2006 - 185 s.

ISBN:91-44-00722-1 LIBRIS-ID:10154605

URL: [Omslag och förlagets beskrivning](#)

[Library search](#)

### **Försäkringsmedicin**

*Järvholm, Bengt*

1. uppl. : Lund : Studentlitteratur, 2013 - 219 s.

ISBN:9789144057323 LIBRIS-ID:14794739

[Library search](#)

*Broman, Jakob; Ericson, Bo; Öhrn, Carolina*

### **Rehabiliteringsansvaret : en arbetsrättslig handbok**

1. uppl. : Stockholm : Norstedts juridik, 2011 - 159 s.

ISBN:978-91-39-11130-6 LIBRIS-ID:12429059

[Library search](#)

*Nordenfelt, Lennart*

### **The concept of work ability**

Bruxelles : P.I.E. Peter Lang, 2008. - 234 s.

ISBN:978-90-5201-450-0 LIBRIS-ID:11258788

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