



**Karolinska  
Institutet**

Course syllabus for

# **Emotion regulation group therapy, adjunctive treatment for deliberate self-harm, 5.5 credits**

Emotionsregleringsbehandling i grupp - tilläggsbehandling inriktad mot självskadebeteende, 5.5 hp

This course syllabus is valid from spring 2020.

Please note that the course syllabus is available in the following versions:

Autumn2019 , Spring2020 , Spring2022

Course code	9K8104
Course name	Emotion regulation group therapy, adjunctive treatment for deliberate self-harm
Credits	5.5 credits
Form of Education	Contract education (credits)
Main field of study	Psychotherapy
Level	G2 - First cycle 2
Grading scale	Fail (U) or pass (G)
Department	Department of Clinical Neuroscience
Decided by	Utbildningsnämnden CNS
Decision date	2019-03-13
Revised by	Education committee CNS
Last revision	2019-12-06
Course syllabus valid from	Spring 2020

This course syllabus is not available in English.