

## Course information

# Midwifery maternity care – antenatal care

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Course duration: seven weeks over three months

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The course in antenatal care is the first in a series of courses in midwifery care – care during labour and birth, postpartum care and sexual/contraceptive counselling. The course gives advanced knowledge about teaching antenatal care and is based on the philosophy of women-centred care with an emphasis on communication skills, client participation and informed decision-making.

### Learning objectives

- Identify methods to support pregnant woman and her partner during pregnancy and in preparation for childbirth and parenthood
- Assess, and in collaboration with pregnant woman consider appropriate interventions related to life style and health
- Plan, conduct and evaluate preparation for childbirth and parenthood
- Plan and conduct discussions related to psychosocial circumstances in order to identify appropriate care procedures
- Conduct physical examinations (maternal and fetal) during pregnancy and inform and discuss the findings with the woman and her partner
- Assess situations with regard to existing evidence as well as social, cultural and ethical aspects
- Utilize appropriate pedagogical methods in order to provide information and support to the woman and her partner
- Utilize current evidence and in collaboration with the woman and her partner plan and conduct examinations and prepare for referral and further treatment
- Plan, conduct and evaluate discussions concerning sexual health
- Consider an ethical approach in relation to gender, culture and individual.



### Outline of the course

The duration of the course is seven weeks over a period of 3 months. The course starts with one-week theory-based education in the home country of the participants, followed by three weeks project development (online studies). There is an opportunity for clinical placement in antenatal care in Sweden during the course. The course ends with one week of studies in the home country, including exam and evaluation.



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#### Target group

The course is tailored for midwifery tutors to be. The course gives faculty the opportunity to increase their skills in teaching and learning as well as take part of recent scientific evidence and research methodologies.

#### Requirement

Registered nurse with basic knowledge and clinical experience in maternity care. The language of instruction is English, and applicants are recommended to have a good proficiency in English.

#### Learning activities

Lectures, seminars, workshops and skills training will be used during the course. The course has a collaborative learning perspective and the participants are expected to be active participants in their own learning process.

#### Examination

Grades for evaluation is pass/fail. Final grade for the course is based on preceptor evaluation of the following: learning objectives illustrated in project plan and other assignments.

After completion of the course Karolinska Institutet will issue course diplomas.

#### Responsible department

Department of Women's and Children's Health, Karolinska Institutet.

#### For more information, please contact

If you have any questions, please contact us for more information and personal advice. You are welcome to contact us by phone or email.

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