Karolinska Institutet

Course syllabus for

Work Psychology and Organization, 7.5 credits

Arbetspsykologi och organisation, 7.5 hp
This course syllabus is valid from autumn 2016.
Please note that the course syllabus is available in the following versions:
Spring2014 , Autumn2016

Course code	3AH018
Course name	Work Psychology and Organization
Credits	7.5 credits
Form of Education	Higher Education, study regulation 2007
Main field of study	Work and Health
Level	AV - Second cycle
Grading scale	Pass with distinction, Pass, Fail
Department	Institute of Environmental Medicine
Decided by	Programme Committee 5
Decision date	2013-10-23
Revised by	Education committee IMM
Last revision	2023-11-09
Course syllabus valid from	Autumn 2016

Specific entry requirements

Nurse degree of 180 HE credits or Bachelor's degree in nursing.
English and Swedish language skills equivalent to English A/English 6 and Swedish B/Swedish 3 at Swedish upper secondary school are also required.

Objectives

After the course, the student should be able to:

- describe and analyse occurrence of health and ill health in relation to psychological and organizational factors and describe and discuss instruments and methods for mapping of psychosocial working conditions.
- reflect around different theories and models about the development of groups and show ability to come up with measures that develop the group.
- reflect around different theories and models regarding conflicts and how to support individuals and groups and show ability to apply these in collaboration.
- analyse how working environment and organisational factors can lead to stress-related ill health and suggest and in collaboration carry out and evaluate support measures on individual and

organisational level.
- describe and reflect around the importance for working environment and health of the organisation and the leadership.

Content

The course contains basic organizational theory with an emphasis on work organisation and health. Organizational development as well as development of work groups and teams are discussed, including handling of conflicts in groups. Leadership theories are treated, and the importance of leadership to work environment and health in the organisation are clarified. Theories of stress-related ill health and stress related to the working environment are included. Instruments and methods used by occupational health service companies for mapping of working environment factors, mainly psychosocial factors, and work-related health, are included.

Teaching methods

The teaching consists of a combination of distance education and scheduled campus teaching. The tuition forms at the campus teaching include lectures, seminars and group assignments. The distance education includes literature studies, group assignments, report writing, interview surveys etc

At the campus compulsory attendance at certain teaching parts can occur.

Examination

Examination takes place through individual, written examination, and a written group assignment with oral presentation in seminars. The examination of the written assignment is assessed from both written contents and oral presentation.

The grading scale is Fail/Pass/Pass with distinction.

passed grade attendance at compulsory lectures is required. The course director assesses if, and in that case, how absence can be compensated. Before student has participated in compulsory lectures or compensated absence in accordance with the instructions of Course Director the student's course results will not be reported in LADOK.

Limitation of number examination sessions
The student has the right to participate in six examination sessions. If the student has not passed after four examination sessions, the student is urged to visit the study adviser.

Every time the student participates in the same test counts as an examination session. Submission of blank exam is counted as examination session. Examination session to which the student has registered but not participated in will not be counted as an examination session.

Transitional provisions

Other directives

Course evaluation will be carried out according to the guidelines established by the Board for education and also according to evaluation routines within the Master's programme (one-year) in work and health.

Literature and other teaching aids

Lundberg, Ulf; Wentz, Görel

Stressad hjärna, stressad kropp : om sambanden mellan psykisk stress och kroppslig ohälsa

Stockholm : Wahlström & Widstrand, 2004 - 218 s.
ISBN:91-46-20395-8 (inb.) LIBRIS-ID:9357240
Library search

Sandkull, Bengt; Johansson, Jan

Från Taylor till Toyota : betraktelser av den industriella produktionens organisation och ekonomi

2. uppl. : Lund : Studentlitteratur, 2000 - 235 s.
ISBN:91-44-01346-9 (korr.) LIBRIS-ID:8352906
Library search

Arbetsgrupper : från gränslösa team till slutna rum

Thylefors, Ingela

1. utg. : Stockholm : Natur och kultur, 2007 - 218, [1] s.
ISBN:978-91-27-11426-5 (inb.) LIBRIS-ID:10233428
Library search

Allvin, Michael

Gränslöst arbete : socialpsykologiska perspektiv på det nya arbetslivet

1. uppl. : Malmö : Liber, 2006 - 188 s.
ISBN:91-47-07631-3 LIBRIS-ID:10057493
URL: http://www2.liber.se/bilder/omslag/stor/4707631o.jpg
Library search

Döös, Marianne; Waldenström, Kerstin

Chefskapets former och resultat : två kunskapsöversikter om arbetsplatsens ledarskap

Stockholm : VINNOVA, 2007 - 221 s.
ISBN:978-91-85959-26-6 LIBRIS-ID:11254842
Library search

Arbetarskyddsstyrelsens författningssamling : AFS.n 1980:14,p Psykiska och sociala aspekter på arbetsmiljön : Arbetarskyddsstyrelsens allmänna råd beträffande psykiska och sociala aspekter på arbetsmiljön

Danielsson, Gunnar

Stockholm : LiberFörl., 1980 - 11 s.
ISBN:91-38-05715-8 ISSN:0348-2138 (hela verket) LIBRIS-ID:3684024
URL: http://www.av.se/regler/default.shtm
Library search

Karolinska institutet

Hälsa och framtid. Sammanfattning

Institutionen för folkhälsovetenskap, 2008

Arbets- och miljömedicin : en lärobok om hälsa och miljö

Edling, Christer; Nordberg, Gunnar F.; Nordberg, Monica

2., [omarb.] uppl. : Lund : Studentlitteratur, 2003 - 318 s.
ISBN:91-44-02399-5 LIBRIS-ID:9174150
Library search

The dynamics of organizations and healthy work

Marklund, Staffan; Härenstam, Annika

1. uppl. : Växjö : Linnéuniversitetet, Institutionen för samhällsvetenskaper, cop. 2010 - 159 s.
ISBN:978-91-86491-58-1 LIBRIS-ID:12093522

Library search