



**Karolinska
Institutet**

Course syllabus for

Work Psychology and Organization, 7.5 credits

Arbetspsykologi och organisation, 7.5 hp

This course syllabus is valid from spring 2014.

Please note that the course syllabus is available in the following versions:

Spring2014 , Autumn2016

| | |
|----------------------------|---|
| Course code | 3AH018 |
| Course name | Work Psychology and Organization |
| Credits | 7.5 credits |
| Form of Education | Higher Education, study regulation 2007 |
| Main field of study | Work and Health |
| Level | AV - Second cycle |
| Grading scale | Pass with distinction, Pass, Fail |
| Department | Institute of Environmental Medicine |
| Decided by | Programme Committee 5 |
| Decision date | 2013-10-23 |
| Course syllabus valid from | Spring 2014 |

Specific entry requirements

Nurse degree of 180 HE credits or Bachelor's degree in nursing.

English and Swedish language skills equivalent to English A and Swedish B at Swedish upper secondary school are also required.

Objectives

After the course, the student should be able to:

- describe and analyse occurrence of health and ill health in relation to psychological and organizational factors and describe and discuss instruments and methods for mapping of psychosocial working conditions.
- reflect around different theories and models about the development of groups and show ability to come up with measures that develop the group.
- reflect around different theories and models regarding conflicts and how to support individuals and groups and show ability to apply these in collaboration.
- analyse how working environment and organisational factors can lead to stress-related ill health and suggest and in collaboration carry out and evaluate support measures on individual and organisational level.
- describe and reflect around the importance for working environment and health of the

organisation and the leadership.

Content

The course contains basic organizational theory with an emphasis on work organisation and health. Organizational development as well as development of work groups and teams are discussed, including handling of conflicts in groups. Leadership theories are treated, and the importance of leadership to work environment and health in the organisation are clarified. Theories of stress-related ill health and stress related to the working environment are included. Instruments and methods used by occupational health service companies for mapping of working environment factors, mainly psychosocial factors, and work-related health, are included.

Teaching methods

The teaching consists of a combination of distance education and scheduled campus teaching. The tuition forms at the campus teaching include lectures, seminars and group assignments. The distance education includes literature studies, group assignments, report writing, interview surveys etc

At the campus compulsory attendance at certain teaching parts can occur.

Examination

Examination takes place through individual, written examination, and a written group assignment with oral presentation in seminars. The examination of the written assignment is assessed from both written contents and oral presentation.

The grading scale is Fail/Pass/Pass with distinction.

passed grade attendance at compulsory lectures is required. The course director assesses if, and in that case, how absence can be compensated. Before student has participated in compulsory lectures or compensated absence in accordance with the instructions of Course Director the student's course results will not be reported in LADOK.

Limitation of number examination sessions

The student has the right to participate in six examination sessions. If the student has not passed after four examination sessions, the student is urged to visit the study adviser.

Every time the student participates in the same test counts as an examination session. Submission of blank exam is counted as examination session. Examination session to which the student has registered but not participated in will not be counted as an examination session.

Transitional provisions

Examination will be provided during a time of two years after a possible close-down of the course. Examination can take place according to an earlier literature list during a time of one year after the date when a renewal of the literature list been made.

Other directives

Course evaluation will be carried out according to the guidelines established by the Board for education and also according to evaluation routines within the Master's programme (one-year) in work and health.

Literature and other teaching aids

Lundberg, Ulf; Wentz, Görel

Stressad hjärna, stressad kropp : om sambanden mellan psykisk stress och kroppslig ohälsa

Stockholm : Wahlström & Widstrand, 2004 - 218 s.

ISBN:91-46-20395-8 (inb.) LIBRIS-ID:9357240

[Library search](#)

Sandkull, Bengt; Johansson, Jan

Från Taylor till Toyota : betraktelser av den industriella produktionens organisation och ekonomi

2. uppl. : Lund : Studentlitteratur, 2000 - 235 s.

ISBN:91-44-01346-9 (korr.) LIBRIS-ID:8352906

[Library search](#)

Arbetsgrupper : från gränslösa team till slutna rum

Thylefors, Ingela

1. utg. : Stockholm : Natur och kultur, 2007 - 218, [1] s.

ISBN:978-91-27-11426-5 (inb.) LIBRIS-ID:10233428

[Library search](#)

Allvin, Michael

Gränslöst arbete : socialpsykologiska perspektiv på det nya arbetslivet

1. uppl. : Malmö : Liber, 2006 - 188 s.

ISBN:91-47-07631-3 LIBRIS-ID:10057493

URL: <http://www2.liber.se/bilder/omslag/stor/4707631o.jpg>

[Library search](#)

Döös, Marianne; Waldenström, Kerstin

Chefskapets former och resultat : två kunskapsöversikter om arbetsplatsens ledarskap

Stockholm : VINNOVA, 2007 - 221 s.

ISBN:978-91-85959-26-6 LIBRIS-ID:11254842

[Library search](#)

Arbetarskyddsstyrelsens författningssamling : AFS.n 1980:14,p Psykiska och sociala aspekter på arbetsmiljön : Arbetarskyddsstyrelsens allmänna råd beträffande psykiska och sociala aspekter på arbetsmiljön

Danielsson, Gunnar

Stockholm : LiberFörl., 1980 - 11 s.

ISBN:91-38-05715-8 ISSN:0348-2138 (hela verket) LIBRIS-ID:3684024

URL: <http://www.av.se/regler/default.shtm>

[Library search](#)

Karolinska institutet

Hälsa och framtid. Sammanfattning

Institutionen för folkhälsovetenskap, 2008

Arbets- och miljömedicin : en lärobok om hälsa och miljö

Edling, Christer; Nordberg, Gunnar F.; Nordberg, Monica

2., [omarb.] uppl. : Lund : Studentlitteratur, 2003 - 318 s.

ISBN:91-44-02399-5 LIBRIS-ID:9174150

[Library search](#)

The dynamics of organizations and healthy work

Marklund, Staffan; Härenstam, Annika

1. uppl. : Växjö : Linnéuniversitetet, Institutionen för samhällsvetenskaper, cop. 2010 - 159 s.

ISBN:978-91-86491-58-1 LIBRIS-ID:12093522

[Library search](#)