



Course syllabus for

Working Life and Health, 7.5 credits

Arbetsliv och hälsa, 7.5 hp

This course syllabus is valid from autumn 2013.

Please note that the course syllabus is available in the following versions:

Autumn2013 , [Autumn2015](#) , [Autumn2017](#) , [Autumn2019](#) , [Autumn2021](#) , [Autumn2023](#) , [Autumn2024](#)

Course code	3AH015
Course name	Working Life and Health
Credits	7.5 credits
Form of Education	Higher Education, study regulation 2007
Main field of study	Work and Health
Level	G2 - First cycle 2
Grading scale	Fail (U), pass (G) or pass with distinction (VG)
Department	Institute of Environmental Medicine
Decided by	Programnämnd 5
Decision date	2013-03-18
Course syllabus valid from	Autumn 2013

Specific entry requirements

Profession - or Bachelor's degree of at least 180 credits of which at least the 120hp within behavioural science subjects; or Occupational therapist - or physiotherapy degree of 180 HE credits or Bachelor's degree in occupational therapy or physiotherapy; or Nurse degree of 180 HE credits or Bachelor's degree in nursing.

English and Swedish language skills equivalent to English A and Swedish B at Swedish upper secondary school are also required.

Objectives

On completion of the course, the student should be able to:

- Describe, at a general level, the relationship between work and health.
- Describe and discuss the roles of different work environment actors in Swedish working life.
- Account for important legislation, regulations and rules within the area of work environment.
- Describe and discuss the organisation, and working methods of the occupational health services.
- Describe and discuss important legislation, rules and central actors' roles concerning the field of insurance medicine in Swedish working life.
- Describe and reflect over health economical and staff economical aspects on working environment work.

- Evaluate and discuss ethical aspects in the participation in working environment work.

Content

The course provides a general knowledge of working environment work and the relationship between work and health from both an individual - an organisational - and socioeconomic perspectives. Aspects that are discussed are central actors' roles, the working environment work organisation in Sweden, the organisation of the occupational health services and working methods including ethical aspects. Further, basic knowledge about aspects of insurance medicine is included, such as important legislation, regulatory frameworks and ordinances; various types of insurances, health, disease, function and occupational capacity.

Teaching methods

The teaching consists of a combination of distance education and scheduled campus teaching. The tuition forms at the campus teaching include lectures, seminars and group assignments. The distance education includes literature studies, group assignments, report writing, interview surveys etc

At the campus compulsory attendance at certain teaching parts can occur.

Examination

Examination takes place through individual, written examination, and a written group assignment with oral presentation in seminars. The examination of the written assignment is assessed from both written contents and oral presentation.

The grading scale is Fail/Pass/Pass with distinction.

passed grade attendance at compulsory lectures is required. The course director assesses if, and in that case, how absence can be compensated. Before student has participated in compulsory lectures or compensated absence in accordance with the instructions of Course Director the student's course results will not be reported in LADOK.

Limitation of number examination sessions

The student has the right to participate in six examination sessions. If the student has not passed after four examination sessions, the student is urged to visit the study adviser.

Every time the student participates in the same test counts as an examination session. Submission of blank exam is counted as examination session. Examination session to which the student has registered but not participated in will not be counted as an examination session.

Transitional provisions

Examination will be provided during a time of two years after a possible close-down of the course. Examination can take place according to an earlier literature list during a time of one year after the date when a renewal of the literature list been made.

Other directives

Course evaluation will be carried out according to the guidelines established by the Board for education and also according to evaluation routines within the Master's programme (one-year) in work and health.

Literature and other teaching aids

Literature

Arbete och teknik på människans villkor*Bohgard, Mats*

2. uppl. : Stockholm : Prevent, 2011 - 740 s.
 ISBN:978-91-7365-110-3 (inb.) LIBRIS-ID:12237276

[Library search](#)**Arbets- och miljömedicin***Edling, Christer*

3. uppl. : Lund : Studentlitteratur, 2010 - 391 s.
 ISBN:978-91-44-05399-8 LIBRIS-ID:11738087

[Library search](#)*Johanson, Ulf; Johrén, Anders***Personalekonomi idag**

2., aktualiserade uppl. : Malmö : Liber, 2011 - 128 s.
 ISBN:978-91-47-09639-8 (inb.) LIBRIS-ID:12072072

[Library search](#)*Sandkull, Bengt***Illusion eller verklighet? : planerade förändringar i företag**

1. uppl. : Lund : Studentlitteratur, 2008 - 206 s.
 ISBN:978-91-44-02959-7 LIBRIS-ID:10674780

[Library search](#)**Rehabiliteringsvetenskap : rehabilitering till arbetslivet i ett flerdisciplinärt perspektiv***Vahlne Westerhäll, Lotta; Bergroth, Alf; Ekholm, Jan*

2., [omarb.] uppl. : Lund : Studentlitteratur, 2009 - 248 s.
 ISBN:978-91-44-05264-9 LIBRIS-ID:11611951

[Library search](#)**Framgångsrik företagshälsovård : möjligheter och metoder : studiehandbok**

Stockholm : Fritze, 2011 - 174 s.
 ISBN:978-91-38-23626-0 LIBRIS-ID:12326449

URL: [Fritt tillgänglig via www.regeringen.se](http://www.regeringen.se)[Library search](#)*Hanson, Anders***Hälsopromotion i arbetslivet**

Lund : Studentlitteratur, 2004 - 296 s.
 ISBN:91-44-03492-X LIBRIS-ID:9599431

[Library search](#)*Ericson, Bo; Gustafsson, Kerstin***Arbetsmiljölagen : med kommentar**

12., [rev.] uppl. : Stockholm : Norstedt, 2011 - 268 s.
 ISBN:978-91-1-303062-3 (inb.) LIBRIS-ID:11816651

[Library search](#)*Ahrnell, Britt-Marie; Edman, Rolf***Att sälja och ta betalt för kunskap**

1. uppl. : Malmö : Liber ekonomi, 2002 - 129 s.
ISBN:91-47-06485-4 (inb.) LIBRIS-ID:8524937

[Library search](#)

Ahrnell, Britt-Marie; Edman, Rolf

Sluta sälja bli köpbar : om konsten att hjälpa kunder att köpa

1. uppl. : Uppsala : Konsultförlaget, 2008 - 155 s.
ISBN:978-91-7005-358-0 LIBRIS-ID:10610080

[Library search](#)

Antonovsky, Aaron

Hälsans mysterium

2. utg. /b förord av Lennart Levi : Stockholm : Natur och kultur, 2005 - 271 s.
ISBN:91-27-11027-3 LIBRIS-ID:9828174

[Library search](#)

Sjögren Lindquist, Gabriella; Wadensjö, Eskil

Samhällsekonomiska kostnader för arbetsmiljöproblem

Stockholm : Arbetsmiljöverket, 2010 - 58 s.
LIBRIS-ID:12028420

Steinberg, Maria

Skyddsombuds rätt : samverkan, ansvar och tillsyn

3., [uppdaterade] uppl. : Stockholm : Norstedts juridik, 2006 - 298 s.
ISBN:91-39-10779-5 LIBRIS-ID:10142758

[Library search](#)

Holmqvist, Mikael; Maravelias, Christian

Hälsans styrning av arbetet

1. uppl. : Lund : Studentlitteratur, 2006 - 234 s.
ISBN:91-44-00100-2 LIBRIS-ID:10197078

URL: <http://www.studentlitteratur.se/omslagsbild/artnr/32480-01/height/320/width/320/bild.jpg>

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