



**Karolinska  
Institutet**

Course syllabus for

# **Emotion regulation group therapy, adjunctive treatment for deliberate self-harm, 5.5 credits**

Emotionsregleringsbehandling i grupp - tilläggsbehandling inriktad mot självskadebeteende, 5.5 hp

This course syllabus is valid from spring 2022.

Please note that the course syllabus is available in the following versions:

Autumn2019 , Spring2020 , Spring2022

|                            |   |
|----------------------------|---|
| Course code                | 9K8104  |
| Course name                | Emotion regulation group therapy, adjunctive treatment for deliberate self-harm |
| Credits                    | 5.5 credits   |
| Form of Education          | Contract education (credits)  |
| Main field of study        | Psychotherapy   |
| Level                      | G2 - First cycle 2  |
| Grading scale              | Pass, Fail  |
| Department                 | Department of Clinical Neuroscience   |
| Decided by                 | Utbildningsnämnden CNS  |
| Decision date              | 2019-03-13  |
| Revised by                 | Education committee CNS   |
| Last revision              | 2022-03-02  |
| Course syllabus valid from | Spring 2022   |

This course syllabus is not available in English.