



Read the newsletter in your browser

Autumn 2023

Dear master students at LIME,

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Welcome all new students and welcome back to those of you who are about to start your second year.

Today is the first day of the semester and we are all full of excitement for the coming year with new meetings and courses, and for many of you a completely new country to get to know.



From left: Mia von Knorring, Madelen Lek

We are very happy that you have chosen a master's program at LIME and Karolinska Institutet. We hope to give you a solid ground for your future career and two years that you will remember with joy.

In this newsletter, we are pleased to introduce one of our **programme directors**, Nadia Davoody, who is responsible for our master's programme in Health Informatics. We also present our two **international coordinators** that are working with the students at LIME

Save the date for an event on September 14: we will invite all students in the second year to meet several of our **research groups at LIME**. An exciting opportunity to learn more about the research areas at LIME.

On November 23 we offer a seminar for those of you who are interested in becoming a PhD after your degree. Read more about **From master to PhD** below and don't forget to register to the event.

Enjoy this newsletter and your time at LIME.
And once again - Welcome to a new semester!

Yours,

Mia von Knorring & Madelen Lek

Departmental Director of Education (GUA) & Assistant Departmental Director of Education

LIME NEWS & EVENTS

A mix of LIME internal news about research, new teachers, LIME talks, HI Conversations and more

Welcome to have a look in our **LIME calendar** where our events are listed!



NEWS FOR YOU

News specifically aimed at students at LIME

Research opportunities for the master degree project

On september 14, we will invite all students in their second year to meet many of the research groups at LIME. We hope this will inspire and help you find a suitable master degree project later on. A separate invitation with link to registration will soon be sent out.

From master to PhD

Welcome to a lunch seminar "From Master to a PhD" at LIME, where the doctoral education administration together with a doctoral student from our department will inform those of you who are interested in pursuing a doctoral education after your master's degree. We will inform about the application procedure, what is needed in terms of general eligibility, how the four-year education is laid out and much more. We also look forward to answering your questions about this area. Hosts for this event are: Per Palmgren Director of studies for doctoral education and Ingrid Smedberg, Coordinator for PhD students– both are working with at LIME. Lunch sandwiches will be served.

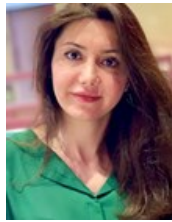
Picture from last year's presentation with Per Palmgren, Ingrid Smedberg, Stefano Bonacina and Sophia Appelbom.



Register by scanning the qr code to the right!



Meet one of our Programme Directors and both of our International Coordinators



Nadia Davoody

Nadia Davoody, Programme director, Health Informatics masters

Hey Nadia,

- **You are the Programme Director (PD) of LIME's popular joint master programme in Health Informatics together with Stockholm University. What does a programme director do?**

Thank you for this opportunity to talk about my role and the master's programme in Health Informatics! A programme director has a KI-overall responsibility for the quality and coordination of programme courses. The programme director also ensures that the courses within the programme obtain high quality and good research connections and attends the educational board meetings for quality assurance of the programme.

The PD is also responsible for preparing decisions regarding the distribution of educational assignments regarding courses within programs. In addition, the PD has a close collaboration with the teachers within the programme and the student representative/s. The PD together with the teachers goes through the course evaluations and students' feedback on the programme at the programme council meetings and teacher workshops.

- **Why do you think the programme is so popular?**

The field of Health Informatics is a quickly growing field around the world and **the need for new health informaticians increases rapidly**. The master's program in health informatics is a global programme in collaboration with Stockholm university. Our students have technical and/or medical backgrounds and come from different parts of the world. The students get a unique opportunity to work with students with different academic backgrounds and cultures and learn about the field in Sweden and other countries.

In addition, our programme collaborates with different agencies, organisations, and companies working within the field of health informatics and eHealth. We offer several study visits and guest lecturers giving lectures with examples of real-life projects. All these aspects have contributed to the popularity of this programme. In addition, KI has a prestigious international ranking and the fact that the programme is a joint master's programme with Stockholm university increases the popularity of the programme even more.

- **Today, a new batch of students are starting your programme – what advice can you give them in order to succeed in their studies?**

I choose to give some advice from previous students that I strongly agree with:

1. You will need to be **self-motivated**. Doors will open because of this degree and where it's coming from.
2. Keep an **open mind**.
3. Be prepared to **work with people of various backgrounds** since there will be a lot of group work.
4. Look for **job opportunities** as you go along.
5. Attempt all **assignments** like you're writing a thesis (language, references, etc.)
6. The **thesis** you choose will have a great effect on your future.
7. Get in touch with **updates on healthcare technical developments**.
8. Get ready for **critical thinking**.
9. Do not hesitate to **contact the lecturers** with any questions.
10. To use time at KI, not only to follow the program they study but to **explore various opportunities that KI and the Life science environment give** here.
11. To use **KI career services** that help to prepare for job seeking.
12. To be **open, positive, active, to make friends**, and **not to forget to enjoy the time** you have here in Stockholm.

