

## **Exchange Study Report**

As an exchange student from KI you are required to write a report on your exchange study period abroad. In the report we ask you to reflect upon your experiences from your exchange studies.

Your report will be a valuable source of information and inspiration for future exchange students and will help KI in monitoring our exchange collaborations. Approved reports are published online in Mobility-Online. If you wish to remain anonymous, do not include your name and contact details at the end.

## **Sections of the Study Report**

In order for the report to be approved, and as a guide for future exchange students, please write a descriptive and detailed report. Below are the sections that need to be completed.

### **Title**

One sentence that summarises your exchange.

### **Before Departure**

What motivated you to apply for exchange and why did you choose this institution? What were your expectations? What did you think of the study abroad information provided by the hosting partner institution and by KI? What practical preparations did you have to do, in terms of language training, vaccination preparations, visa application etc?

### **Arrival**

How long before start did you arrive at the host institution? Was it easy to settle in? Did the host institution offer any introduction and a mentor/buddy programmes? Note that you may not state names in the report, instead include website links if possible.

### **Accommodation**

How did you find accommodation? Did the host institution offer any assistance in finding accommodation? Were there any other resources or support available? How close was your accommodation to the campus/hospital where you were studying? Please recommend useful links or other resources.

### **Studies - in general**

What is your overall impression of the teaching methods and study environment at the partner institution, and how did they compare to those at KI? Were there any aspects that you found particularly challenging or rewarding? How would you describe the relationship between students, teachers/supervisors, and patients? How did the partner institution integrate theoretical and clinical education in the curriculum, and what was your experience with this approach? You will have to describe each course in the next subject section.

**Courses/thesis/clinical rotations/degree project during your exchange**

Please provide more detailed information about the courses/clinical studies/thesis/degree project that you completed during your exchange, including their content, learning objectives, and assessment methods. What was your overall impression of each course? Did you notice any strengths or weaknesses in the teaching? Did the courses provide you with new knowledge or skills that you can apply in your future studies or career?

**Country, language and culture**

How did you experience studying in a different language (if different from your native language)? Did your host institution offer language courses? How did you perceive the destination and the culture? Did you experience any cultural differences or cultural conflicts? If so, please describe.

**Leisure and social activities**

What did you do in your free time? Did your host institution offer any sports or recreation activities? Was it easy to get in contact with other students, local and/or international students? Please describe the city, the institution and the student life. If possible, recommend useful links or other resources.

**Finances**

How did you find the cost of living in the city/country compared to the cost of living in Stockholm/Sweden? Did you encounter any unexpected expenses during your exchange? Do you have any advice for future exchange students? Please recommend useful links, websites, apps, or resources that you found helpful for managing your finances.

**Conclusion**

Reflect on if, and how, you have been influenced by your exchange, personally and as a student. Do you think your experiences will affect your future professional role? Describe your general impressions and please share your recommendations and advice.

**Name and contact details**

State your name and contact details if you allow others to contact you for more information. This information is displayed at the end of your report.

At the end of each section there are one or more fixed questions that you need to grade on a scale from 1 to 5. The answers to these questions will be used for future statistics in connection with evaluations of internationalization at KI and will not be published in your exchange report. All sections and grading are compulsory.