

EXCHANGE STUDIES Biomedicine programmes Master's programme in Biomedicine

Giulia Grillo Mikrut
International coordinator

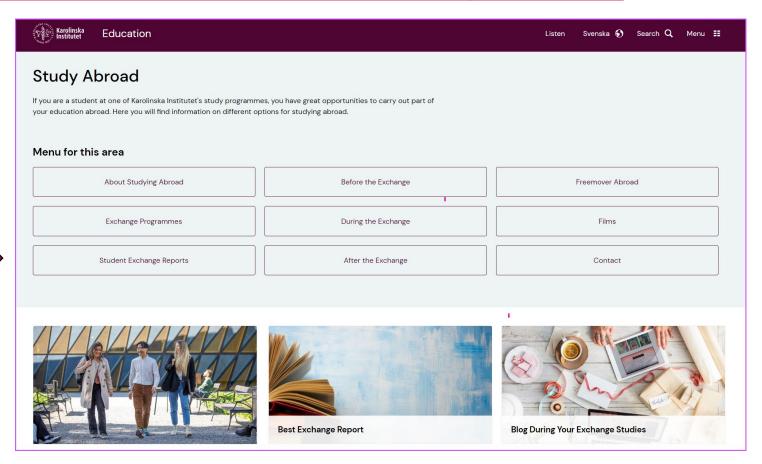


TODAY'S PROGRAM:

- General presentation of exchange studies
- The application process
- Official nomination and freemover
- Q&A



Study abroad https://education.ki.se/study-abroad







TRAVEL REPORTS







https://education.ki.se/student/exchangestudies-masters-programme-in-biomedicine



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Master's Program in Biomedicine

FOR STUDENTS ATTENDING THE MASTER'S PROGRAMME IN BIOMEDICINE

Exchange Studies - Master's Programme in Biomedicine

If you are interested in exchange studies keep an eye on this page. Here the international coordinator posts information regarding the application process as well as invitations to information meetings where you can find out more about our partner universities, the application process, and stipends among others.







Exchange Studies - Master's Programme in Biomedicine

The International Committee of the Biomedicine Programmes (BIONK)

NEWS

Exchange places for students in the Master's programme in Biomedicine

Options for exchange studies within the Master's Programme in Biomedicine

Options for exchange studies during the third semester



Where can you go?





Partner	Host country	Program	Total number
AU SYDNEY01 - The University of Sydney	Australia	Bilateral/INK (Studies)	2
A INNSBRU21 - Medizinische Universität Innsbruck	Austria	Erasmus (Studies)	
A INVISITOZ I - Wedizillische Oniversität illisphuck	Austria	Bilateral/INK	•
BR SAOPAUL01 - Universidade de São Paulo	Brazil	(Studies)	0
		Bilateral/INK	
CA TORONTO01 - University of Toronto	Canada	(Studies)	1
DK KOBENHA01 - Kobenhavns universitet	Denmark	Erasmus (Studies)	1
DK ODENSE01 - Syddansk Universitet	Denmark	Erasmus (Studies)	1
SF KUOPIO12 - University of Eastern Finland	Finland	Erasmus (Studies)	1
SF TURKU01 - Turun Yliopisto (University of Turku/Åbo)	Finland	Erasmus (Studies)	1
F STRASBO48 - Université de Strasbourg	France	Erasmus (Studies)	1
F PARIS468 - Sorbonne Université	France	Erasmus (Studies)	1
D GOTTING01 - Georg-August-Universität Göttingen	Germany	Erasmus (Studies)	1
D HEIDELB01 - Ruprecht-Karls-Universität Heidelberg	Germany	Erasmus (Studies)	1
IRLDUBLIN01 - University of Dublin - Trinity College Dublin	Ireland	Erasmus (Studies)	1
I MILANO01 - Università Degli Studi di Milano	Italy	Erasmus (Studies)	1
JP OSAKA01 - Osaka University	Japan	Bilateral/INK (Studies)	1
or Control of a Country Country	oapan	Bilateral/INK	•
JP TOKYO01 - The University of Tokyo	Japan	(Studies)	1
NL LEIDEN01 - Universiteit Leiden	Netherlands	Erasmus (Studies)	2
N BERGEN01 - Universitetet i Bergen	Norway	Erasmus (Studies)	1
SA RIYADH01 - King Abdullah University of Science and		Bilateral/INK	
Technology	Saudi Arabia	(Studies)	3
		Bilateral/INK	
SG SINGAPOR01 - National University of Singapore	Singapore	(Studies)	1
SG SINGAPOR02 - Nanyang Technological University	Singapore	Bilateral/INK (Studies)	1
CH ZURICH07 - Eidgenössische Technische Hochschule Zürich			
(ETH Zürich)	Switzerland	SEMP (Studies)	1
E BARCELO01 - Universitat de Barcelona	Spain	Erasmus (Studies)	1
UK EDINBUR01 - The University of Edinburgh	United Kingdom	Erasmus (Studies)	2



