Course 4FH099 – Systematic Review and Meta-Analysis 3.0 credits, October 30 – November 12, 2025

Course week 1	Thursday Oct 30	Friday Oct 31	
	Eugeniahemmet	Work from home	
09:00 - 10:20	Lecture: Introduction to the course and to	<i>‡HOMEWORK:</i>	
	Systematic Reviews and Meta-Analyses	- Do readings (see list below) and do reading	
	(SR/MA)*	comprehension assignment	
	Elizabeth Arkema	- Journal Club (JC) assignment	
		- Watch quality lecture videos	
10:20 - 10:30	Break		
10:30 - 12:00	Lecture: Basics of SR/MA*	Lecture: Quality Assessment, reporting	
	Elizabeth Arkema	results, evaluating quality of SR/MA	
		(AMSTAR)	
	Discuss hypothesis for protocols in groups	Pre-recorded – watch online	
12:00 -13:00	Break		
13:00 - 14:30	†Workshop: Systematic Literature Searching	‡Read for <i>Monday</i> :	
	KI Librarians	- JC Article & AMSTAR checklist	
	Room: Richard Doll, EH	- Work on JC assignment	
	(note: this workshop is scheduled until 15:30)	- KIB "Systematic Reviews" webpage	
		Gurevich et al	
		- PRISMA article and checklist	
		- Borenstein ch 10-13 & 15-16	
14:30 - 16:00	‡Develop own hypothesis	‡ PREPARE FOR FIRST ASSIGNMENT DUE	
	Individual study Familiarize yourself with the	MONDAY 11:59	
	protocol template.		
	Complete course evaluation for previous course		

*Attendance is mandatory. If you are unable to attend you must inform Elizabeth Arkema. ‡Time set aside to read, study and work on your own

Changes in the schedule can occur within 2 weeks before the course

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Course week 2	Monday Nov 3	Tuesday Nov 4	Wednesday Nov 5	Thursday Nov 6 Work from home	Friday Nov 7 Work from home	
09:00 – 10:20	Lecture: Statistical Analysis	Lecture: Sensitivity analyses & Subgroup Analyses		Book a time to meet with Elizabeth (Zoom)	‡Prepare study protocol <i>Individual study</i>	
10:20 - 10:30		Break				
10.30 - 12:00	Lecture: Statistical Analysis, (cont.)	†Computer lab: using STATA to perform a meta-analysis		Lecture: Limitations of SR/MA Online		
12:00 -13:00	Break					
13:00 - 14:30	SUBMIT READING ASSIGNMENT, JC ASSIGNMENT & RESEARCH QUESTION BY MONDAY 11:59PM	*Journal club Discussion in groups	Discuss example protocols & own protocol Discussion in groups	Guest Lecture		
14:30 - 16:00	‡Start drafting protocol Individual study	‡Readings for tomorrow: - Read example protocols - Grade protocols ‡Continue drafting protocol Individual study	 ‡Read for tomorrow: Borenstein ch 40, 41, 43 ‡Continue drafting protocol <i>Individual study</i> 	‡Continue drafting protocol <i>Individual study</i>		

+Bring your laptop

[‡]Time set aside to read, study and work on your own

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Course week 3	Monday Nov 10 Work from home	Tuesday Nov 11	Wednesday Nov 12 Work from home
09:00 - 12:00	‡Prepare study protocol Individual study	‡Read all protocols in your group, prepare peer review for your assigned protocol by 13:00 Individual study	‡Finalize study protocol incorporating feedback from the protocol discussion/peer review
12:00 - 13:00		• •	
13:00 - 16:00	SUBMIT DRAFT PROTOCOL	13-16:00 Protocol Discussion	SUBMIT FINAL PROTOCOL BY
	BY 2:00 PM	and Peer Review	11:59 PM
		Discussion in groups	
	Receive peer protocol to review by 15:00		
	‡Read all protocols in your		
	group, prepare peer		
	review for your assigned		
	protocol		
	Individual study		

‡Time set aside to read, study and work on your own