



Course syllabus for

Working Life and Health, 7.5 credits

Arbetsliv och hälsa, 7.5 hp

This course syllabus is valid from autumn 2015.

Please note that the course syllabus is available in the following versions:

[Autumn2013](#) , [Autumn2015](#) , [Autumn2017](#) , [Autumn2019](#) , [Autumn2021](#) , [Autumn2023](#) , [Autumn2024](#)

Course code	3AH015
Course name	Working Life and Health
Credits	7.5 credits
Form of Education	Higher Education, study regulation 2007
Main field of study	Work and Health
Level	G2 - First cycle 2
Grading scale	Fail (U), pass (G) or pass with distinction (VG)
Department	Institute of Environmental Medicine
Decided by	Programnämnd 5
Decision date	2013-03-18
Revised by	Programme Committee 5
Last revision	2015-03-20
Course syllabus valid from	Autumn 2015

Specific entry requirements

Profession - or Bachelor's degree of at least 180 credits of which at least the 120hp within behavioural science subjects; or Occupational therapist - or physiotherapy degree of 180 HE credits or Bachelor's degree in occupational therapy or physiotherapy; or Nurse degree of 180 HE credits or Bachelor's degree in nursing.

English and Swedish language skills equivalent to English A/English 6 and Swedish B/Swedish 3 at Swedish upper secondary school are also required.

Objectives

On completion of the course, the student should be able to:

- Describe, at a general level, the relationship between work and health in a national and global perspective.
- Describe the roles of different work environment actors in Swedish working life.
- Account for legislations, regulations and rules within the area of work environment.
- Describe the organisation, and working methods of the occupational health services.

- Describe legislations, rules and central actors' roles concerning the field of insurance medicine in Sweden.
- Describe, at a general level health economical and staff economical aspects on working environment work.
- Evaluate and discuss ethical aspects in the participation in working environment work.

Content

The course provides a general knowledge of working environment work and the relationship between work and health from both an individual - an organisational - and socioeconomic perspectives. Aspects that are discussed are central actors' roles, the working environment work organisation in Sweden, the organisation of the occupational health services and working methods including ethical aspects. Further, basic knowledge about aspects of insurance medicine is included, such as important legislation, regulatory frameworks and ordinances and various types of insurances.

Teaching methods

The teaching consists of a combination of distance education and scheduled campus teaching. The tuition forms at the campus teaching include lectures, seminars and group assignments. The distance education includes literature studies, group assignments, report writing, interview surveys etc

At the campus compulsory attendance at certain teaching parts can occur.

Examination

Examination takes place through individual, written examination, and a written group assignment with oral presentation in seminars. The examination of the written assignment is assessed from both written contents and oral presentation.

The grading scale is Fail/Pass/Pass with distinction.

passed grade attendance at compulsory lectures is required. The course director assesses if, and in that case, how absence can be compensated. Before student has participated in compulsory lectures or compensated absence in accordance with the instructions of Course Director the student's course results will not be reported in LADOK.

Limitation of number examination sessions

The student has the right to participate in six examination sessions. If the student has not passed after four examination sessions, the student is urged to visit the study adviser.

Every time the student participates in the same test counts as an examination session. Submission of blank exam is counted as examination session. Examination session to which the student has registered but not participated in will not be counted as an examination session.

Transitional provisions

Examination will be provided during a time of two years after a possible -downcancellation of the course. Examination can take place according to an earlier literature list during a time of one year after the date when a major renewal of the literature list been made.

Other directives

Course evaluation will be carried out according to the guidelines established by the Board for education and also according to evaluation routines within the Master's programme (one-year) in work and health.

Literature and other teaching aids

Literature

Arbete och teknik på människans villkor

Bohgard, Mats

2. uppl. : Stockholm : Prevent, 2011 - 740 s.

ISBN:978-91-7365-110-3 (inb.) LIBRIS-ID:12237276

[Library search](#)

Johanson, Ulf; Johrén, Anders

Personalekonomi idag

2., aktualiserade uppl. : Malmö : Liber, 2011 - 128 s.

ISBN:978-91-47-09639-8 (inb.) LIBRIS-ID:12072072

[Library search](#)

Framgångsrik företagshälsovård : möjligheter och metoder : studiehandbok

Stockholm : Fritze, 2011 - 174 s.

ISBN:978-91-38-23626-0 LIBRIS-ID:12326449

URL: [Fritt tillgänglig via www.regeringen.se](http://www.regeringen.se)

[Library search](#)

Människan i arbetslivet : teori och praktik

Holmström, Eva; Ohlsson, Kerstina

2., [omarb] uppl. : Lund : Studentlitteratur, 2014 - 336 s.

ISBN:9789144079790 LIBRIS-ID:16635322

[Library search](#)

Arbetsmiljölagen : och dess förordning med kommentarer från 1 juli 2014

Tägtström, Marianne

Stockholm : Arbetsmiljöverket, 2014 - 104 s.

LIBRIS-ID:16970395

URL: [Fritt tillgänglig via Arbetsmiljöverkets webbplats](#)

Wheelan, Susan A.

Att skapa effektiva team : en handledning för ledare och medlemmar

2., [rev.] uppl. : Lund : Studentlitteratur, 2013 - 174 s.

ISBN:978-91-44-08818-1 LIBRIS-ID:13881381

[Library search](#)

Sjögren Lindquist, Gabriella; Wadensjö, Eskil

Samhällsekonomiska kostnader för arbetsmiljöproblem

Stockholm : Arbetsmiljöverket, 2010 - 58 s.

LIBRIS-ID:12028420

Steinberg, Maria

Skyddsombuds rätt : samverkan, ansvar och tillsyn

3., [uppdaterade] uppl. : Stockholm : Norstedts juridik, 2006 - 298 s.

ISBN:91-39-10779-5 LIBRIS-ID:10142758

[Library search](#)

Holmqvist, Mikael; Maravelias, Christian

Hälsans styrning av arbetet

1. uppl. : Lund : Studentlitteratur, 2006 - 234 s.

ISBN:91-44-00100-2 LIBRIS-ID:10197078

URL: <http://www.studentlitteratur.se/omslagsbild/artnr/32480-01/height/320/width/320/bild.jpg>

[Library search](#)

Rehabiliteringsvetenskap : rehabilitering till arbetslivet i ett flerdisciplinärt perspektiv

Vahlne Westerhäll, Lotta; Bergroth, Alf; Ekholm, Jan

2., [omarb.] uppl. : Lund : Studentlitteratur, 2009 - 248 s.

ISBN:978-91-44-05264-9 LIBRIS-ID:11611951

[Library search](#)

Arbets- och miljömedicin

Edling, Christer

3. uppl. : Lund : Studentlitteratur, 2010 - 391 s.

ISBN:978-91-44-05399-8 LIBRIS-ID:11738087

[Library search](#)

Hanson, Anders

Hälsopromotion i arbetslivet

Lund : Studentlitteratur, 2004 - 296 s.

ISBN:91-44-03492-X LIBRIS-ID:9599431

[Library search](#)

Sandkull, Bengt

Illusion eller verklighet? : planerade förändringar i företag

1. uppl. : Lund : Studentlitteratur, 2008 - 206 s.

ISBN:978-91-44-02959-7 LIBRIS-ID:10674780

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