University of Vilnius

 From the academic year 2023-2024 it will be possible to go on exchange in semester 4 to the University of Vilnius. Please visit the exchange study pages of your programme to find out more about this agreement



EXCHANGE STUDIES IN SEMESTER 3 OR 4

Within the Master's programme in Biomedicine you can go on exchange in semester 4 or as freemover for the Research project 2.

- Specific rules for exchanges in semester 3
- Data collection in semester 4



ELIGIBILITY FOR EXCHANGE STUDIES

SEMESTER 3

To be admitted for studies in the *third semester* you must have completed the first semester of the Master's Programme in Biomedicine and passed all the component exams/assignments etc. by April 15th, as well as having taken (participated in) all the courses in the second semester of the programme.

SEMESTER 4

In order to be eligible for exchange studies in the *fourth semester* you need to have passed all courses in semesters 1 and 2 by September 15th and to have taken all the courses in the third semester. If you do not fulfill these requirements by the stated deadline you will not be eligible for exchange studies.



FREEMOVER IN SEMESTER 3

Frontiers in Biomedicine Research Project 2 (15 credits) (10 weeks). Data is collected at a university of choice in Europe and a stipend is applied for via the Erasmus + Traineeship from KI.

The course will be examined and graded at KI, and the student is registered for the research project course at KI and not formally as an exchange student in Ladok. Students who select this option receive no additional support beyond that which is given to students who collect their data at KI.



EXCHANGES IN SEMESTER 4

Exchange during the fourth semester: 30 credits (20 weeks) degree project

• The Master's thesis will be examined and graded at KI, and the student is registered for the degree project course at KI and not formally as an exchange student in Ladok. The student will not be entitled to additional loans from CSN for studies abroad but can apply for the usual stipend from KI (the sum is dependent on the location of the exchange university and the type of agreement we have with the partner university: study/traineeship). The student must comply with the requirements for the degree project (which are documented on the course web page) and submit a project plan etc. to the course leader according to the instructions. While at the exchange university the student studies within a KI agreement, tuition fees are waived and, in the majority of cases, help is provided with finding accommodation.



How do I apply?



APPLICATION FORM: Mobility Online

Entire application online

All attachments are uploaded in the system (CV, Transcript of records and motivation letter)

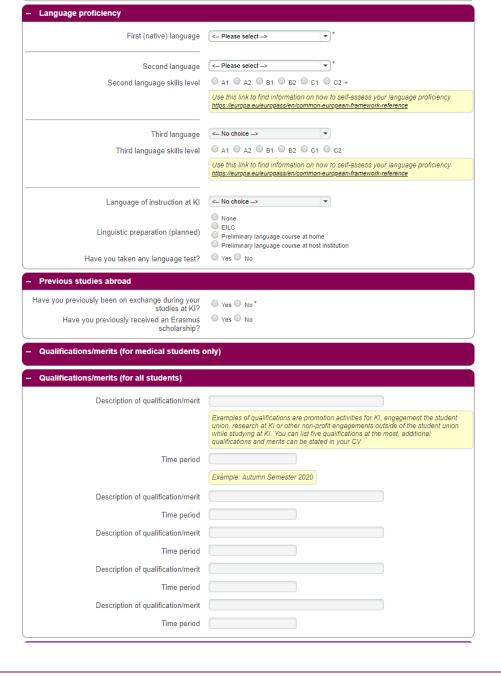
A letter of reference is no longer requested!

