



**Karolinska
Institutet**

Course syllabus for

Emotion regulation group therapy, adjunctive treatment for deliberate self-harm, 5.5 credits

Emotionsregleringsbehandling i grupp - tilläggsbehandling inriktad mot självskadebeteende, 5.5 hp

This course syllabus is valid from autumn 2019.

Please note that the course syllabus is available in the following versions:

Autumn2019 , [Spring2020](#) , [Spring2022](#)

Course code	9K8104
Course name	Emotion regulation group therapy, adjunctive treatment for deliberate self-harm
Credits	5.5 credits
Form of Education	Contract education (credits)
Main field of study	Psychotherapy
Level	G2 - First cycle 2
Grading scale	Pass, Fail
Department	Department of Clinical Neuroscience
Decided by	Education committee CNS
Decision date	2019-03-13
Course syllabus valid from	Autumn 2019

This course syllabus is not available in English.