



**Karolinska
Institutet**

Course syllabus for

Occupational Rehabilitation, 7.5 credits

Arbetslivsinriktad rehabilitering, 7.5 hp

This course syllabus is valid from autumn 2016.

Please note that the course syllabus is available in the following versions:

[Autumn2014](#) , [Autumn2016](#) , [Autumn2018](#) , [Autumn2020](#) , [Autumn2022](#) , [Autumn2024](#)

Course code	3AH002
Course name	Occupational Rehabilitation
Credits	7.5 credits
Form of Education	Higher Education, study regulation 2007
Main field of study	Work and Health
Level	AV - Second cycle
Grading scale	Fail (U), pass (G) or pass with distinction (VG)
Department	Institute of Environmental Medicine
Decided by	Programme Committee 5
Decision date	2014-03-19
Revised by	Programme Committee 5
Last revision	2016-03-21
Course syllabus valid from	Autumn 2016

Specific entry requirements

Profession - or Bachelor's degree of at least 180 credits of which at least the 120 credits within behavioural science subjects; or Occupational therapist - or physiotherapy degree of 180 credits or Bachelor's degree in occupational therapy or physiotherapy; or Nurse degree of 180 credits or Bachelor's degree in nursing.

English and Swedish language skills equivalent to English A/English 6 and Swedish B/Swedish 3 at Swedish upper secondary school are also required.

Objectives

The student should after completed course be able to:

- discuss relevant theories, models and current research within the fields of sickness absence and occupational rehabilitation.
- discuss the concept work ability and compare and evaluate methods to assess employees' work ability.
- reflect on workplace based interventions to prevent sickness absence and promote return to work in relation to scientific literature and relevant legislation.

- analyse and reflect on practises and methods within occupational rehabilitation and the own occupational group's role in this work.
- identify which actors that are participating in sick leave and occupational rehabilitation, and how they cooperate in these processes.

Content

The course covers:

- theories, models and current research within the fields of sickness absence, work ability and occupational rehabilitation.
- methods to assess work ability.
- practises and methods within occupational rehabilitation with special focus on workplace interventions.
- actors within occupational rehabilitation and how they cooperate.
- importance of workplace interventions for work ability and return to work.

Teaching methods

The teaching consists of a combination of distance education and scheduled campus time. The distance education includes literature studies, group assignments, report writing, interview surveys etc. The tuition forms at the campus teaching include lectures, seminars and group assignments.

At the campus teaching, compulsory attendance can occur at certain teaching parts.

Examination

Examination takes place through individual, written examination and written assignments, both individual as in groups, with oral presentation and seminars. The examination of the written assignments is assessed from both written contents and oral presentation.

The grading system is Failed/Passed/Passed with distinction.

A Pass grade requires attendance at compulsory lectures and active participation in seminars. The course leader decides if and how absence from training should be compensated. Before student has participated in compulsory lectures or compensated absence in accordance with the instructions of Course Coordinator be reported not the student's course result in LADOK.

Limited number of examinations The student has the right to participate in six examination sessions. If the student is not passed after four examination sessions, he or she is urged to visit the study adviser.

Participation in an examination is defined as an occasion on which a student attends an examination. The submission of a blank examination paper is counted as an examination. An examination for which the student registered but not participated in, will not be regarded as an examination.

Transitional provisions

Examination will be provided during a time of two years after a possible cancellation of the course. Examination can take place according to an earlier literature list during a time of one year after the date when a major renewal of the literature list has been made.

Other directives

Course evaluation will be carried out according to the guidelines that are established by the Board for

education and based on evaluation routines within the Master's programme (one-year) in work and health.

Literature and other teaching aids

Further literature in the form of eg scientific articles, regulations, and reports will be applicable.

Arbetskyddsstyrelsen

Arbetsanpassning och rehabilitering

Stockholm : Arbetskyddsstyrelsen, 1994 - 15 s.

LIBRIS-ID:1921763

URL: http://www.av.se/dokument/afs/AFS1994_01.pdf

Framgångsrik företagshälsovård : möjligheter och metoder : studiehandbok

Stockholm : Fritze, 2011 - 174 s.

ISBN:978-91-38-23626-0 LIBRIS-ID:12326449

URL: [Fritt tillgänglig via www.regeringen.se](http://www.regeringen.se)

[Library search](#)

Johansson, Per

Arbetslivsinriktad rehabilitering

Stockholm : Parlamentariska socialförsäkringsutredningen, 2011 - 113 s.

LIBRIS-ID:12533950

URL: [Fulltext](#)

Rehabiliteringsvetenskap : rehabilitering till arbetslivet i ett flerdisciplinärt perspektiv

Ekholm, Jan; Vahlne Westerhäll, Lotta; Bergroth, Alf; Schüldt Ekholm, Kristina

3., [omarb.] uppl. : Lund : Studentlitteratur, 2015 - 272 s.

ISBN:9789144104331 LIBRIS-ID:18243420

[Library search](#)

Återgång i arbete : processer, bedömningar, åtgärder

Ekberg, Kerstin; Eklund, Mona; Hensing, Gunnel

1. uppl. : Lund : Studentlitteratur, 2015 - 233 s.

ISBN:9789144078236 LIBRIS-ID:17675637

[Library search](#)

Handbook of work disability : prevention and management

Loisel, Patrick; Anema, Johannes R.

New York : Springer, cop. 2013 - xxiii, 513 s.

ISBN:9781461462132 LIBRIS-ID:15085458

URL: [Länk](#)

[Library search](#)

Günzel, Mats; Zanderin, Lars

Arbetsmiljörätt och rehabilitering

3. uppl. : Malmö : Liber, 2012 - 173 s.

ISBN:978-91-47-09763-0 LIBRIS-ID:12488337

[Library search](#)

Försäkringsmedicin

Järvholm, Bengt

1. uppl. : Lund : Studentlitteratur, 2013 - 219 s.

ISBN:9789144057323 LIBRIS-ID:14794739

[Library search](#)

Broman, Jakob; Ericson, Bo; Öhrn, Carolina

Rehabiliteringsansvaret : en arbetsrättslig handbok

1. uppl. : Stockholm : Norstedts juridik, 2011 - 159 s.

ISBN:978-91-39-11130-6 LIBRIS-ID:12429059

[Library search](#)

Nordenfelt, Lennart

The concept of work ability

Bruxelles : P.I.E. Peter Lang, 2008. - 234 s.

ISBN:978-90-5201-450-0 LIBRIS-ID:11258788

[Library search](#)

Den relativa arbetsförmågan : teoretiska och praktiska perspektiv

Ekberg, Kerstin

1. uppl. : Lund : Studentlitteratur, 2014 - 198 s.

ISBN:9789144084794 LIBRIS-ID:16627797

[Library search](#)

Arbets(o)förmåga : ur ett mångdisciplinärt perspektiv

Vahlne Westerhäll, Lotta

2. uppl. : Stockholm : Santérus, 2010 - 402 s.

ISBN:978-91-7359-039-6 LIBRIS-ID:11859287

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