



**Karolinska
Institutet**

Course syllabus for

Community- and Home Based Rehabilitation - Cultural Perspectives, 7.5 credits

Samhälls- och hembaserad rehabilitering ur ett kulturellt perspektiv, 7.5 hp

This course syllabus is valid from spring 2021.

Course code	9XX021
Course name	Community- and Home Based Rehabilitation - Cultural Perspectives
Credits	7.5 credits
Form of Education	Contract education (credits)
Main field of study	Not applicable
Level	GX - First cycle
Grading scale	Pass with distinction, Pass, Fail
Department	Department of Neurobiology, Care Sciences and Society
Decided by	Education committee NVS
Decision date	2023-04-18
Course syllabus valid from	Spring 2021

Specific entry requirements

30 ECTS in occupational therapy or other topic (for ex. nursing, physiotherapy) from a foreign institution.

Objectives

The participant should, on completion of the course have knowledge about, and be able to:

- define and present central concepts in the field of community rehabilitation (CBR) and home-based rehabilitation (HBR).
- integrate and describe these concepts in a global context, focusing on assessments and interventions in the home, neighbourhood and community
- identify and describe population demographics, service in the health care system and how rehabilitation in the home and in society is delivered
- recognize and describe the care and rehabilitation from the context of different countries and and compare and reflect in relation to the population in a global context.
- identify and describe cross-professional and international perspectives on living and health of different ages
- describe different assessments, interventions and evaluations that are relevant in community- and homebased reahbilitation

- identify, present and discuss ethical dilemmas in relation to community- and homebased rehabilitation
- have knowledge and understand World Health organizations' (WHO) Sustainable Development Goals (SDG's)

Content

- Definitions of community- and home-based rehabilitation (CBR and HBR)
- Identification and description of how the health care system functions and how rehabilitation in home and society meets the needs of the population
- The need of adaptation of environment and the society
- National and global perspective on formal and informal care and rehabilitation
- Interdisciplinary and subject-specific perspectives on housing and health in different age groups
- Assessments, interventions and evaluations within community and homebased rehabilitation
- Interventions that supports the possibility to daily activity, work and recreational activities
- Ethical dilemmas within rehabilitation in relation to housing and the society

The course is divided into three parts:

Interprofessional and international perspectives on health and rehabilitation, 1.5 hp

Grading scale: VU

The application of CBR or other rehabilitation in different countries is discussed. Also, the organization and access to healthcare and rehabilitation in societies, at home and in institutions are addressed. This also includes ethical and socioeconomic perspectives related to the Sustainable Development Goals. (SDGs)

Presentation of a CBR-or HBR-project from literature, 2.0 hp

Grading scale: VU

A groupwork and presentation is done with the purpose to present a CBR or HBR project within optional theme from optional country according to theory and SDG's

An individual development of a CBR- or HBR-program, 4.0 hp

Grading scale: VU

In the individual written examination the student independently develops a CBR- och HBR-program and describes from a clientcase/familycase. The student shall identify, evaluate and connect to theory and research regarding different assessments, interventions and evaluations. The connection to ethical dilemmas is also presented in the paper and contains an interprofessional perspective.

Teaching methods

The teaching is based on a problem-oriented and collaborative approach to learning in which the tasks provide opportunities for the participant to take active responsibility for their learning. The used teaching methods are lectures, seminars, individual work, group work, literature review.

Examination

The course is divided into three parts:

Module 1: Interprofessional and international perspectives on health and rehabilitation 1.5 ECTS

A posterpresentation carried out in a group

Module 2: A presentation of a CBR- or HBR project from literature 2 ECTS

A grouppresentation

Module 3: A individual developing of ac CBR- or HBR-program 4 ECTS

Through a written klientcase/familycase describe the different steps in the rehabilitationsprocess in a individual written paper and a seminar.

Grading scale: Pass with distinction/Pass/Fail.

The examiner decides whether, and if so how, absence from or failure to complete compulsory course elements can be made up. Study results cannot be reported until the participant has participated in or completed compulsory course elements or compensated for any absence in accordance with instructions from the examiner. Absence from or failure to complete a compulsory course element could mean that the participant cannot retake the element until the next time the course is offered.