Application for a student exchange





	WNO IEW
All fields marked with (*) must be completed.	
7 in reduce marked war () must be completed.	
 Application details <u>Open all sub groups</u> <u>C</u> 	lose all sub groups
Type of applicant	○ Incoming ● Outgoing ★
Type of person	Students/Trainees Teachers/Staff *
Type of mobility	Outgoing Exchange
Academic year	2022/2023
Study level	■ Bachelor/first cycle ■ Master/second cycle *
Study programme	< Please select>
Barrary details	
- Personal details	
Last name	<u>*</u>
First name	*
Gender	○ Male ○ Female ○ Other *
Swedish personal/coordination number (YYYYMMDDNNNN)	*
Date of birth (DD.MM.YYYY)	*
Nationality	< Please select> v
Phone number	*?
Email address (@stud.ki.se)	* ?
Same e-mail address for verification	*
Contact person in case of emergancy	
Last name	*
First name	*
Relationship	*
Email address	*
Phone number	*?
Filone number	
Current study details	
Country of home institution	Sweden ▼
Home institution	STOCKHO03 - KAROLINSKA INSTITUTET
Number of academic years so far	*
Current semester on your study programme at KI	< Please select> v *
programme at N	





 Exchange destination and study option deta 	iils
Country of host institution (1st choice)	< Please select> v
Host institution (1st choice)	< Please select> *
Study period	< Please select> *
Stay from (1st choice)	*
Stay until (1st choice)	*
Study options (equivalent courses and/or degree	*
Do you wish to add a second option?	○ Yes ○ No
Do you wish to add a third option?	○ Yes ○ No
Do you wish to add a fourth option?	○ Yes ○ No
Do you wish to add a fifth option?	○ Yes ○ No
Do you wish to add a sixth option?	○ Yes ○ No
Special needs	Yes No * No * No * No * No * No * No * No * No * No * No * No *
- Additional comments	
Additional comments to application	
- Confirmation	
I hereby certify that all information in my application is correct, complete and accurate.	*
I hereby accept the terms and conditions for participating in international student mobility at	_ ±
Karolinska Institutet.	
I hereby give my consent to the processing of the information I have provided. Processing includes obtaining, recording, keeping or disclosing information or data and carrying out operations using the information or data for mobility management purposes. The information will be stored in the database for international partnerships and mobility and processed by KI in accordance with the EU's General Data Protection Regulation (GDPR) 2016/679, the Data Protection Act 2018:218 and other relevant legislation.	
	Next step to complete your application is to upload your supporting application documents. Press the button "Send application" below and check your email for further instructions. For information on how KI processes your personal data please see KI's privacy policy https://education.ki.se/information-to-students-about-how-ki-processes-personal-data target .
Cancel application	Send application

Karolinska Institutet



Submission of application

- After registering your application you will receive an email from Mobility Online
- Please create your account
- Upload all the relevant documents
- Submit the application

The application is finalized only when the student has uploaded all the necessary documents and the application has been submitted



BIONK and Nomination mail

- After the application deadline, BIONK will meet to assess all the incoming applications.
- All students will be ranked and base on this ranking students will be allocated their first, second, third, etc. choice
- It is always smart to add as many destinations as possible in the application if student is really interested in going abroad on an official exchange
- If not nominated, the student will be able to apply to our second round of applications later on in the Spring/Summer based on places' availability
- Students will be informed about BIONK's decision via email and will have a week to accept/reject the nomination



Nomination to Partner university

- When the student has accepted his/her nomination within the time limit stated in the nomination letter, the international coordinator officially nominates the student to our partner university.
- At this point the student will begin a mail correspondence with our partner in regard to how to apply to the university abroad.





Application process







Giulia Grillo Mikrut



Letter of acceptance

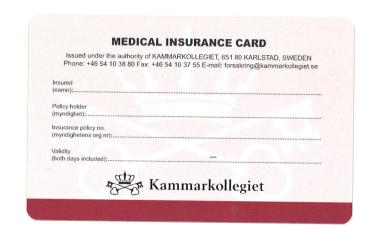
- When all the paper work is finalized, our partner will send a Letter of Acceptance to our student. In this letter our partner will state the exact dates of your exchange. Until you have this paper you <u>shouldn't</u> make any travel arrangements because it means you are yet to be accepted at the university abroad.
- When you have received the Letter of Acceptance get in contact with your international coordinator who will issue your insurance certificate and insurance card. You are insured two weeks before and after your exchange period in the country where your exchange will take place and on your way there and back.
- Your international coordinator will also send you the stipend application and the Code of Conduct for exchange studies.





