



Health clearance information for health care providers

A health clearance is required of all students attending placement on a healthcare programme within Stockholm County Council, or services that have an agreement with Stockholm County Council. The purpose of the health clearance is to help prevent the spread of infectious diseases in healthcare work.

The attached form (health clearance) should be completed and signed by a licensed physician prior to the student's departure for Sweden.

Filling out a health clearance

Following medical conditions should be checked for before issuing a health clearance:

MRSA

MRSA test is recommended prior to departure for Sweden, as positive test result may lead to restrictions for health care placements with particularly vulnerable patients. An additional MRSA test will be done by Student Wellbeing Centre upon arrival, for students who meet the criteria.

Skin conditions

Wounds, eczema, and damaged skin are risk factors for spread of infections and ought to be treated before departure to Sweden.

Tuberculosis (TB)

All students must undergo TB risk assessment and symptom screen. TB screening should be done within 6 months prior to their departure to Sweden.

Risk assessment

A recent tuberculin skin test, TST (PPD) or IGRA (QuantiFERON) test is required if the student:

- Lived in a high TB burden country (please see separate list of countries) for more than 3 months during the past 5 years.
- Been exposed to tuberculosis from a family member or other close contact.

A copy of the test result must be attached to the health clearance and presented at Student Wellbeing Centre upon arrival to Sweden.

In case of positive TST, IGRA or prior diagnosis or treatment for TB/LTBI, a follow-up chest x-ray is required to confirm or dismiss evidence of active pulmonary tuberculosis. A written x-ray report (in English) must be attached to the health clearance and presented at Student Wellbeing Centre upon arrival to Sweden.

Symptom screen

If presenting with symptoms of TB (long-lasting cough, fever, night sweats, unintentional weight loss or fatigue), a referral to an infection clinic for diagnosis and treatment is required before issuing a health clearance.

If diagnosed with TB, the student should complete treatment before attending a clinical placement. The student must bring a separate report from the treating physician confirming this. **Please ask the student to contact Student Wellbeing Centre in advance if the above applies.**

No restrictions apply to students diagnosed with latent tuberculosis infection (LTBI).

Immunization coverage

It is highly recommended, but not mandatory, for students to be vaccinated (if not immune) against:

- Hepatitis B
- Varicella (chickenpox)
- Measles
- Diphtheria

There may apply restrictions for certain placements if not vaccinated against Covid-19.

In case of any questions please contact Student Wellbeing Centre:

<https://education.ki.se/welcome-to-student-wellbeing-centre>