



**Karolinska
Institutet**

Course syllabus for

Palliative Medicine, 3 credits

Palliativa insatser, 3 hp

This course syllabus is valid from spring 2012.

Course code	9H1031
Course name	Palliative Medicine
Credits	3 credits
Form of Education	Contract education (credits)
Main field of study	Medicine
Level	AV - Second cycle
Grading scale	Fail (U) or pass (G)
Department	Department of Neurobiology, Care Sciences and Society
Decided by	Styrelsen för utbildning
Decision date	2011-10-18
Course syllabus valid from	Spring 2012

Specific entry requirements

At least 120 credits, including a medical degree. English language skills equivalent to English B at Swedish upper secondary school are also required.

Objectives

The student should demonstrate an attitude and an understanding that shows that he or she independently can be responsible for a good palliative care for individuals with dementia disease. On completion of the course, the student should be able to: - plan for a good palliative care based on the ethical guidelines for palliative care of individuals with advanced dementia disease - integrate and assess issues about nutrition difficulties and other problems together with the team to achieve maximum alleviation in late palliative phase at dementia disease - assess precondition of treatment at progressive dementia disease

Content

Ethical guidelines for palliative care of individuals with advanced dementia disease - The Swedish Society of Medicine's ethical guidelines for terminal care - Ethical basic principles - Palliative nursing philosophy - Ethical problem areas in palliative care - Existential break points in palliative care - Alleviation in late palliative phase at dementia disease - Alleviation in palliative care of individuals with dementia; cognitive difficulties, BPSD, physical symptoms, pain - LCP, ESAS - Nutrition difficulties at stroke and other dementia disease. Evidence for throat problem, PEG - To refrain from or not refrain

from from active measures in care of individuals with dementia diagnosis, practical cases. - Withdrawal of treatment at advanced dementia disease, right or wrong, medicine that delays the symptoms, Fragmin etc - Teams, family supports, communication

Teaching methods

The course is carried out as distance education and has a student-activating learning in focus as educational model. The distance education is IT-based and is characterised by an independent and collaborative learning. In the course occurs both individual study assignments, work in groups, virtual discussions, seminars and lectures

Examination

The examination is both formative, i.e. evaluation during the course, and summational, i.e. evaluation of the contents of the course. The formative examination takes place through active participation in seminar presentations, both individual and in groups. To pass the assignments, it is required that the student has participated actively in the completion of the assignments and in both written and oral presentation/discussion of these. The summational examination takes place through a reflecting individual written report, based on advanced study in chosen fields of the course content, on relevant literature, and also a critical discussion of possible application. The reports should also be presented orally. The reports should be presented and discussed in a seminar together with teachers and fellow students.

Other directives

Language of instruction English.

Literature and other teaching aids

Burns, Alistair S.; O'Brien, John; Ames, David

Dementia.

3. ed. : London : Hodder Arnold, 2005. - xxxi, 829 s., [12] s. of plates
ISBN:145.00 LIBRIS-ID:10002703

[Library search](#)

Alzheimers sjukdom och andra kognitiva sjukdomar

Marcusson, Jan; Blennow, Kaj; Skoog, Ingmar; Wallin, Anders; Röhl, Annika

3., [omarb. och utök.] uppl. : Stockholm : Liber, 2011 - 292 s.
ISBN:978-91-47-08482-1 LIBRIS-ID:12134448

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