Insurance

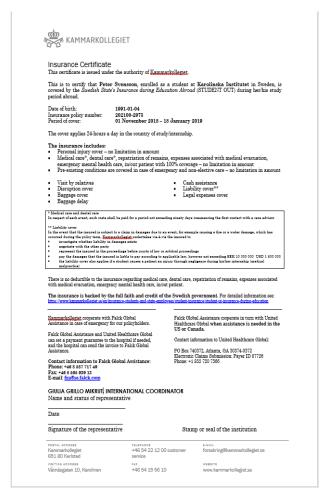
- "Student UT" (Kammarkollegiet)
 - → Medical Insurance Card (MIC)
 - → Download the <u>Kammarkollegiet</u> app (information on app in Swedish)
 - → 2 weeks prior to and after the study period
 - → Only valid in host country (+ direct journey)
 - → Always save the receipts for expenses
 - → In case of emergency contact numbers on the back of the MIC card



- Check your home insurance + travel insurance
- European Health Insurance card
 - → Valid in 33 countries in Europe
 - → Valid before "Student UT" if you need health care
 - → Order it from Försäkringskassan.se (also available as app for your smartphone!)



Insurance STUDENT UT









KI SCHOLARSHIPS

Within the Erasmus agreement (exchange to a European country) the amount varies depending on where you are traveling to and whether you are on exchange to attend courses or for a traineeship:

Country	€ month	€ day
Denmark, Finland, Ireland, Iceland, Norway, Liechtenstein, Luxemburg, UK	510	17
Austria, Belgium, Cyprus, Estonia, France, Greece, Italy, Latvia, Lithuania, Malta, the Netherlands, Poland, Portugal, Romania, Spain, Czechia, Germany, Hungary	400	13,3



Erasmus+ specifics

- Online Linguistic Support (OLS)
 - → Compulsory language test before and after the exchange period
 - → Possibility to do an online language course
 - → Results sent to you not the partner university
- E-mail from OLS-support <u>noreply@erasmusplusols.eu</u>
- When you travel on an <u>Erasmus agreement</u> you can receive an additional travel grant corresponding to 2.000 SEK if you travel to your destination by train.



Extra inclusion support

From autumn semester 2022, extra support (currently **250 Euro** per month, subject to change) can be awarded to all students in the following two groups:

- Students with permanent or long-term disabilities, including disabilities caused by physical or mental illness. This must be certified by the coordinator for students with disabilities or from the municipality that currently provides support.
- Students with **children**, regardless of whether the child accompanies the parent during mobility or not. This must be certified by the Swedish Tax Agency ("familjebevis").
- In addition, you can receive inclusion support for actual extra costs incurred by the exchange, if these costs are not covered by the extra inclusion support.



Coordinator for students with disabilities



Viktoria Hansson

Coordinator

Telephone:

+46-(0)8-52486004

Cell phone:

+46-(0)702596004

Email:

viktoria.hansson@ki.se

Organisation:

UF Central Administration

L Utbildnings- och
forskarutbildningsstöd
L stöd till Program- och
utbildningsnämnder

Visiting address

Berzelius väg 3, 17165 Solna

Postal address

UF Universitetsförvaltningen, UF UFS stöd till Program- och utbildningsnämnder, 171 77 Stockholm



Extra support for Green travel

If you are going on an Erasmus exchange during the academic year 2023/2024 and travel by train or bus ("Green travel") to and/or from your Erasmus destination, you can apply for an extra travel allowance of SEK 2 000 (if the trip costs less than SEK 2 000, you will be reimbursed for the exact amount). The allowance can, for example, be used to pay part of an Interrail ticket. Up to **four travel days** can also be added to your regular scholarship days for studies or traineeship and reimbursed in the same way.



INK (bilateral agreements)

If you travel outside the European Community your exchange can partially be covered by an INK stipend:

The travel grant corresponds to 4.500 SEK for 5 weeks, after that you will receive 500 kr for every additional week. However the maximum amount you will receive is 8.000 SEK.

