



**Karolinska  
Institutet**

Course syllabus for

# **Introduction to Acceptance and Commitment Therapy, 7.5 credits**

Grundutbildning i Acceptance and commitment therapy, 7.5 hp

This course syllabus is valid from spring 2023.

Course code	9K8122
Course name	Introduction to Acceptance and Commitment Therapy
Credits	7.5 credits
Form of Education	Contract education (credits)
Main field of study	Psychotherapy
Level	G2 - First cycle 2
Grading scale	Pass, Fail
Department	Department of Clinical Neuroscience
Decided by	Education committee CNS
Decision date	2022-10-19
Course syllabus valid from	Spring 2023

This course syllabus is not available in English.