



**Karolinska  
Institutet**

Course syllabus for

# **Theories and Methods for Implementation and Evaluation, 7 credits**

Teorier och metoder för implementering och utvärdering, 7 hp

This course syllabus is valid from autumn 2021.

Please note that the course syllabus is available in the following versions:

Autumn2020 , Autumn2021 , Autumn2022 , Autumn2023 , Autumn2024

|                            |                                                        |
|----------------------------|--------------------------------------------------------|
| Course code                | 4FH096                                                 |
| Course name                | Theories and Methods for Implementation and Evaluation |
| Credits                    | 7 credits                                              |
| Form of Education          | Higher Education, study regulation 2007                |
| Main field of study        | Public Health Sciences                                 |
| Level                      | AV - Second cycle                                      |
| Grading scale              | Pass with distinction, Pass, Fail                      |
| Department                 | Department of Global Public Health                     |
| Decided by                 | Utbildningsnämnden PHS                                 |
| Decision date              | 2019-03-06                                             |
| Revised by                 | Education Committee GPH                                |
| Last revision              | 2021-03-15                                             |
| Course syllabus valid from | Autumn 2021                                            |

## **Specific entry requirements**

A Bachelor's degree or a professional degree equivalent to a Swedish Bachelor's degree of at least 180 credits in public health science, healthcare or other relevant social sciences subject area. And proficiency in English equivalent to English B/English 6.

That the student has completed courses with approved results equivalent of 45 credits at the Master's Programme in Public Health Sciences, specialisation Health Promotion and Prevention.

## **Objectives**

After completion of the course, students should be able to:

- Apply knowledge in the design of a process and outcome evaluation of complex interventions and policies (including study designs and outcome measures)
- Demonstrate understanding of a mixed methods evaluation approach
- Discuss the need for and use of reporting guidelines in studies

- Demonstrate knowledge and understanding of theories, models and frameworks in implementation research
- Demonstrate how implementation strategies are chosen based on barriers and facilitators
- Reflect on the strengths and limitations of an evidence-based approach to health promotion, and how this relates to the Sustainable Development Goals (SDGs)

## Content

The aim of this course is to give master students skills to apply an evidence-based approach to health promotion including implementation and evaluation of interventions and how to plan and evaluate wide-scale implementation in society. The content focuses on the following:

- The spectrum from efficacy to wide-scale implementation trials
- Evaluation of complex interventions regarding process, implementation outcomes, outcomes on organisational and individual level
- Quantitative and qualitative methods
- Reporting guidelines
- Hybrid designs in implementation research
- Implementation theories, models and frameworks
- Implementation strategies
- Intervention failure vs. implementation failure

## Teaching methods

Lectures, small group seminars and group work, in order to promote a reflective, analytical and critical approach towards implementation and evaluation of public health interventions. The lectures provide the students with knowledge on implementation research and evaluation. The group work will provide the opportunity for students to explore lecture themes in more detail and apply the knowledge gained. Students will work in teams to critique public health interventions regarding methods and conclusions. Students will be asked to consider the strengths and weaknesses of the methods used, the evidence produced and present their findings to the group. All teachers in the course are active researchers in the field of intervention and implementation research. Students are expected to undertake self-directed learning alongside contact time, which may include reading, critical analysis and assignments.

## Examination

The examination consists of two parts both required to pass the course: 1) Weekly mandatory group assignments with oral presentation and peer review in class. There will be four group assignments based on literature. The group work will be graded with Pass or Fail: 2) an individual written home assignment describing a real-world implementation project where the student describes and critically appraises the steps of the implementation, evaluation and wide-scale dissemination of an intervention. The assignment will be graded as pass, pass with distinction or fail. In case of Fail on the individual written assignment, completion of the grade up to a passing grade can be allowed if the student is close to the limit of passing. The assignment must then be submitted within two weeks after the examiner has announced the need for completion.

### Compulsory participation

The course will start with a mandatory introductory lecture. Presence and active participation during the reporting of the group assignments is also compulsory. The examiner assesses if and how absence from compulsory parts can be compensated. Before the student has participated in compulsory parts or compensated absence in accordance with the course examiner's instructions, the student's results for respective part will not be registered. Absence from a compulsory part may result in the student having to wait to compensate until the next time the course is given.

Limitation of number of occasions to write the exam:

Students who have not passed the regular examination are entitled to participate in five more examinations. If the student has not passed the exam after four participations, he/she is encouraged to visit the study advisor. If the student has failed six examinations/tests, no additional examination or new admission is provided.

The number of times that the student has participated in one and the same examination is regarded as an examination session. Submission of a blank examination is regarded as an examination. An examination for which the student registered but not participated in will not be counted as an examination.

If there are special reasons, or a need for adaptation for a student with a disability, the examiner may decide to deviate from the syllabus's regulations on the examination form, the number of examination opportunities, the possibility of supplementation or exemptions from the compulsory section/s of the course etc. Content and learning outcomes as well as the level of expected skills, knowledge and abilities may not be changed, removed or reduced.

## Transitional provisions

Examination will be provided during a time of two years after a possible cancellation of the course. Examination can take place according to an earlier literature list during a time of one year after the date when a major renewal of the literature list has been made.

## Other directives

Course evaluation will be carried out in accordance with the guidelines established by the Committee for Higher Education.

The course language is English.

## Literature and other teaching aids

### *Mandatory literature*

*Glanz, Karen; Rimer, Barbara K; Viswanath, K.*

**Health Behavior : theory, research, and practice**

*Glanz, Karen; Rimer, Barbara K.; Viswanath, K.*

5 ed. : New York, NY : John Wiley & Sons, 2015 - Online-Ressource.

ISBN:978-1-118-62900-0 LIBRIS-ID:21086136

URL: [Länk](#)

[Library search](#)

*Moore, G F*

**Process evaluation of complex interventions: Medical Research Council guidance**

2015 Ingår i:

**BMJ : British medical journal**

London : British Medical Association, 1988-

ISSN:0959-8146 LIBRIS-ID:8263868

URL: <http://www.bmj.com/>

(2015)

*Process evaluation of complex interventions: Medical Research Council guidance 2014*

*Brownson, Ross C.; Colditz, Graham A.; Proctor, Enola Knisley*

**Dissemination and implementation research in health : translating science to practice**

Second edition. : New York, NY : Oxford University Press, 2017 - 1 online resource

ISBN:9780190683245 LIBRIS-ID:21965094

URL: [Table of Contents / Abstracts](#)

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Extra material will be specified during the course