The number of examinations is regulated as agreed. Times for examination sessions are given at start.

Transitional provisions

Interim regulations are regulated as agreed.

Other directives

Language of instruction: English.

The course will not be credited in a degree together with another course the student has completed and passed which completely or partly corresponds to the contents of this course. The following courses are partly overlapping: 1EE021, Community- and homebased rehabilitation - Cultural Perspectives (international students) 7.5 ECTS, 1XX011 Community- and homebased rehabilitation - Cultural Perspectives and 1EE104 Professional Identity within healthcare from a Global perspective 7.5 ECTS.

Evaluation of the course will be carried out according to the guidelines established from the Board of Higher Education. The report of the course-evaluation and an analysis of the result will be published on the course-web after the evaluation is finished.

Literature and other teaching aids

Global health tools

Institutionen för neurobiologi, vårdvetenskap och samhälle,

URL: [Gobal health tools](#)

Grandisson, M; Hébert, M; Thibeault, R

A systematic review on how to conduct evaluations in community-based rehabilitation

2014

URL: [Länk](#)

Ingår i:

Disability and rehabilitation.

London : Taylor & Francis, 1999-

ISSN:1464-5165 LIBRIS-ID:9382282

36 (2014) :4, s. 265-275

Community-based rehabilitation (CBR) monitoring and evaluation methods and tools: a literature

review.

Lukersmith, S; Hartley, S; Kuipers, P; Madden, R; Llewellyn, G; Dune, T

2013

URL: [Länk](#)

Ingår i:

Disability and rehabilitation.

London : Taylor & Francis, 1999-

ISSN:1464-5165 LIBRIS-ID:9382282

35 (2013) :23, s. 1941-53

The relevance of the International Classification of Functioning, Disability and Health (ICF) in monitoring and evaluating Community-based Rehabilitation (CBR).

Madden, RH; Dune, T; Lukersmith, S; Hartley, S; Kuipers, P; Gargett, A; Llewellyn, G

2014

URL: [Länk](#)

Ingår i:

Disability and rehabilitation.

London : Taylor & Francis, 1999-

ISSN:1464-5165 LIBRIS-ID:9382282

36 (2014) :10, s. 826-37

Shumba, TW; Haufiku, D; Mitonga, KH

The evolution of community-based rehabilitation (CBR) programmes : a call for mixed evaluation methodologies

2020 Ingår i:

Journal of Health Research

2018-

ISSN:2586-940X LIBRIS-ID:v65lv9v6sm00frwh

Ahead of print (2020)

Thorsén AM, Widén Holmqvist L, von Koch L

Early supported discharge and continued rehabilitation at home after stroke: 5-year follow-up of resource use

J Stroke Cerebrovasc Dis. 2006 Jul-Aug;15(4):139-43.,

Sustainable development goals

WHO,

URL: [Sustainable developmet goals](#)

WHO

Community based rehabilitation

WHO,

URL: [Community based rehabilitation](#)

Wottrich AW, von Koch L, Tham K.

The meaning of rehabilitation in the home environment after acute stroke from the perspective of a multiprofessional team

Phys Ther. 2007 Jun; 87(6):778-88. Epub 2007 Apr 18.,

Community-based rehabilitation for people with disabilities in low- and middle-income countries

Iemmi, V; Gibson, L; Blanchet, K; Kumar, KS; Rath, S; Hartley, S; Murthy, GV; Patel, V; Weber, J; Kuper, H

Campbell Systematic Review, 2015

URL: [Community based rehabilitation for people with disabilities in low- and middle-income countries: A systematic review](#)

Cleaver, S; Nixon, SA

A scoping review of 10 years of published literature on community-based rehabilitation

2014

URL: [A scoping review of 10 years of published literature on community-based rehabilitation](#)

Ingår i:

Disability and rehabilitation.

London : Taylor & Francis, 1999-

ISSN:1464-5165 LIBRIS-ID:9382282

36 (2014) :17, s. 1385-1394