34 WO 1910.	Karolinska Institutet		Eras	mus+		
Travel G	rant for Exch	ange/Traine	eship	Acade	mic Ye	ear 2022-202
Erasmus+ studies	Erasmus+ traineeship	Erasmus+ blended / Bl	, <u> </u>	Nordplus	Linn	naeus- ne INK/bilateral exchange
Green travel	grant (Erasmus+)	Special nee	ds/disability (Era	asmus+)	Stuc	lent with children (Erasmus
Last name			First name	е		
Swedish perse	nal/acardination numb	ver/D O D	Gender			
Swedisii perso	nal/coordination numb	let/D O B	Gender			
Street address			Postal cod	de and city		
Phone			Email add	ress		
Nationality			Study pro	gramme at KI		
Study lavel			Cubinet			
Study level First cycle	☐ Second cycle	☐ Third cycle	Subject ar			10 Health
Host institution	n/organisation/compan	v	□ 0413 Management □ 0911 Dentistry and administration □ 0912 Medicine			
		•	related :	ological and sciences		13 Nursing and midwifer 14 Medical diagnostics
Country			0512 Bi	ochemistry		d treatment technology 15 Therapy and
Country			Other, a	add code:		nabilitation 88 Health interdisciplina
			- '			•
Semester when takes place	n exchange Langua abroad	ge of instruction	Study per	iod abroad (yy	mm dd)	Number of days
			From	То		
Previous excha	ange studies/traineesh	ip				
None	Nordplus Erasi	mus+, number of mon		Linnaeus-		INK/bilateral
Name of bank			Bank acco applicable	ount incl clearing)	ig number	(IBAN/BIC/SWIFT whe
I have read and	agree to follow the re	gulations for travel (rants (see th	e previous pag	es)	
Date		Signature				
Signature Inter	national Coordinator		Signature	Erasmus/INK/L	innaeus-F	Palme Coordinator
Date and printe	ad namo		Date and	printed name	<u> </u>	
	a numie		Date allu	princed name		

Travel grant (payment 1) (SEK): Travel grant (payment 2) upon report approval (SEK):

Project number:

5736



Giulia Grillo Mikrut



STIPENDS AND SCHOLARSHIPS

- At KI you can apply for an Erasmus (if you go on exchange within Europe) or INK (if you are going on exchange outside of Europe) scholarship. If you go to Switzerland you will receive a SEMP scholarship
- You can apply at CSN to receive a higher study loan
- Have a look at other organization for external funds. Please make sure to read the conditions of the external stipend/scholarship



EXTERNAL FUNDS

EXAMPLES OF STIPENDS' SITES:

- www.stipendier.se
- www.lansstyrelsen.se
- www.vardforbundet.se
- https://utbildning.ki.se/stipendier-for-studenter
- https://www.globalgrant.com/search
- https://www.studera.nu/

Check our online pages for an updated stipend list: https://education.ki.se/scholarships



During your exchange

- Address and phone number leave with relatives and international coordinator
- Download UD's app <u>Resklar</u>
- Register at the Swedish Embassy
- Be a good KI ambassador
- Should anything happen, stay in touch
- Take care of yourselves and have fun



Experiencing American culture. Liselotte, Physiotherapy





AFTER YOUR EXCHANGE

- Before traveling home, remember to ask the partner university to fill in and sign the "After Mobility" section of your Learning Agreement. Ask for a Letter of Attendance.
- Write and submit your travel report (deadline September 1st). Upon approval of your travel report you will receive the second and final installment of your stipend. Best travel report!
- Share your exchange experience at the international day of your programme!



FREEMOVERS/ERAMUS+ INTERNSHIPS

Studying Abroad as a Freemover

If you choose to study abroad on your own as a so called *freemover* you can control much of the visit abroad yourself. This means that you prepare and arrange your studies at a foreign university on your own initiative. You are responsible for all costs such as application and tuition fees, etc. Contacts with universities and authorities are also your responsibility.

There is no deadline for going abroad as a freemover, but all paperwork has to be handed in no later than **4-6 weeks** before your departure

You won't be an official student while abroad, this meaning you might not be able to apply for student housing or receive a student card.



Writing Your Thesis Abroad

- You will be insured with the Legal, Financial and Administrative Services Agency (Kammarkollegiet), provided there is a written agreement between KI (not the student) and the institution or establishment and if you do your research project in the European Union you might be able to receive an Erasmus+ scholarship for traineeship.
- We have no limitations to which countries you can go to as freemover, as long as you can find a suitable project at a company/organization as well as a project specific supervisor. All the projects, however, need to be approved by the course leader of the degree project course here at KI.



Blog During Your Exchange Studies

Join me on my exchange studies - from Sweden!

We encourage outbound exchange students to document the experience by writing a blog, sharing an Instagram, Snapchat or any other social media account, so that fellow students can follow your exchange studies abroad from home.

https://education.ki.se/blog-during-your-exchange-studies





Email: giulia.grillo.mikrut@ki.se Phone: +46 (0)8 524 867 90

Visiting address:

SOLNA FLEMINGSBERG Berzelius väg 3, 5th floor

Alfred Nobels allè 10, 4th floor (by appointment only)

Languages spoken:



















Thank you for your attention!