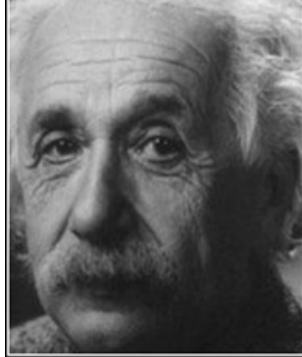
- **Being a programme director is just one part of your employment. What do you do at LIME otherwise?**

As a lecturer, I am involved in teaching and supervising master students. I am the course leader for two of the courses within the master's programme and I am supervising Ph.D. students. In addition, I am doing research and I am involved in various projects. My research focuses mainly on **participatory health informatics studying the design, implementation, and evaluation of different eHealth services**.

- **Last – do you have a motto?**

I would like to quote Albert Einstein: "I have no special talent. I am only passionately curious. The important thing is to not stop questioning. Curiosity has its own reason for existing."





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— Albert Einstein —

AZ QUOTES

Giulia Grillo Mikrut

*Giulia Grillo Mikrut, International Coordinator
for Bioentrepreneurship*

Hey Giulia,

- **You are working as an International Coordinator for our students in Bioentrepreneurship. When should students contact you?**

Students are welcome to contact me as soon as they start planning to conduct their data collection for their degree project abroad.

- **Going on exchange, when is it possible in my programme?**

Students can go on exchange to the University of Auckland in New Zealand through our well-established bilateral agreement or as freemover anywhere in the world. I'm always more than happy to meet students and discuss exchange study options.

- **Can you also help if I want to make an internship abroad?**

Of course! We can meet in my office in Campus Solna, or in Flemingsberg. I can also organize a Zoom/Teams meeting or a telephone call.

- **It is known that travel is one of your favorite hobbies, where will you go next?**

Australia, where I lived for 4 years while doing my PhD!

Talia Adamsson

*Talia Adamsson, International Coordinator
for Health Informatics and Health Economics, Policy and Mangement*

Hey Talia,

- **You are working as an International Coordinator for our students in Health Informatics and Health Economics, Policy and Mangement. When should students contact you?**

Students should contact me if they have questions regarding doing an exchange within their program or doing a traineeship.

- **Going on exchange, when is it possible in my programme?**

It is possible to go on an exchange in the last semester of the program. Students can also do an Erasmus+ Traineeship during the summer months.

- **Can you also help when a student wants to do an internship abroad?**

I can help answer general questions and guide students regarding internships abroad. However, I cannot help students find an internship abroad.

- **What is your favorite hobby?**

Travel is my absolute favorite hobby! This summer I will travel to Sardinia for 2.5 weeks and I am very excited. My favorite country to travel to is Italy so I always recommend it. I can also highly recommend Costa Rica, Mauritius, St. Lucia and Georgia!



FRIENDLY REMINDERS & USEFUL LINKS

A mix of useful information, links and advice.

Important phone numbers

Security guard on Campus Solna: 08-524 864 29 (+46 8 524 864 29), you can reach them 24/7.

Emergency (illness, fire, police) in Sweden: **112**

Health care in Sweden

If you need a doctor's appointment, you should call your Vårdcentral. You find your closest Vårdcentral on **1177.se** or you can call them (**they have an English speaking line**).

If you have a minor and not urgent situation and need to see a doctor, you find the nearest Minor Emergency clinic at **Haga närakut**, Karolinska Vägen 39, 171 64 Solna. Haga närakut is open daily between 08:00-22:00. Be prepared that the waiting time can be long. The Haga Närakut is situated behind new Karolinska (in the old Karolinska area). From the Widerström building it's a five-minute walk.

Please notice that the emergency entrance at NKS (New Karolinska Hospital) only has ambulance intake. It is not possible to go there and get help. In case of acute emergency, **call 112 for ambulance**.

In a psychiatric emergency go to **Psykiatriska akutmottagningen** at St Görans hospital, Vårdvägen 5 in Stockholm.

Professional counseling is offered by our **Student Wellbeing Centre** at Karolinska Institutet and is free of charge for our students.

In case you spend time in the forest picking mushrooms, take care to pick the **nice ones!** If eating any of the **poisonous mushrooms**, call 112 (urgent) or 010-456 6700 (less urgent) and ask for Poison Information (Giftinformationscentralen).

What to do if you experience an unacceptable behaviour at KI?

If you have been exposed for discrimination, harassment or any other unacceptable behaviour you should report it. KI wants to have a safe work environment for both employees and students.

What to do if you want to report?

- You can contact your study counsellor or any other person that you have confidence in. You can also make an **official report**.

If you make an official report, it will be investigated by the Head of the department. If you do an anonymous report, you cannot get any feedback what has happened in your case. Save all documentation if needed later on.

- You can consult the **Studentombudsperson at MF**.

LINKS

- **Contact information for the LIME educational staff**
- **Ethics at KI**
- **Student blogs**
- **Student Wellbeing Centre**

Have a lovely Swedish Autumn!

How do you rate the LIME student news letter? Let us know!



The LIME student news is intended for all students at the department and is sent out two times per term. Let us know if you wish to include something in upcoming newsletters by contacting malin.sandell@ki.se

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